

Uddhava Geetha - Chapter 11

atha ěkādaśō'dhyāyaḥ □

śrībhagavān uvācha □

baddhaḥ muktaḥ iti vyākhyā guṇataḥ mē na vastutaḥ □
guṇasya māyāmūlatvāt na mē mōkṣaḥ na bandhanam □ 1□

śōkamōhau sukhaṃ duḥkhaṃ dēhāpattiḥ cha māyayā □
svapnaḥ yathā ātmanaḥ khyātiḥ saṃsṛtiḥ na tu vāstavī □ 2□

vidyā avidyē mama tanū viddhi uddhava śarīriṇām □
mōkṣabandhakarī ādyē māyayā mē vinirmitē □ 3□

ēkasya ēva mama aṃśasya jīvasya ēva mahāmatē □
bandhaḥ asya avidyayā anādiḥ vidyayā cha tathā itaraḥ □ 4□

atha baddhasya muktasya vailakṣaṇyaṃ vadāmi tē □
viruddhadharṃiṇōḥ tāta sthitayōḥ ěkadharṃiṇi □ 5□

suparṇau ētau sadṛśau sakhāyau
yadṛchChayā ētau kṛtanīḍau cha vṛkṣē □
ēkaḥ tayōḥ khādati pippalānnam
anyaḥ nirannaḥ api balēna bhūyān □ 6□

ātmānaṃ anyaṃ cha saḥ vēda vidvān
apippalādaḥ na tu pippalādaḥ □
yaḥ avidyayā yuk sa tu nityabaddhaḥ
vidyāmayaḥ yaḥ sa tu nityamuktaḥ □ 7□

dēhasthaḥ api na dēhasthaḥ vidvān svapnāt yathā utthitaḥ □
adēhasthaḥ api dēhasthaḥ kumatīḥ svapnadṛk yathā □ 8□

indriyaiḥ indriyārthēṣu guṇaiḥ api guṇēṣu cha □
gṛhyamāṇēṣu ahaṅkuryāt na vidvān yaḥ tu avikriyaḥ □ 9□

daivādḥinē śarīrē asmin guṇabhāvyēna karmaṇā □
vartamānaḥ abudhaḥ tatra kartā asmi iti nibadhyatē □ 10□

ēvaṃ virakṭaḥ śayanaḥ āsanāṭanamajjanē □
darśanasparśanagrāṇabhōjanaśravaṇādīṣu □ 11□

na tathā badhyatē vidvān tatra tatra ādayan guṇān □
prakṛtisthaḥ api asaṃsakṭaḥ yathā khaṃ savitā anilaḥ □ 12□

vaiśāradyēkṣayā asaṅgaśīṭayā Chinnasaṃśayaḥ □
pratibuddhaḥ iva svapnāt nānātvāt vinivartatē □ 13□

yasya syuḥ vītasankalpāḥ prāṇēndriyamanōdhiyām □
vṛttayaḥ saḥ vinirmukṭaḥ dēhasthaḥ api hi tat guṇaiḥ □ 14□

yasya ātmā hiṃsyatē hiṃsryaiḥ yēna kiñchit yadṛchChayā □
archyatē vā kvachit tatra na vyatikriyatē budhaḥ □ 15□

na stuvīta na nindēta kurvataḥ sādhu asādhu vā □
vadataḥ guṇadōṣābhyām varjitaḥ samadṛk muniḥ □ 16□

na kuryāt na vadēt kiñchit na dhyāyēt sādhu asādhu vā □
ātmārāmaḥ anayā vṛtṭyā vicharēt jaḍavat muniḥ □ 17□

śabdabrahmaṇi niṣṇātaḥ na niṣṇāyāt parē yadi □
śramaḥ tasya śramaphalaḥ hi adhēnum iva rakṣataḥ □ 18□

gāṃ dugdhadōhām asatīm cha bhāryām
dēhaṃ parādhīnaṃ asatprajāṃ cha □
vittaṃ tu atīrthīkṛtaṃ aṅga vācham
hīnām mayā rakṣati duḥkhaduḥkhī □ 19□

yasyām na mē pāvanaṃ aṅga karma
sthitiudbhavaprāṇa nirōdhanam asya □
līlāvatārīpsitajanma vā syāt
bandhyām giram tām bibhṛyāt na dhīraḥ □ 20□

ēvaṃ jijñāsayā apōhya nānātvabhramaṃ ātmani □
upāramēta virajaṃ manaḥ mayi arpya sarvagē □ 21□

yadi anīśaḥ dhārayituṃ manaḥ brahmaṇi niśchalam □
mayi sarvāṇi karmāṇi nirapēkṣaḥ samāchara □ 22□

śraddhāluḥ mē kathāḥ śarṇvan subhadrā lōkapāvanīḥ □
gāyan anusmaran karma janma cha abhinayan muhuḥ □ 23□

madarthē dharmakāmārthān ācharan madapāśrayaḥ □
labhatē niśchalām bhaktim mayi uddhava sanātanē □ 24□

satsaṅgalabdhayā bhaktyā mayi mām saḥ upāsītā □
saḥ vai mē darśitaṃ sadbhiḥ añjasā vindatē padam □ 25□

uddhava uvācha □
sādhuh tava uttamaślōka mataḥ kīdṛgvidhaḥ prabhō □
bhaktiḥ tvayi upayujyēta kīdṛśī sadbhiḥ ādṛtā □ 26□

ētat mē puruṣādhyakṣa lōkādhyakṣa jagat prabhō □
praṇatāya anuraktāya prapannāya cha kathyatām □ 27□

tvaṃ brahma paramaṃ vyōma puruṣaḥ prakṛtēḥ paraḥ □
avatīrṇaḥ asi bhagavan svēchChāupāttapṛthak vapuḥ □ 28□

śrībhagavān uvācha □
kṛpāluḥ akṛtadrōhaḥ titikṣuḥ sarvadēhinām □
satyasāraḥ anavadyātmā samaḥ sarvōpakāraḥ □ 29□

kāmaiḥ ahatadhīḥ dāntaḥ mṛduḥ śuchiḥ akiñchanaḥ □
anīhaḥ mitabhuk śāntaḥ sthiraḥ mat śaraṇaḥ muniḥ □ 30□

apramattaḥ gabhīrātmā dhṛtimāñjitaṣaḍguṇaḥ □
amānī mānadaḥ kalpaḥ maitraḥ kāruṇikaḥ kaviḥ □ 31□

ājñāya ēvaṃ guṇān dōṣānmayādiṣṭān api svakān □
dharmān santyajya yaḥ sarvān mām bhajēta saḥ sattamaḥ □ 32□

jñātvā ajñātvā atha yē vai mām yāvān yaḥ cha asmi
yādṛśaḥ □
bhajanti ananyabhāvēna tē mē bhaktatamāḥ matāḥ □ 33□

mallīṅgamadbhaktajanadarśanasparśanārchanam □
paricharyā stutiḥ prahvaguṇakarma anukīrtanam □ 34□

matkathāśravaṇē śraddhā mat anudhyānaṃ uddhava □
sarvalābha upaharaṇaṃ dāsyēna ātmanivēdanam □ 35□

majjanmakarmakathanaṃ mama parvānumōdanam □
gītātāṇḍavavāditragōṣṭhībhiḥ madgr̥ha utsavaḥ □ 36□

yātrā balividhānaṃ cha sarvavārṣikaparvasu □
vaidikī tāntrikī dīkṣā madīyavratadhāraṇam □ 37□

mama archāsthāpanē śraddhā svataḥ saṃhatya cha udyamaḥ □
udyāna upavanākṛīḍapuramandirakarmani □ 38□

sammārjana upalēpābhyāṃ sēkamaṇḍalavartanaiḥ □
gṛhaśuśrūṣaṇaṃ mahyaṃ dāsavadyadamāyayā □ 39□

amānitvaṃ adambhitvaṃ kṛtasya aparikīrtanam □
api dīpāvalōkaṃ mē na upayuñjyāt nivēditam □ 40□

yat yat iṣṭatamaṃ lōkē yat cha atipriyaṃ ātmanaḥ □
tat tat nivēdayēt mahyaṃ tat ānantyāya kalpatē □ 41□

sūryaḥ agniḥ brāhmaṇaḥ gāvaḥ vaiṣṇavaḥ khaṃ marut jalam □
bhūḥ ātmā sarvabhūtāni bhadra pūjāpadāni mē □ 42□

