

SRIMAD BHAGAWAD GITA CHAPTER 12

atha dvādaśo'dhyāyah ॥

bhaktiyōgaḥ

arjuna uvācha ॥

ēvaṁ satatayuktā yē bhaktāstvāṁ paryupāsatē ॥

yē chāpyakṣaramavyaktam tēśāṁ kē yōgavittamāḥ ॥ 1 ॥

śrībhagavānuvācha ॥

mayyāvēśya manō yē māṁ nityayuktā upāsatē ॥

śraddhayā parayōpētastē mē yuktatamā matāḥ ॥ 2 ॥

yē tvakṣaramanirdēśyamavyaktam paryupāsatē ॥

sarvatragamachintyam cha kūṭasthamachalam dhruvam ॥ 3 ॥

sanniyamyēndriyagrāmam sarvatra samabuddhayaḥ ॥

tē prāpnuvanti māmēva sarvabhūtahitē ratāḥ ॥ 4 ॥

klēśo'dhikatarastēśāmavyaktāsaktachētasām ॥

avyaktā hi gatirduḥkham dēhavadbhiraṇāpyatē ॥ 5 ॥

yē tu sarvāṇi karmāṇi mayi sannyasya matparāḥ ॥

ananyēnaiva yōgēna māṁ dhyāyanta upāsatē ॥ 6 ॥

tēśāmaham samuddhartā mṛtyusamśārasāgarāt ॥

bhavāmi na chirātpārtha mayyāvēśitachētasām ॥ 7 ॥

mayyēva mana ādhatsva mayi buddhiṁ nivēśaya ॥

nivasiyasi mayyēva ata ūrdhvam na saṁśayah ॥ 8 ॥

atha chittam samādhātum na śaknōsi mayi sthiram ॥

abhyāsayōgēna tatō māmichChāptum dhanañjaya ॥ 9 ॥

abhyāsē'pyasamarthō'si matkarmaparamō bhava ॥

madar�hamapi karmāṇi kurvansiddhimavāpsyasi ॥ 10 ॥

athaitadapyaśaktō'si kartum madyōgamāśritah ॥

sarvakarmaphalatyāgam tataḥ kuru yatātmavān ॥ 11 ॥

śrēyō hi jñānamabhyāsājjñānāddhyānam viśisyatē ॥
dhyānātkarmaphalatyāgastyāchChāntiranantaram ॥ 12 ॥

advēṣṭā sarvabhūtānām maitraḥ karuṇa ēva cha ॥
nirmamō nirahaṅkāraḥ samaduhkhasukhaḥ kṣamī ॥ 13 ॥

santuṣṭaḥ satataṁ yōgī yatātmā dṛḍhaniśchayaḥ ॥
mayyarpitamanōbuddhīryō madbhaktaḥ sa mē priyaḥ ॥ 14 ॥

yasmānnōdvijatē lōkō lōkānnōdvijatē cha yaḥ ॥
harṣāmarṣabhadhayōdvēgairmuktō yaḥ sa cha mē priyaḥ ॥ 15 ॥

anapēkṣaḥ śuchirdakṣa udāśinō gatavyathaḥ ॥
sarvārambhaparityāgī yō madbhaktaḥ sa mē priyaḥ ॥ 16 ॥

yō na hṛṣyati na dvēṣṭi na śōchati na kāṅkṣati ॥
śubhāśubhaparityāgī bhaktimānyaḥ sa mē priyaḥ ॥ 17 ॥

samaḥ śatru cha mitrē cha tathā mānāpamānayōḥ ॥
śītōṣṇasukhaduhkhēṣu samaḥ saṅgavivarjitaḥ ॥ 18 ॥

tulyanindāstutirmaunī santuṣṭō yēna kēnachit ॥
anikētaḥ sthiramatirbhaktimānmē priyō naraḥ ॥ 19 ॥

yē tu dharmyāmṛtamidam yathōktam paryupāsatē ॥
śraddadhānā matparamā bhaktastē'tīva mē priyāḥ ॥ 20 ॥

ōm tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām yōgaśāstrē¹
śrīkṛṣṇārjunasamvādē

bhaktiyōgō nāma dvādaśō'dhyāyaḥ ॥ 12 ॥