

SRIMAD BHAGAWAD GITA CHAPTER 5

atha pañchamō'dhyāyah ॥

karmasannyāsayogaḥ

arjuna uvācha ॥

sannyāsam karmaṇām kṛṣṇa punaryogaṁ cha śamsasi ॥

yachChrēya ētayōrēkam tanmē brūhi suniśchitam ॥ 1 ॥

śrībhagavānuvācha ॥

sannyāsaḥ karmayogaścha niḥśrēyasakarāvubhau ॥

tayōstu karmasannyāsātkarmayogō viśisyatē ॥ 2 ॥

jñēyah sa nityasannyāsī yō na dvēṣṭi na kāṅkṣati ॥

nirdvandvō hi mahābāhō sukham bandhātpramuchyatē ॥ 3 ॥

sāṅkhyayogaṁ prthagbālāḥ pravadanti na paṇḍitāḥ ॥

ēkamapyaśthitaḥ samyagubhayōrvindatē phalam ॥ 4 ॥

yatsāṅkhyaiḥ prāpyatē sthānam tadyogaṁairapi gamyatē ॥

ēkaṁ sāṅkhyam cha yogaṁ cha yaḥ paśyati sa paśyati ॥ 5 ॥

sannyāsastu mahābāhō duḥkhamāptumayogaṁataḥ ॥

yogaṁuktō munirbrahma nachirēṇādhigachChati ॥ 6 ॥

yogaṁuktō viśuddhātmā vijitātmā jitēndriyah ॥

sarvabhūtātmabhaṁtātmā kurvannapi na lipyatē ॥ 7 ॥

naiva kiñchitkarōmīti yuktō manyēta tattvavit ॥

paśyañśr̄ṇvanspr̄śañjighrannaśnangachChansvapañśvasan ॥ 8 ॥

pralapanvisr̄jangr̄hannunmiśannimiśannapi ॥

indriyāṇīndriyārthēsu vartanta iti dhārayan ॥ 9 ॥

brahmaṇyādhāya karmāṇi saṅgaṁ tyaktvā karōti yaḥ ॥

lipyatē na sa pāpēna padmapatramivāmbhasā ॥ 10 ॥

kāyēna manasā buddhyā kēvalairindriyairapi ॥

yogaṇaḥ karma kurvanti saṅgaṁ tyaktvātmaśuddhayē ॥ 11 ॥

yuktaḥ karmaphalam tyaktvā śāntimāpnōti naiṣṭhikīm ॥
ayuktaḥ kāmakārēṇa phalē saktō nibadhyatē ॥ 12 ॥

sarvakarmāṇi manasā sannyasyāstē sukham vaśī ॥
navadvārē purē dēhī naiva kurvanna kārayan ॥ 13 ॥

na kartṛtvam na karmāṇi lōkasya srjati prabhuḥ ॥
na karmaphalasaṁyōgam svabhāvastu pravartatē ॥ 14 ॥

nādattē kasyachitpāpam na chaiva sukṛtam vibhuḥ ॥
ajñānēnāvṛtam jñānam tēna muhyanti jantavah ॥ 15 ॥

jñānēna tu tadajñānam yēśām nāśitamātmanah ॥
tēśāmādityavajjñānam prakāśayati tatparam ॥ 16 ॥

tadbuddhayastadātmānastanniṣṭhāstatparāyaṇāḥ ॥
gachChantyapunarāvṛttim jñānanirdhūtakalmaṣāḥ ॥ 17 ॥

vidyāvinayasampannē brāhmaṇē gavi hastini ॥
śuni chaiva śvapākē cha paṇḍitāḥ samadarśinah ॥ 18 ॥

ihaiva tairjitaḥ sargō yēśām sāmyē sthitam manah ॥
nirdōṣam hi samam brahma tasmādbrahmaṇi tē sthitāḥ ॥ 19 ॥

na prahṛṣyētpriyam prāpya nōdvijētprāpya chāpriyam ॥
sthirabuddhirasammūḍhō brahmavidbrahmaṇi sthitāḥ ॥ 20 ॥

bāhyasparśēśvasaktātmā vindatyātmani yatsukham ॥
sa brahmayōgayuktātmā sukhamakṣayamaśnutē ॥ 21 ॥

yē hi samsparsajā bhōgā duḥkhayōnaya ēva tē ॥
ādyantavantaḥ kauntēya na tēṣu ramatē budhaḥ ॥ 22 ॥

śaknōtīhaiva yaḥ sōḍhum prākśarīravimōkṣaṇāt ॥
kāmakrōdhōdbhavaṁ vēgam sa yuktaḥ sa sukhī naraḥ ॥ 23 ॥

yō'ntahsukhō'ntarārāmastathāntarjyōtirēva yaḥ ॥
sa yōgī brahmanirvāṇam brahmabhūtō'dhigachChati ॥ 24 ॥

labhantē brahmanirvāṇamṛṣayah kṣīṇakalmaṣāḥ ॥
Chinnadvaidhā yatātmānah sarvabhūtahitē ratāḥ ॥ 25 ॥

kāmakrōdhaviyuktānām yatīnām yatachētasām ॥
abhitō brahmanirvāṇam vartatē vidiṭātmanām ॥ 26 ॥

sparśāṅkṛtvā bahirbāhyāṁśchakṣuśchaivāntarē bhruvōḥ ॥
prāṇāpānau samau kṛtvā nāsābhyan tarachāriṇau ॥ 27 ॥

yatēndriyamanōbuddhirmunirmōkṣaparāyaṇah ॥
vigatēchChābhayakrōdhō yaḥ sadā mukta ēva sah ॥ 28 ॥

bhōktāram yajñatapasām sarvalōkamahēśvaram ॥
suhṛdam sarvabhūtānām jñātvā mām sāntimṛchChati ॥ 29 ॥

ōm tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām yōgaśāstrē¹
śrīkṛṣṇārjunasamvādē

karmasannyāsayōgō nāma pañchamō'dhyāyah ॥ 5 ॥

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