sūryē tu vidyayā trayyā haviṣāgnau yajēta mām □
ātithyēna tu viprāgryaḥ gōṣvaṅga yavasādinā □ 43□

vaiṣṇavē bandhusatkṛtyā hṛdi khē dhyānaniṣṭhayā □
vāyau mukhyadhiyā tōyē dravyaiḥ tōyapuraskṛtaiḥ □ 44□

sthaṇḍilē mantrahṛdayaiḥ bhōgaiḥ ātmānaṃ ātmani □
kṣētrajñam sarvabhūtēṣu samatvēna yajēta mām □ 45□

dhiṣṇyēṣu ēṣu iti madrūpaṃ śaṅkhachakraḡadāmbujaiḥ □
yuktaṃ chaturbhujam śāntaṃ dhyāyan archēt samāhitaḥ □ 46□

iṣṭāpūrtēna mām ēvaṃ yaḥ yajēta samāhitaḥ □
labhatē mayi sadbhaktiṃ matsmṛtiḥ sādhusēvayā □ 47□

prāyēṇa bhaktiyōgēna satsaṅgēna vinā uddhava □
na upāyaḥ vidyatē sadhryaṅ prāyaṇaṃ hi satāṃ aham □ 48□

atha ētat paramaṃ guhyaṃ śruṇvataḥ yadunandana □
sugōpyaṃ api vakṣyāmi tvaṃ mē bhṛtyaḥ suhṛt sakhā □ 49□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
ēkādaśapūjāvidhānayōgō nāma ēkādaśō'dhyāyaḥ □ 11□

atha dvādaśō'dhyāyaḥ □
śrībhagavān uvācha □
na rōdhayati mām yōgaḥ na ssāṅkhyam dharmam ēva cha □
na svādhyāyaḥ tapaḥ tyāgaḥ na iṣṭāpūrtam na dakṣiṇā □ 1□

vratāni yajñāḥ Chandāṃsi tīrthāni niyamāḥ yamāḥ □
yathā avarundhē satsaṅgaḥ sarvasaṅga apahaḥ hi mām □ 2□

satsaṅgēna hi daitēyā yātudhānaḥ mṛgāḥ khagāḥ □
gandharva apsarasaḥ nāgāḥ siddhāḥ chāraṇaguhyakāḥ □ 3□

vidyādharāḥ manuṣyēṣu vaiśyāḥ sūdrāḥ striyaḥ antyajāḥ □
rajaḥ tamaḥ prakṛtayaḥ tasmin tasmin yugē anagha □ 4□

bahavaḥ matpadaṃ prāptāḥ tvāṣṭrakāyādhavādayaḥ □
vṛṣaparvā baliḥ vāṇaḥ mayaḥ cha atha vibhīṣaṇaḥ □ 5□

sugrīvaḥ hanumān ṛkṣaḥ gajaḥ gṛdhraḥ vaṇikpathaḥ □
vyādhaḥ kubjā vrajē gōpyaḥ yajñapatnyaḥ tathā aparē □ 6□

tē na adhitaśrutigaṇāḥ na upāsitamahattamāḥ □
avratātaptatapasāḥ matsaṅgāt māṃ upāgatāḥ □ 7□

kēvalēna hi bhāvēna gōpyaḥ gāvaḥ nagāḥ mṛgāḥ □
yē anyē mūḍhadhiyaḥ nāgāḥ siddhāḥ māṃ īyuh aṅjasā □ 8□

yaṃ na yōgēna sāṅkhyēna dānavratatapaḥ adhvaraiḥ □
vyākhyāḥ svādhyāyasannyāsaiḥ prāpnuyāt yatnavān api □ 9□

rāmēṇa sārdhaṃ mathurāṃ praṇītē
śvāphalkinā mayi anuraktachittāḥ □
vigāḍhabhāvēna na mē viyōga
tīvrādhayaḥ anyam dadṛśuḥ sukhāya □ 10□

tāḥ tāḥ kṣapāḥ prēṣṭhatamēna nītāḥ
mayā ēva vṛndāvanagōcharēṇa □
kṣaṇārdhavat tāḥ punaraṅga tāsāṃ
hīnā māyā kalpasamā babhūvuḥ □ 11□

tāḥ na avidan mayi anuṣaṅgabaddha
dhiyaḥ svamātmānaṃ adaḥ tathā idam □
yathā samādhau munayaḥ abdhitōyē
nadyaḥ praviṣṭāḥ iva nāmarūpē □ 12□

matkāmā ramaṇaṃ jāraṃ asvarūpavidaḥ abalāḥ □
brahma māṃ paramaṃ prāpuḥ saṅgāt śatasahasraśaḥ □ 13□

tasmāt tvam uddhava utsṛjya chōdanāṃ pratichōdanāṃ □
pravṛttaṃ cha nivṛttaṃ cha śrōtavyaṃ śrutaṃ ēva cha □ 14□

māṃ ēkaṃ ēva śaraṇaṃ ātmānaṃ sarvadēhinām □
yāhi sarvātmabhāvēna mayā syāḥ hi akutōbhayaḥ □ 15□

uddhavaḥ uvācha □
saṃśayaḥ śruṇvataḥ vāchaṃ tava yōgēśvara īśvara □
na nivartataḥ ātmasthaḥ yēna bhrāmyati mē manaḥ □ 16□

śrībhagavān uvācha □
saḥ ēṣa jīvaḥ vivaraprasūtiḥ
prāṇēna ghōṣēṇa guhāṃ praviṣṭaḥ □
manōmayam sūkṣmam upētya rūpam
mātrā svaraha varṇaḥ iti sthaviṣṭhaḥ □ 17□

yathā analaḥ khē anilabandhuḥ ūṣmā
balēna dāruṇyadhimathyamānaḥ □
aṇuḥ prajātaḥ haviṣā samidhyatē
tathā ēva mē vyaktiḥ iyaṃ hi vāṇī □ 18□

ēvam gadiḥ karmagatiḥ visargaḥ
ghrāṇaḥ rasaḥ dṛk sparśaḥ śrutiḥ cha □
saṅkalpavijñānam atha abhimānaḥ
sūtram rajaḥ sattvatamōvikāraḥ □ 19□

ayaṃ hi jīvaḥ trivṛt abjayōniḥ
avyaktaḥ ēkaḥ vayasā saḥ ādyaḥ □
viśliṣṭaśaktiḥ bahudhā ēva bhāti
bījāni yōniṃ pratipadya yadvat □ 20□

yasmin idaṃ prōtam aśēṣam oṭam
paṭaḥ yathā tantuvitānasamsthaḥ □
yaḥ ēṣa saṃsārataruḥ purāṇaḥ
karmātmakaḥ puṣpaphalē prasūtē □ 21□

dvē asya bījē śatamūlaḥ trinālaḥ
pañchaskandhaḥ pañcharasaprasūtiḥ □
daśa ēkaśākhaḥ dvisuparṇanīḍaḥ
trivalkalaḥ dviphalaḥ arkaṃ praviṣṭaḥ □ 22□

adanti cha ēkaṃ phalam asya gṛdhrā
grāmēcharāḥ ēkaṃ araṇyavāsāḥ □
haṃsāḥ yaḥ ēkaṃ bahurūpam ijyaiḥ
māyāmayaṃ vēda saḥ vēda vēdam □ 23□

ēvam guru upāsanayā ēkabhaktyā
vidyākuṭhārēṇa śitēna dhīraḥ □
vivṛśchya jīvāśayam apramattaḥ

sampadya cha ātmānaṃ atha tyaja astram ॥ 24॥

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
dvādaśō'dhyāyaḥ ॥ 12॥

atha trayōdaśō'dhyāyaḥ ॥

śrībhagavān uvācha ॥

sattvaṃ rajaḥ tamaḥ iti guṇāḥ buddhēḥ na cha ātmanaḥ ॥
sattvēna anyatamau hanyāt sattvaṃ sattvēna cha ēva hi ॥ 1॥

sattvāt dharmāḥ bhavēt vṛddhāt puṃsaḥ madbhakti lakṣaṇaḥ ॥
sātvika upāsayā sattvaṃ tataḥ dharmāḥ pravartatē ॥ 2॥

dharmāḥ rajaḥ tamaḥ hanyāt sattvavṛddhiḥ anuttamaḥ ॥
āśu naśyati tat mūlaḥ hi adharmaḥ ubhayē hatē ॥ 3॥

