

YAGNOPAVITA DHARANA

“gāyanta-ntrāyatē iti gāyatrī”

ō-mbhūrbhuvassuvāḥ □
tathsāviturvarēṇya-mbhargō dēvasyā dhīmahi □
dhiyō yō nāḥ prachodayāt □

1□ śarīra śuddhi

ślō□ apavitraḥ pavitrō vā sarvāvasthā-ṅgatō-‘pivā □
ya-ssmarē-tpuṇḍarīkākṣaṃ sa bāhyābhyantaraśśuchiḥ □

2□ āchamanam

ōṃ āchamya □ ō-ṅkēśavāya svāhā □ ō-nnārāyaṇāya svāhā □ ō-mmādhavāya svāhā
□ ō-ṅgōvindāya namaḥ □ ōṃ viṣṇavē namaḥ □ ō-mmadhusūdanāya namaḥ □ ō-
ntrivikramāya namaḥ □ ōṃ vāmanāya namaḥ □ ōṃ śrīdharāya namaḥ □ ōṃ
hṛṣīkēśāya namaḥ □ ō-mpadmanābhāya namaḥ □ ō-ndāmōdarāya namaḥ □ ōṃ
saṅkarṣaṇāya namaḥ □ ōṃ vāsudēvāya namaḥ □ ō-mpradyumnāya namaḥ □ ōṃ
aniruddhāya namaḥ □ ō-mpuruṣōttamāya namaḥ □ ōṃ adhōkṣajāya namaḥ □ ō-
nnārasimhāya namaḥ □ ōṃ achyutāya namaḥ □ ō-ñjanārdhanāya namaḥ □ ōṃ
upēndrāya namaḥ □ ōṃ harayē namaḥ □ ōṃ śrīkrṣṇāya namaḥ □ ōṃ śrīkrṣṇa
parabrahmaṇē namō namaḥ □

3□ bhūtōchchāṭana

uttiṣṭhantu □ bhūta piśāchāḥ □ yē tē bhūmibhārakāḥ □
yē tēṣāmvirōdhēna □ brahmakarma samārabhē □ ō-mbhūrbhuvassuvaḥ □

4□ prāṇāyāmam

ō-mbhūḥ □ ō-mbhuvaḥ □ ōṃ suvaḥ □ ō-mmahaḥ □ ō-ñjanaḥ □ ō-ntapaḥ □ ōṃ
ṣaṭyam □
ō-ntathsāviturvarēṇyaṃ bhargō dēvasyā dhīmahi □
dhiyō yō nāḥ prachodayāt □
ōmāpō jyōtī rasō-‘mr̥ta-mbrahma bhū-rbhuva-ssuvarōm □ (tai. ara. 10-27)

5□ saṅkalpam

mamōpātta, duritakṣayadvārā, śrī paramēśvara prītyartham, śubhē, śōbhanēmuhūrtē,
mahāviṣṇōrājñayā, pravartamānasya adyabrahmaṇaḥ dvitīyaparārthē,

śvētavarāhakalpē, vaivaśvatamanvantarē, kaliyugē, prathamapādē, jambhūdvīpē, bhāratavarṣē, bhāratākhaṇḍē, asmin vartamāna vyāvahārika chāndramānēna — samvatsarē — ayanē — ṛtau — māsē — pakṣē — tidhau — vāsarē — śubhanakṣatrē (bhārata dēśaḥ – jambū dvīpē, bhārata varṣē, bhārata khaṇḍē, mērōḥ dakṣiṇa/uttara digbhāgē; amērikā – krauñcha dvīpē, ramaṇaka varṣē, aindrika khaṇḍē, sapta samudrāntarē, kapilāraṇyē) śubhayōgē śubhakarāṇa ēvaṅguṇa viśēṣaṇa viśiṣṭhāyāṃ śubhatithau śrīmān — gōtrasya — nāmadhēyasya (vivāhitānām – dharmapatnī samētasya) śrīmataḥ gōtrasya mamōpāttaduritaḥkṣayadvārā śrīparamēśvara prītyardha-mmama sakala śrautas-mārta nityakarmānuṣṭhāna yōgyatāphalasadhyardha-nnūtana yajñōpavītadhāraṇa-ñkariṣyē ☐

6☐ yajñōpavīta dhāraṇa

yajñōpavīta prāṇa pratiṣṭhāpana-ñkariṣyē☐

ślō☐ oṃ asunītē punarasmāsu chakṣuḥ punaḥprāṇamiha nō dhēhi bhōgam ☐
jyōkpaśyēma sūryamuchchara-ntamanumatē mṛḍayā na-sssvasti ☐ ṛ.vē. – 10.59.6
amṛtaṃ vai prāṇā amṛtamāpaḥ prāṇānēva yathāsthānamupahvayatē ☐

7☐ yajñōpavīta mantram

ślō☐ yajñōpavītē tasya mantrasya paramēṣṭi parabrahmarṣiḥ ☐
paramātma dēvatā, dēvī gāyatrīchChandaḥ ☐
yajñōpavīta dhāraṇē viniyōgaḥ ☐

8☐ yajñōpavīta dhāraṇa mantram

ślō☐ yajñōpavīta-mparama-mpavitra-mprajāpatēryatsahaja-mpurastāt ☐
āyusyamagrya-mpratimuñcha śubhraṃ yajñōpavīta-mbalamastu tējaḥ ☐

9☐ jīrṇa yajñōpavīta visarjana

ślō☐ upavīta-ñChinnatantu-ñjīrṇa-ñkaśmaladūṣitaṃ
viṣṛjāmi yaśō brahmavarchō dīrghāyurastu mē ☐
ōṃ śānti śānti śāntiḥ

chatussāgara paryanta-ṅgō brāhmaṇēbhya-śśubha-mbhavatu ☐
—— pravarānvita —— gōtrōtpanna —— śarma —— aha-mbhō abhivādayē ☐

samarpaṇa

yasya smṛtyā cha nāmōktyā tapassandhyā kriyādiṣu
nyūnaṃ sampūrṇatām yāti sadyō vandē tamachyutam ☐
mantrahīna-ñkriyāhīna-mbhaktihīnaṃ ramāpatē

yatkṛta-ntu mayā dēva paripūrṇa-ntadastu mē □

anēna yajñōpavīta dhāraṇēna, śrī lakṣmīnārāyaṇa prēraṇāya, śrī lakṣmīnārāyaṇa
prīyantāṃ varadō bhavatu □

śrī kṛṣṇārpaṇamastu □

kāyēna vāchā manasēndriyairvā buddhyā□ tmanā vā prakṛtē ssvabhāvāt □

karōmi yadyatsakala-mparasmai śrīmannārāyaṇāyēti samarpayāmi □

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