āgamaḥ apaḥ prajā dēśaḥ kālaḥ karma cha janma cha ॥
dhyānaṃ mantraḥ atha saṃskāraḥ daśa ētē guṇahētavaḥ ॥ 4॥

tat tat sātvikaṃ ēva ēśāṃ yat yat vṛddhāḥ prachakṣatē ॥
nindanti tāmasaṃ tat tat rājasam tat upēkṣitam ॥ 5॥

sāttvikāni ēva sēvēta puṃsāṃ sattvavivṛddhayē ॥
tataḥ dharmāḥ tataḥ jñānaṃ yāvat smṛtiḥ apōhanam ॥ 6॥

vēṇusaṅgharṣajaḥ vahniḥ dagdhvā śāmyati tat vanam ॥
ēvaṃ guṇavyatyayajaḥ dēhaḥ śāmyati tat kriyaḥ ॥ 7॥

uddhavaḥ uvācha ॥

vidanti martyāḥ prāyēṇa viṣayān padaṃ āpadām ॥
tathā api bhuñjatē kṛṣṇa tat kathaṃ śva khara ajāvat ॥ 8॥

śrībhagavān uvācha ॥

ahaṃ iti anyathābuddhiḥ pramattasya yathā hṛdi ॥
utsarpati rajaḥ ghōraṃ tataḥ vaikārikaṃ manaḥ ॥ 9॥

rajōyuktasya manasaḥ saṅkalpaḥ savikalpakaḥ ॥
tataḥ kāmāḥ guṇadhyānāt duḥsahaḥ syāt hi durmatēḥ ॥ 10॥

karōti kāmavaśagaḥ karmāṇi avijitēndriyaḥ ॥

duḥkhōdarkāṇi sampaśyan rajōvēgavimōhitaḥ ॥ 11॥

rajaḥ tamōbhyaṃ yat api vidvān vikṣiptadhīḥ punaḥ ॥

atandritaḥ manaḥ yuñjan dōṣadṛṣṭiḥ na sajjatē ॥ 12॥

apramattaḥ anuyuñjītaḥ manaḥ mayi arpayan śanaīḥ □
anirviṇṇaḥ yathākālaṃ jitaśvāsaḥ jitāsanaḥ □ 13□

ētāvān yōgaḥ ādiṣṭaḥ mat śiṣyaiḥ sanaka ādibhiḥ □
sarvataḥ manaḥ ākr̥ṣya mayyaddhā āvēśyatē yathā □ 14□

uddhavaḥ uvācha □
yadā tvam sanaka ādibhyaḥ yēna rūpēṇa kēśava □
yōgaṃ ādiṣṭavān ētat rūpaṃ ichChāmi vēditum □ 15□

śrībhagavān uvācha □
putrāḥ hiraṇyagarbhasya mānasāḥ sanaka ādayaḥ □
paprachChuḥ pitaraṃ sūkṣmāṃ yōgasya aikāntikīm gatim □

16□

sanaka ādayaḥ ūchuḥ □
guṇēṣu āviśatē chētaḥ guṇāḥ chētasi cha prabhō □
kathaṃ anyōnyasantyāgaḥ mumukṣōḥ atititīrṣōḥ □ 17□

śrībhagavān uvācha □
ēvaṃ pṛṣṭaḥ mahādēvaḥ svayambhūḥ bhūtabhāvanaḥ □
dhyāyamānaḥ praśnabījaṃ na abhyapadyata karmadhīḥ □ 18□

saḥ mām achintayat dēvaḥ praśnapāratitīrṣayā □
tasya ahaṃ haṃsarūpēṇa sakāśaṃ agamaṃ tadā □ 19□

dr̥ṣṭvā mām ta upavrajya kṛtvā pāda abhivandanam □
brahmāṇaṃ agrataḥ kṛtvā paprachChuḥ kaḥ bhavān iti □ 20□

iti ahaṃ munibhiḥ pṛṣṭaḥ tattvajijñāsubhiḥ tadā □
yat avōchaṃ ahaṃ tēbhyaḥ tat uddhava nibōdha mē □ 21□

vastunaḥ yadi anānātvaṃ ātmanaḥ praśnaḥ īdr̥śaḥ □
kathaṃ ghaṭēta vaḥ viprāḥ vaktuḥ vā mē kaḥ āśrayaḥ □ 22□

pañchātmakēṣu bhūtēṣu samānēṣu cha vastutaḥ □
kaḥ bhavān iti vaḥ praśnaḥ vāchārambhaḥ hi anarthakaḥ □ 23□

manasā vachasā dr̥ṣṭyā gr̥hyatē anyaiḥ api indriyaiḥ □
ahaṃ ēva na mattaḥ anyat iti budhyadhvam añjasā □ 24□

guṇēṣu āviśatē chētaḥ guṇāḥ chētasi cha prajāḥ □
jīvasya dēhaḥ ubhayaṃ guṇāḥ chētaḥ mat ātmanaḥ □ 25□

guṇēṣu cha āviśat chittaṃ abhīkṣṇaṃ guṇasēvayā □
guṇāḥ cha chittaprabhavāḥ mat rūpaḥ ubhayaṃ tyajēt □ 26□

jāgrat svapnaḥ suṣuptaṃ cha guṇataḥ buddhivṛttayaḥ □
tāsāṃ vilakṣaṇaḥ jīvaḥ sākṣitvēna viniśchitaḥ □ 27□

yaḥ hi saṃsṛtibandhaḥ ayaṃ ātmanaḥ guṇavṛttidaḥ □
mayi turyē sthitaḥ jahyāt tyāgaḥ tat guṇachētasām □ 28□

ahaṅkāraḥ bandhaṃ ātmanaḥ arthaviparyayam □
vidvān nirvidya saṃsārachintāṃ turyē sthitaḥ tyajēt □ 29□

yāvat nānārthadhīḥ puṃsaḥ na nivartēta yuktibhiḥ □
jāgarti api svapan ajñāḥ svapnē jāgaraṇaṃ yathā □ 30□

asattvāt ātmanaḥ anyēṣāṃ bhāvānāṃ tat kṛtā bhidā □
gatayaḥ hētavaḥ cha asya mṛṣā svapnadṛśaḥ yathā □ 31□

yō jāgarē bahiḥ anukṣaṇadharmināḥ arthān
bhuṅktē samastakaraṇaiḥ hṛdi tat sadṛkṣān □
svapnē suṣuptaḥ upasaṃharatē saḥ ēkaḥ
smṛti anvayāt triguṇavṛttidṛk indriya īśaḥ □ 32□

ēvaṃ vimṛśya guṇataḥ manasaḥ tryavasthā
mat māyayā mayi kṛtā iti niśchitārthāḥ □
sañChidya hārdaṃ anumānast uktitīkṣṇa
jñānāsinā bhajataḥ mā akhilasaṃśayādhim □ 33□

īkṣēta vibhramaṃ idaṃ manasaḥ vilāsam
dṛṣṭaṃ vinaṣṭaṃ atilōlaṃ alātachakram □
vijñānaṃ ēkaṃ urudhā iva vibhāti māyā
svapnaḥ tridhā guṇavisargakṛtaḥ vikalpaḥ □ 34□

dṛṣṭiṃ tataḥ pratinivartya nivṛttatṛṣṇaḥ
tūṣṇiṃ bhavēt nijasukha anubhavaḥ nirīhaḥ □
sandṛśyatē kva cha yadi idaṃ avastubuddhyā
tyaktaṃ bhramāya na bhavēt smṛtiḥ ānipātāt □ 35□

dēhaṃ cha naśvaraṃ avasthitaṃ utthitaṃ vā
siddhaḥ na paśyati yataḥ adhyagamatsvarūpam □
daivāt apētaṃ uta daivaśāt upētam
vāsaḥ yathā parikṛtaṃ madirāmadāndhaḥ □ 36□

dēhaḥ api daivavaśagaḥ khalu karma yāvat
svārambhakaṃ pratisamīkṣataḥ ēva sāsuh ᳚
taṃ aprapañchaṃ adhirūḍhasamādhiyōgaḥ
svāpnaṃ punaḥ na bhajatē pratibuddhavastuḥ ᳚ 37᳚

mayā ētat uktaṃ vaḥ viprāḥ guhyaṃ yat sāṅkhyayōgayōḥ ᳚
jānītaṃ āgataṃ yajñaṃ yuṣmat dharmavivakṣayā ᳚ 38᳚

ahaṃ yōgasya sāṅkhyasya satyasyartasya tējasaḥ ᳚
parāyaṇaṃ dvijaśrēṣṭhāḥ śriyaḥ kīrtēḥ damasya cha ᳚ 39᳚

māṃ bhajanti guṇāḥ sarvē nirguṇaṃ nirapēkṣakaṃ ᳚
suhṛdaṃ priyaṃ ātmānaṃ sāmya asaṅga ādayaḥ guṇāḥ ᳚ 40᳚

iti mē Chinnasandēhāḥ munayaḥ sanaka ādayaḥ ᳚
sabhājayitvā parayā bhaktyā agrṇata samstavaīḥ ᳚ 41᳚

taiḥ ahaṃ pūjitaḥ samyak samstutaḥ parama ṛṣibhiḥ ᳚
pratyēyāya svakaṃ dhāma paśyataḥ paramēṣṭhinaḥ ᳚ 42᳚

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
samhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
haṃsagītānirūpaṇaṃ nāma trayōdaśō'dhyāyaḥ ᳚ 13᳚

atha chaturdaśō'dhyāyaḥ ᳚
uddhavaḥ uvācha ᳚
vadanti kṛṣṇa śrēyāṃsi bahūni brahmavādinaḥ ᳚
tēṣāṃ vikalpapradhānyaṃ uta ahō ēkamukhyatā ᳚ 1᳚

bhavat udāhṛtaḥ svāmin bhaktiyōgaḥ anapēkṣitaḥ ᳚
nirasya sarvataḥ saṅgaṃ yēna tvayi āviśēt manaḥ ᳚ 2᳚

śrībhagavān uvācha ᳚
kālēna naṣṭā pralayē vāṇīyaṃ vēdasañjñitā ᳚
mayā ādau brahmaṇē prōktā dharmāḥ yasyāṃ madātmakaḥ ᳚ 3᳚

tēna prōktā cha putrāya manavē pūrvajāya sā ᳚
tataḥ bhṛgu ādayaḥ agrṇan saptabrahmamaharṣayaḥ ᳚ 4᳚

tēbhyaḥ pitṛbhyaḥ tat putrāḥ dēvadānavaguhyakāḥ ᳚
manuṣyāḥ siddhagandharvāḥ savidyādharachāraṇāḥ ᳚ 5᳚

kindēvāḥ kinnarāḥ nāgāḥ rakṣaḥ kimpuruṣa ādayaḥ ᳚
bahvyaḥ tēṣāṃ prakṛtayaḥ rajaḥsattvatamōbhavaḥ ᳚ 6᳚

yābhiḥ bhūtāni bhidyantē bhūtānām matayaḥ tathā □
yathāprakṛti sarvēṣām chitrāḥ vāchaḥ sravanti hi □ 7□

ēvaṃ prakṛtivaichitryāt bhidyantē matayaḥ nṛṇām □
pārampariyēṇa kēṣāñchit pākhaṇḍamatayaḥ aparē □ 8□

manmāyāmōhitadhiyaḥ puruṣāḥ puruṣarṣabha □
śrēyaḥ vadanti anēkāntaṃ yathākarma yathāruchi □ 9□

dharmaṃ ēkē yaśaḥ cha anyē kāmaṃ satyaṃ damaṃ śamam □
anyē vadanti svārthaṃ vā aiśvaryaṃ tyāgabhōjanam □
kēchit yajñatapōdānaṃ vratāni niyama anyamān □ 10□

ādi antavantaḥ ēva ēṣām lōkāḥ karmavinirmitāḥ □
duḥkha udarkāḥ tamōniṣṭhāḥ kṣudra ānandāḥ śucha arpitāḥ □

11□

mayi arpita manaḥ sabhya nirapēkṣasya sarvataḥ □
mayā ātmanā sukhaṃ yat tat kutaḥ syāt viṣaya ātmanām □

12□

akiñchanasya dāntasya śāntasya samachētasah □
mayā santuṣṭamanasaḥ sarvāḥ sukhamayāḥ diśah □ 13□

na pāramēṣṭhyaṃ na mahēndradhiṣṇyam
na sārvaabhaumaṃ na rasādhipatyam □
na yōgasiddhīḥ apunarbhavaṃ vā
mayi arpita ātmā ichChatī mat vinā anyat □ 14□

na tathā mē priyatamaḥ ātmayōniḥ na śaṅkaraḥ □
na cha saṅkarṣaṇaḥ na śrīḥ na ēva ātmā cha yathā bhavān □ 15□

nirapēkṣaṃ munim śātaṃ nirvairaṃ samadarśanam □
anuvrajāmi ahaṃ nityaṃ pūyēyēti aṅghrirēṇubhiḥ □ 16□

niṣkiñchanā mayi anuraktachētasah
śāntāḥ mahāntaḥ akhilajīvavatsalāḥ □
kāmaiḥ anālabdhadhiyaḥ juṣanti yat
tat nairapēkṣyaṃ na viduḥ sukhaṃ mama □ 17□

bādhyamānaḥ api madbhaktaḥ viṣayaiḥ ajitēndriyaḥ □
prāyaḥ pragalbhayā bhaktyā viṣayaiḥ na abhibhūyatē □ 18□

yathā agniḥ susamṛddha archiḥ karōti ēdhāṃsi bhasmasāt □
tathā madviṣayā bhaktiḥ uddhava ēnāṃsi kṛtsnaśaḥ □ 19□

na sādhayati mām yōgaḥ na sāṅkhyam dharmam uddhava □
na svādhyāyaḥ tapaḥ tyāgaḥ yathā bhaktiḥ mama ūrjitā □ 20□

bhaktyā aham ēkayā grāhyaḥ śraddhayā ātmā priyaḥ satām □
bhaktiḥ punāti manniṣṭhā śvapākān api sambhavāt □ 21□

dharmam satyadayā upētaḥ vidyā vā tapasānvitā □
madbhktyāpētam ātmānam na samyak prapunāti hi □ 22□

katham vinā rōmaharṣam dravatā chētasā vinā □
vinānanda aśrukalayā śudhyēt bhaktyā vināśayaḥ □ 23□

vāk gadgadā dravatē yasya chittam
rudati abhīkṣnam hasati kvachit cha □
vilajjaḥ udgāyati nṛtyatē cha
madbhaktiyuktaḥ bhuvanam punāti □ 24□

yathā agninā hēma malam jahāti
dhmātam punaḥ svam bhajatē cha rūpam □
ātmā cha karmānuśayam vidhūya
madbhaktiyōgēna bhajati athaḥ mām □ 25□

yathā yathā ātmā parimṛjyatē asau
matpuṇyagāthāśravaṇa abhidhānaiḥ □
tathā tathā paśyati vastu sūkṣmam
chakṣuḥ yathā ēva añjanasamprayuktam □ 26□

viṣayān dhyāyataḥ chittam viṣayēṣu viṣajjatē □
mām anusmarataḥ chittam mayi ēva pravilīyatē □ 27□

tasmāt asat abhidhyānam yathā svapnamanōratham □
hitvā mayi samādhatsva manaḥ madbhāvabhāvitam □ 28□

strīṇām strīsaṅginām saṅgam tyaktvā dūrataḥ ātmavān □
kṣēmē viviktaḥ āsīnaḥ chintayēt mām atandritaḥ □ 29□

na tathā asya bhavēt klēśaḥ bandhaḥ cha anyaprasaṅgataḥ □
yōṣit saṅgāt yathā puṃsaḥ yathā tat saṅgisaṅgataḥ □ 30□

uddhavaḥ uvācha □
yathā tvām aravindākṣa yādṛśam vā yadātmakam □

dhyāyēt mumukṣuḥ ētat mē dhyānaṃ mē vaktuṃ arhasi □ 31□

śrībhagavān uvācha □

samaḥ āsanaḥ āsīnaḥ samakāyaḥ yathāsukham □

hastau utsaṅgaḥ ādhāya svanāsāgrakṛta īkṣaṇaḥ □ 32□

prāṇasya śōdhayēt mārgaṃ pūrakumbhakarēchakaiḥ □

viparyayēṇa api śanaiḥ abhyasēt nirjitēndriyaḥ □ 33□

hṛdi avichChinnaṃ ōṅkāraṃ ghaṇṭānādaṃ bisōrṇavat □

prāṇēna udīrya tatra atha punaḥ saṃvēsāyēt svaram □ 34□

ēvaṃ praṇavasamyuktaṃ prāṇaṃ ēva samabhyasēt □

daśakṛtvaḥ triṣavaṇaṃ māsāt arvāk jita anilaḥ □ 35□

hṛtpuṇḍarīkaṃ antasthaṃ ūrdhvanālaṃ adhōmukham □

dhyātvā ūrdhvamukhaṃ unnidraṃ aṣṭapatraṃ sakarṇikam □ 36□

karṇikāyāṃ nyasēt sūryasōmāgnīn uttarōttaram □

vahnimadhyē smarēt rūpaṃ mama ētat dhyānamaṅgalam □ 37□

samaṃ praśāntaṃ sumukhaṃ dīrghachāruchaturbhujam □

suchārusundaragrīvaṃ sukapōlaṃ śuchismitam □ 38□

samāna karṇa vinyasta sphuran makara kuṇḍalam □

hēma ambaraṃ ghanaśyāmaṃ śrīvatsa śrīnikētanam □ 39□

śaṅkha chakra gadā padma vanamālā vibhūṣitam □

nūpuraiḥ vilasat pādaṃ kaustubha prabhayā yutam □ 40□

dyumat kirīṭa kaṭaka kaṭisūtra aṅgada ayutam □

sarvāṅga sundaraṃ hṛdyaṃ prasāda sumukha īkṣaṇam □ 41□

sukumāraṃ abhidhyāyēt sarvāṅgeṣu manaḥ dadhat □

indriyāṇi indriyēbhyaḥ manasā ākṛṣya tat manaḥ □

buddhyā sārathinā dhīraḥ praṇayēt mayi sarvataḥ □ 42□

tat sarva vyāpakaṃ chittaṃ ākṛṣya ēkatra dhārayēt □

na anyāni chintayēt bhūyaḥ susmitaṃ bhāvayēt mukham □ 43□

tatra labdhapadaṃ chittaṃ ākṛṣya vyōmni dhārayēt □

tat cha tyaktvā madārōhaḥ na kiñchit api chintayēt □ 44□

ēvaṃ samāhitamatih māṃ ēva ātmānaṃ ātmani □

vichaṣṭē mayi sarvātmat jyōtiḥ jyōtiṣi saṃyutam □ 45□

dhyānēna ittham sutīvrēṇa yuñjataḥ yōginaḥ manaḥ □
saṃyāsyati āśu nirvāṇam dravya jñāna kriyā bhramah □ 46□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyām
saṃhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
bhaktirahasyāvadhāraṇayōgō nāma chaturdaśō'dhyāyah □ 14□

atha pañchadaśō'dhyāyah □
śrībhagavān uvācha □
jitēndriyasya yuktasya jitaśvāsasya yōginaḥ
mayi dhārayataḥ chētaḥ upatiṣṭhanti siddhayaḥ □ 1□

uddhavaḥ uvācha □
kayā dhāraṇayā kāsvit kathamsvit siddhiḥ achyuta □
kati vā siddhayaḥ brūhi yōginām siddhidaḥ bhavān □ 2□

śrībhagavān uvācha □
siddhayaḥ aṣṭādaśa prōktā dhāraṇāyōgapāragaiḥ □
tāsām aṣṭau mat pradhānāḥ daśaḥ ēva guṇahētavaḥ □ 3□

aṇimā mahimā mūrtēḥ laghimā prāptiḥ indriyaiḥ □
prākāmyam śrutadrṣṭēṣu śaktiprēraṇam īsitā □ 4□

guṇēṣu asaṅgaḥ vaśitā yat kāmaḥ tat avasyati □
ētāḥ mē siddhayaḥ saumya aṣṭau utpattikāḥ matāḥ □ 5□

anūrmimattvaṃ dēhē asmin dūraśravaṇadarśanam □
manōjavaḥ kāmarūpaṃ parakāyapravēśanam □ 6□

svachChandamṛtyuḥ dēvānām sahakrīḍānudarśanam □
yathāsaṅkalpasamsiddhiḥ ājñāpratihatā gatiḥ □ 7□

trikālajñatvaṃ advandvaṃ parachittādi abhijñatā □
agni arka ambu viṣa ādīnām pratiṣṭambhaḥ aparājayaḥ □ 8□

ētāḥ cha uddēśataḥ prōktā yōgadhāraṇasiddhayaḥ □
yayā dhāraṇayā yā syāt yathā vā syāt nibōdha mē □ 9□

bhūtasūkṣma ātmani mayi tanmātraṃ dhārayēt manaḥ □
aṇimānaṃ avāpnōti tanmātra upāsakaḥ mama □ 10□

mahati ātman mayi parē yathāsamsthaṃ manaḥ dadhat □
mahimānaṃ avāpnōti bhūtānām cha pṛthak pṛthak □ 11□

paramāṇumayē chittaṃ bhūtānāṃ mayi rañjayan □
kālasūkṣmātmatāṃ yōgī laghimānaṃ avāpnuyāt □ 12□

dhārayan mayi ahantattvē manaḥ vaikārikē akhilaṃ □
sarvēndriyāṇāṃ ātmatvaṃ prāptiṃ prāpnōti manmanāḥ □ 13□

mahati ātmani yaḥ sūtrē dhārayēt mayi mānasam □
prākāmyaṃ pāramēṣṭhyaṃ mē vindatē avyaktajanmanaḥ □ 14□

viṣṇau tryadhi īsvarē chittaṃ dhārayēt kālavigrahē □
saḥ īsītvaṃ avāpnōti kṣētrakṣētrajñachōdanām □ 15□

nārāyaṇē turīyākhyē bhagavat śabdaśabditē □
manaḥ mayi ādadhat yōgī mat dharmāḥ vahitāṃ iyāt □ 16□

nirguṇē brahmaṇi mayi dhārayan viśadaṃ manaḥ □
paramānandaṃ āpnōti yatra kāmāḥ avasīyatē □ 17□

śvētadīpapatau chittaṃ śuddhē dharmamayē mayi □
dhārayan śvētatāṃ yāti ṣaḍūrmirahitaḥ naraḥ □ 18□

mayi ākāśa ātmani prāṇē manasā ghōṣaṃ udvahan □
tatra upalabdḥā bhūtānāṃ haṃsaḥ vāchaḥ śruṇōti asau □ 19□

chakṣuḥ tvaṣṭari saṃyōjya tvaṣṭāraṃ api chakṣuṣi □
māṃ tatra manasā dhyāyan viśvaṃ paśyati sūkṣmadṛk □ 20□

manaḥ mayi susaṃyōjya dēhaṃ tadanu vāyunā □
maddhāraṇa anubhāvēna tatra ātmā yatra vai manaḥ □ 21□

yadā manaḥ upādāya yat yat rūpaṃ bubhūṣati □
tat tat bhavēt manōrūpaṃ madyōgabalaṃ āśrayaḥ □ 22□

parakāyaṃ viśan siddhaḥ ātmānaṃ tatra bhāvayēt □
piṇḍaṃ hitvā viśēt prāṇaḥ vāyubhūtaḥ ṣaḍaṅghrivat □ 23□

pārṣṇyā āpīḍya gudaṃ prāṇaṃ hṛt uraḥ kaṇṭha mūrdhasu □
ārōpya brahmarandhrēṇa brahma nītvā utsṛjēt tanum □ 24□

vihariṣyan surākṛīḍē matsthaṃ sattvaṃ vibhāvayēt □
vimānēna upatiṣṭhanti sattvavṛttīḥ surastriyaḥ □ 25□

yathā saṅkalpayēt buddhyā yadā vā matparaḥ pumān □
mayi satyē manaḥ yuñjan tathā tat samupāśnutē □ 26□

yaḥ vai madbhāvaṃ āpannaḥ īsituḥ vaśituḥ pumān □
kutaśchit na vihanyēta tasya cha ājñā yathā mama □ 27□

madbhaktyā śuddhasattvasya yōginaḥ dhāraṇāvidaḥ □
tasya traikālikī buddhiḥ janma mṛtyu upabṛṃhitā □ 28□

agni ādibhiḥ na hanyēta munēḥ yōgaṃ ayaṃ vapuḥ □
madyōgaśrāntachittasya yādasāṃ udakaṃ yathā □ 29□

madvibhūtiḥ abhidhyāyan śrīvatsa astrabibhūṣitāḥ □
dhvajātapatrayajanaiḥ saḥ bhavēt aparājitaḥ □ 30□

upāsakasya māṃ ēvaṃ yōgadhāraṇayā munēḥ □
siddhayaḥ pūrvakathitāḥ upatiṣṭhanti aśēṣataḥ □ 31□

jitēndriyasya dāntasya jitaśvāsa ātmanaḥ munēḥ □
maddhāraṇāṃ dhārayataḥ kā sā siddhiḥ sudurlabhā □ 32□

antarāyān vadanti ētāḥ yuñjataḥ yōgaṃ uttamam □
mayā sampadyamānasya kālakṣēpaṇahētavaḥ □ 33□

janma oṣadhi tapō mantraiḥ yāvatīḥ iha siddhayaḥ □
yōgēna āpnōti tāḥ sarvāḥ na anyaiḥ yōgagatiṃ vrajēt □ 34□

sarvāsāṃ api siddhīnāṃ hētuḥ patiḥ ahaṃ prabhuḥ □
ahaṃ yōgasya sāṅkhyasya dharmasya brahmavādinām □ 35□

ahaṃ ātmā antaraḥ bāhyaḥ anāvṛtaḥ sarvadēhinām □
yathā bhūtāni bhūtēṣu bahiḥ antaḥ svayaṃ tathā □ 36□

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saṃhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
siddhanirūpaṇayōgō nāma pañchadaśō'dhyāyaḥ □ 15□

atha ṣōḍaśō'dhyāyaḥ □
uddhavaḥ uvācha □
tvam brahma paramaṃ sākṣāt anādi anantaṃ apāvṛtam □
sarvēṣāṃ api bhāvānāṃ trāṇasthiti apyaya udbhavaḥ □ 1□

uchchāvachēṣu bhūtēṣu durjñēyaṃ akṛta ātmabhiḥ □
upāsatē tvāṃ bhagavan yāthātathyēna brāhmaṇāḥ □ 2□

yēṣu yēṣu cha bhāvēṣu bhaktyā tvāṃ paramarṣayaḥ □
upāsīnāḥ prapadyantē saṃsiddhiṃ tat vadasva mē □ 3□

gūḍhaḥ charasi bhūtātmā bhūtānāṃ bhūtabhāvana ॥
na tvāṃ paśyanti bhūtāni paśyantaṃ mōhitāni tē ॥ 4॥

yāḥ kāḥ cha bhūmau divi vai rasāyām
vibhūtayaḥ dikṣu mahāvibhūtē ॥
tāḥ mahyaṃ ākhyāhi anubhāvitāḥ tē
namāmi tē tīrtha pada aṅghripadmam ॥ 5॥

śrībhagavān uvācha ॥
ēvaṃ ētat ahaṃ pṛṣṭaḥ praśnaṃ praśnavidāṃ vara ॥
yuyutsunā vinaśānē sapatnaiḥ arjunēna vai ॥ 6॥

jñātvā jñātivadhaṃ garhyaṃ adharmaṃ rājyahētukam ॥
tataḥ nivṛttaḥ hantā ahaṃ hataḥ ayaṃ iti laukikaḥ ॥ 7॥

saḥ tadā puruṣavyāghraḥ yuktyā mē pratibōdhitāḥ ॥
abhyabhāṣata māṃ ēvaṃ yathā tvāṃ raṇamūrdhani ॥ 8॥

ahaṃ ātmā uddhava āmīṣāṃ bhūtānāṃ suhṛt īśvaraḥ ॥
ahaṃ sarvāṇi bhūtāni tēṣāṃ sthiti udbhava apyayaḥ ॥ 9॥

ahaṃ gatiḥ gatimatāṃ kālāḥ kalayatāṃ aham ॥
guṇānāṃ cha api ahaṃ sāmyaṃ guṇinyā utpattikaḥ guṇaḥ ॥ 10॥

guṇināṃ api ahaṃ sūtraṃ mahatāṃ cha mahān aham ॥
sūkṣmāṇāṃ api ahaṃ jīvaḥ durjayānāṃ ahaṃ manah ॥ 11॥

hiraṇyagarbhaḥ vēdānāṃ mantrāṇāṃ praṇavaḥ trivṛt ॥
akṣarāṇāṃ akāraḥ asmi padāni Chandasāṃ aham ॥ 12॥

indraḥ ahaṃ sarvadēvānāṃ vasūnāmasmi havyavāt ॥
ādityānāṃ ahaṃ viṣṇū rudrāṇāṃ nīlalōhitaḥ ॥ 13॥

brahmarṣīṇāṃ bhṛguḥ ahaṃ rājarṣīṇāṃ ahaṃ manuḥ ॥
dēvarṣīṇāṃ nāradaḥ ahaṃ havirdhāni asmi dhēnuṣu ॥ 14॥

siddhēśvarāṇāṃ kapilaḥ suparṇaḥ ahaṃ patatriṇām ॥
prajāpatīnāṃ dakṣaḥ ahaṃ pitṛīṇāṃ ahaṃ aryamā ॥ 15॥

māṃ viddhi uddhava daityānāṃ prahlādaṃ asurēśvaram ॥
sōmaṃ nakṣatra oṣadhīnāṃ dhanēśaṃ yakṣarakṣasām ॥ 16॥

airāvataṃ gajēndrāṇāṃ yādasāṃ varuṇaṃ prabhum ॥
tapatāṃ dyumatāṃ sūryaṃ manuṣyāṇāṃ cha bhūpatim ॥ 17॥

uchchaiḥśravāḥ turaṅgāṇāṃ dhātūnāṃ asmi kāñchanam □
yamaḥ saṃyamatāṃ cha ahaṃ sarpāṇāṃ asmi vāsukiḥ □ 18□

nāgēndrāṇāṃ anantaḥ ahaṃ mṛgēndraḥ śaṅgidaṃṣṭriṇām □
āśramāṇāṃ ahaṃ turyaḥ varṇānāṃ prathamaḥ anagha □ 19□

tīrthānāṃ srōtasāṃ gaṅgā samudraḥ sarasāṃ aham □
āyudhānāṃ dhanuḥ ahaṃ tripuraghnaḥ dhanuṣmatāṃ □ 20□

dhiṣṇyānāṃ asmi ahaṃ mēruḥ gahanānāṃ himālayaḥ □
vanaspatīnāṃ aśvatthaḥ oṣadhīnāṃ ahaṃ yavaḥ □ 21□

purōdhasāṃ vasiṣṭhaḥ ahaṃ brahmiṣṭhānāṃ bṛhaspatiḥ □
skandaḥ ahaṃ sarvasēnānyāṃ agrāṇyāṃ bhagavān ajaḥ □ 22□

yajñānāṃ brahmayajñaḥ ahaṃ vratānāṃ avihimsanam □
vāyu agni arka ambu vāk ātmā śuchīnāṃ api ahaṃ śuchiḥ □ 23□

yōgānāṃ ātmasaṃrōdhaḥ mantraḥ asmi vijigīṣatām □
ānvīkṣikī kauśalānāṃ vikalpaḥ khyātivādinām □ 24□

strīṇāṃ tu śatarūpā ahaṃ puṃsāṃ svāyambhuvaḥ manuḥ □
nārāyaṇaḥ munīnāṃ cha kumāraḥ brahmachāriṇām □ 25□

dharmāṇāṃ asmi sannyāsaḥ kṣēmāṇāṃ abahiḥ matiḥ □
guhyānāṃ sūnṛtaṃ maunaṃ mithunānāṃ ajaḥ tu aham □ 26□

saṃvatsaraḥ asmi animiṣāṃ ṛtūnāṃ madhumādhavau □
māsānāṃ mārگاśīrṣaḥ ahaṃ nakṣatrāṇāṃ tathā abhijit □ 27□

ahaṃ yugānāṃ cha kṛtaṃ dhīrāṇāṃ dēvalaḥ asitaḥ □
dvaipāyanaḥ asmi vyāsānāṃ kavīnāṃ kāvyaḥ ātmavān □ 28□

vāsudēvaḥ bhagavatāṃ tvam bhāgavatēṣu aham □
kimpuruṣāṇāṃ hanumān vidyāghrāṇāṃ sudarśanaḥ □ 29□

ratnānāṃ padmarāgaḥ asmi padmakōśaḥ supēśasām □
kuśaḥ asmi darbhajātīnāṃ gavyaṃ ājyaṃ haviṣṣu aham □

30□

vyavasāyināṃ ahaṃ lakṣmīḥ kitavānāṃ Chalagrahaḥ □
titikṣā asmi titikṣāṇāṃ sattvaṃ sattvavatāṃ aham □ 31□

ōjaḥ sahōbalavatām karma ahaṃ viddhi sāttvatām □
sāttvatām navamūrtīnām ādimūrtiḥ ahaṃ parā □ 32□

viśvāvasuḥ pūrvachittiḥ gandharva apsarasām aham □
bhūdharaṇām ahaṃ sthairyam gandhamātram ahaṃ bhuvah □ 33□

apām rasaḥ cha paramaḥ tējiṣṭhānām vibhāvasuḥ □
prabhā sūrya indu tāraṇām śabdaḥ ahaṃ nabhasaḥ paraḥ □ 34□

brahmaṇyānām baliḥ ahaṃ virāṇām ahaṃ arjunaḥ □
bhūtānām sthitiḥ utpattiḥ ahaṃ vai pratisaṅkramaḥ □ 35□

gati ukṭi utsarga upādānam ānanda sparśa lakṣaṇam □
āsvāda śruti avaghrāṇam ahaṃ sarvēndriya indriyam □ 36□

pr̥thivī vāyuḥ ākāśaḥ āpaḥ jyōtiḥ ahaṃ mahān □
vikāraḥ puruṣaḥ avyaktaṃ rajaḥ sattvaṃ tamaḥ param □
ahaṃ ētat prasaṅkhyānam jñānam sattvaviniśchayaḥ □ 37□

mayā īśvarēṇa jīvēna guṇēna guṇinā vinā □
sarvātmanā api sarvēṇa na bhāvaḥ vidyatē kvachit □ 38□

saṅkhyānam paramāṇūnām kālēna kriyatē mayā □
na tathā mē vibhūtīnām sr̥jataḥ aṇḍāni kōṭīśaḥ □ 39□

tējaḥ śrīḥ kīrtiḥ aiśvaryaṃ hrīḥ tyāgaḥ saubhagaṃ bhagaḥ □
vīryam titikṣā vijñānam yatra yatra sa mē aṃśakaḥ □ 40□

ētāḥ tē kīrtitāḥ sarvāḥ saṅkṣēpēṇa vibhūtayaḥ □
manōvikārāḥ ēva ētē yathā vāchā abhidhīyatē □ 41□

vāchaṃ yachCha manaḥ yachCha prāṇāni yachCha indriyāṇi cha □
ātmānam ātmanā yachCha na bhūyaḥ kalpasē adhvanē □ 42□

yaḥ vai vāk manasi samyak asaṃyachChan dhiyā yatiḥ □
tasya vrataṃ tapaḥ dānam sravatyāmaghaṭāmbuvat □ 43□

tasmāt manaḥ vachaḥ prāṇān niyachChēt mat parāyaṇaḥ □
mat bhakti yuktayā buddhyā tataḥ parisamāpyatē □ 44□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyām
saṃhitāyāmēkādaśaskandhē śrīkr̥ṣṇōddhavasamvādē
vibhūtiyogō nāma ṣōḍaśō'dhyāyaḥ □ 16□

atha saptadaśō'dhyāyaḥ □
uddhavaḥ uvācha □
yaḥ tvayā abhitaḥ pūrvam dharmam tvat bhaktilakṣaṇaḥ □
varṇāśrama āchāravatām sarvēśām dvipadām api □ 1□

yathā anuṣṭhīyamānēna tvayi bhaktiḥ nṛṇām bhavēt □
svadharmēna aravindākṣa tat samākhyātum arhasi □ 2□

purā kila mahābāhō dharmam paramakam prabhō □
yat tēna haṃsarūpēṇa brahmaṇē abhyāttha mādharma □ 3□

saḥ idānīm sumahatā kālēna amitrakarśana □
na prāyaḥ bhavitā martyalōkē prāk anuśāsitaḥ □ 4□

vaktā kartā avitā na anyāḥ dharmasya achyuta tē bhuvi □
sabhāyām api vairiñchyām yatra mūrtidharāḥ kalāḥ □ 5□

kartrā avitrā pravaktrā cha bhavatā madhusūdana □
tyaktē mahītalē dēva vinaṣṭam kaḥ pravakṣyati □ 6□

tattvam naḥ sarvadharmajña dharmam tvat bhaktilakṣaṇaḥ □
yathā yasya vidhīyēta tathā varṇaya mē prabhō □ 7□

śrīśukaḥ uvācha □
ittham svabhṛtyamukhyēna pṛṣṭaḥ saḥ bhagavān hariḥ □
prītaḥ kṣēmāya martyānām dharmān āha sanātanān □ 8□

śrībhagavān uvācha □
dharmyaḥ ēṣa tava praśnaḥ naiḥśrēyasakaraḥ nṛṇām □
varṇāśrama āchāravatām tam uddhava nibōdha mē □ 9□

ādau kṛtayugē varṇaḥ nṛṇām haṃsaḥ iti smṛtaḥ □
kṛtakṛtyāḥ prajāḥ jātyāḥ tasmāt kṛtayugam viduḥ □ 10□

vēdaḥ praṇavaḥ ēva agrē dharmam aham vṛṣarūpadhṛk □
upāsātē tapōniṣṭhām haṃsam mām muktakilbiṣāḥ □ 11□

trētāmukhē mahābhāga prāṇāt mē hṛdayāt trayī □
vidyā prāduḥ abhūt tasyāḥ aham āsam trivṛṇmakhaḥ □ 12□

vipra kṣatriya viṭ sūdrāḥ mukha bāhu uru pādajāḥ □
vairājāt puruṣāt jātāḥ yaḥ ātmāchāralakṣaṇāḥ □ 13□

gṛhāśramaḥ jaghanataḥ brahmacharyam hṛdaḥ mama □
vakṣaḥsthānāt vanē vāsaḥ nyāsaḥ śīrṣaṇi samsthitaḥ □ 14□

varṇānāṃ āśramāṅgāṃ cha janmabhūmi anusāriṇīḥ □
āsan prakṛtayaḥ nṛṅgāṃ nīchaiḥ nīcha uttama uttamāḥ □ 15□

śamaḥ damaḥ tapaḥ śaucaṃ santōṣaḥ kṣāntiḥ ārjavam □
madbhaktiḥ cha dayā satyaṃ brahmaprakṛtayaḥ tu imāḥ □ 16□

tējaḥ balaṃ dhṛtiḥ śauryaṃ titikṣā audāryaṃ udyamaḥ □
sthairyam brahmaṇi ata aiśvaryaṃ kṣatraprakṛtayaḥ tu imāḥ □

17□

āstikyaṃ dānaniṣṭhā cha adambhaḥ brahmasēvanam □
atuṣṭiḥ artha upachayaiḥ vaiśyaparakṛtayaḥ tu imāḥ □ 18□

śúśrūṣaṅgāṃ dvijagavāṃ dēvānāṃ cha api amāyayā □
tatra labdhēna santōṣaḥ śūdraparakṛtayaḥ tu imāḥ □ 19□

aśaucaṃ anṛtaṃ stēyaṃ nāstikyaṃ śuṣkavigrahaḥ □
kāmaḥ krōdhaḥ cha tarṣaḥ cha svabhāvaḥ antēvasāyinām □ 20□

ahiṃsā satyaṃ astēyaṃ akāmakrōdhalōbhatā □
bhūtapriyahitēhā cha dharmāḥ ayaṃ sārvaṅgikaḥ □ 21□

dvitīyaṃ prāpya anupūrvyāt janma upanayanaṃ dvijaḥ □
vasan gurukulē dāntaḥ brahma adhyāta cha āhutaḥ □ 22□

mēkhalā ajina daṇḍa akṣa brahmasūtra kamaṇḍalūn □
jaṭilaḥ adhautadadvāsaḥ araktapīṭhaḥ kuśān dadhat □ 23□

snāna bhōjana hōmēṣu japa uchchārē cha vāgyataḥ □
na chChindyāt nakha rōmāṇi kakṣa upasthagatāni api □ 24□

rētaḥ na avarikēt jātu brahmavratadharaḥ svayam □
avakīrṇē avagāhya apsu yatāsuḥ tripadīm japēt □ 25□

agni arka āchārya gō vipra guru vṛddha surān śuchiḥ □
samāhitaḥ upāsīta sandhyē cha yatavāk japan □ 26□

āchāryaṃ māṃ vijānīyāt na avamanyēta karhichit □
na martyabuddhi āsūyēta sarvadēvamayaḥ guruḥ □ 27□

sāyaṃ prātaḥ upānīya bhaikṣyaṃ tasmai nivēdayēt □
yat cha anyat api anujñātaṃ upayujñīta samyataḥ □ 28□

śuśrūṣamāṇaḥ āchāryaṃ sadā upāsīta nīchavat □
yāna śayyā āsana sthānaiḥ na atidūrē kṛtāñjaliḥ □ 29□

ēvaṃvṛttaḥ gurukulē vasēt bhōgavivarjitaḥ □
vidyā samāpyatē yāvat bibhrat vrataṃ akhaṇḍitam □ 30□

yadi asau Chandasāṃ lōkaṃ ārōkṣyan brahmaviṣṭapam □
guravē vinyasēt dēhaṃ svādhyāyārthaṃ vṛhat vrataḥ □ 31□

agnau gurau ātmani cha sarvabhūtēṣu māṃ param □
apṛthak dhīḥ upāsīta brahmavarchasvī akalmaṣaḥ □ 32□

strīṇāṃ nirīkṣaṇa sparśa saṃlāpa kṣvēlana ādikam □
prāṇinaḥ mithunībhūtān agrhasthaḥ agrataḥ tyajēt □ 33□

śaucham āchamanaṃ snānam sandhyā upāsanam ārjavam □
tīrthasēvā japaḥ aspr̥śya abhakṣya asambhāṣya varjanam □

34□

sarva āśrama prayuktaḥ ayaṃ niyamaḥ kulanandana□
madbhāvaḥ sarvabhūtēṣu manōvākkāya saṃyamah □ 35□

ēvaṃ bṛhat vratadharaḥ brāhmaṇaḥ agniḥ iva jvalan □
madbhaktaḥ tīvratapasā dagdhakarma āśayaḥ amalaḥ □ 36□

atha anantaram āvēkṣyan yathā jijñāsita āgamaḥ □
guravē dakṣiṇāṃ dattvā snāyat guru anumōditaḥ □ 37□

gṛham vanam vā upaviśēt pravrajēt vā dvija uttamaḥ □
āśramāt āśramam gachChēt na anyathā matparaḥ charēt □ 38□

gṛhārthī sadṛśiṃ bhāryāṃ udvahēt ajugupsitām □
yavīyasīṃ tu vayasā yāṃ savarṇāṃ anukramāt □ 39□

ijya adhyayana dānāni sarvēṣāṃ cha dvijanmanām □
pratigrahaḥ adhyāpanam cha brāhmaṇasya ēva yājanam □ 40□

pratigraham manyamānaḥ tapaḥ tējōyaśōnudam □
anyābhyāṃ ēva jīvēta śilaiḥ vā dōṣadr̥k tayōḥ □ 41□

brāhmaṇasya hi dēhaḥ ayaṃ kṣudrakāmāya na iṣyatē □
kṛchChrāya tapasē cha iha prētya anantasukhāya cha □ 42□

śilōñChavṛtṭyā parituṣṭachittah
dharmam mahāntam virajam juṣāṇah □
mayi arpitātmā gṛhaḥ ēva tiṣṭhan
na atiprasaktaḥ samupaiti śāntim □ 43□

samuddharanti yē vipram sīdantam matparāyaṇam □
tān uddhariṣyē na chirāt āpadbhyaḥ nauḥ iva arṇavāt □ 44□

sarvāḥ samuddharēt rājā pitā iva vyasanāt prajāḥ □
ātmānam ātmanā dhīraḥ yathā gajapatiḥ gajān □ 45□

ēvamvidhaḥ narapatiḥ vimānēna arkavachasā □
vidhūya iha aśubham kṛtsnam indrēṇa saha mōdatē □ 46□

sīdan viprah vaṇik vṛtṭyā paṇyaiḥ ēva āpadam tarēt □
khaḍgēna vā āpadākrāntaḥ na śvavṛtṭyā kathañchana □ 47□

vaiśyavṛtṭyā tu rājan yaḥ jīvēt mṛgayayā āpadi □
charēt vā viprarūpēṇa na śvavṛtṭyā kathañchana □ 48□

sūdravṛtṭim bhajēt vaiśyaḥ sūdraḥ kārukaṭapriyām □
kṛchChrāt muktaḥ na garhyēṇa vṛtṭim lipsēta karmaṇā □ 49□

vēda adhyāya svadhā svāhā bali anna ādyaiḥ yathā udayam □
dēvarṣi pitṛbhūtāni madrūpāṇi anvahaṃ yajēt □ 50□

yadṛchChayā upapannēna śuklēna upārjitēna vā □
dhanēna apīḍayan bhṛtyān nyāyēna ēva āharēt kratūn □ 51□

kuṭumbēṣu na sajjēta na pramādyēt kuṭumbi api □
vipaśchit naśvaram paśyēt adṛṣṭam api dṛṣṭavat □ 52□

putra dārā āpta bandhūnām saṅgamaḥ pānthasaṅgamaḥ □
anudēham viyanti ētē svapnaḥ nidrānugaḥ yathā □ 53□

ittham parimṛśan muktaḥ gṛhēṣu atithivat vasan □
na gṛhaiḥ anubadhyēta nirmamaḥ nirahaṅkṛtaḥ □ 54□

karmabhiḥ gṛham ēdhīyaiḥ iṣṭvā māṃ ēva bhaktimān □
tiṣṭhēt vanam vā upaviśēt prajāvān vā parivrajēt □ 55□

yaḥ tu āsaktaṃ atih gēhē putra vittaiṣaṇa āturaḥ □
straiṇaḥ kṛpaṇadhīḥ mūḍhaḥ mama aham iti badhyatē □ 56□

ahō mē pitarau vṛddhau bhāryā bālātmajā ātmajāḥ □
anāthāḥ mām ṛtē dīnāḥ katham jīvanti duḥkhitāḥ □ 57□

ēvaṃ gṛha āśaya ākṣipta hṛdayaḥ mūḍhadhīḥ ayam □
atrṛptaḥ tān anudhyāyan mṛtaḥ andham viśatē tamaḥ □ 58□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyām
saṃhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
brahmacharyagr̥hasthakarmadharmanirūpaṇē saptadaśō'dhyāyaḥ □

17□

atha aṣṭādaśō'dhyāyaḥ □
śrībhagavān uvācha □

vanaṃ vivikṣuḥ putrēṣu bhāryām nyasya saha ēva vā □
vanaḥ ēva vasēt śāntaḥ tṛtīyaṃ bhāgaṃ āyuṣaḥ □ 1□

kandamūlaphalaiḥ vanyaiḥ mēdhyaiḥ vṛttiṃ prakalpayēt □
vasīta valkalaṃ vāsaḥ tṛṇaparṇa ajināni cha □ 2□

kēśarōmanakhaśmaśrumalāni bibhṛyāt ataḥ □
na dhāvēt apsu majjēta trikālaṃ sthaṇḍilēśayaḥ □ 3□

grīṣmē tapyēta pañchāgnīn varṣāsvāsāraṣāḍ jalē □
ākaṇṭhamagnaḥ śīśiraḥ ēvaṃvṛttaḥ tapaścharēt □ 4□

agnipakvaṃ samaśnīyāt kālapakvaṃ atha api vā □
ulūkhala aśmakuṭṭhaḥ vā danta ulūkhalaḥ ēva vā □ 5□

svayaṃ sañchinuyāt sarvaṃ ātmanaḥ vṛttikāraṇam □
dēśakālabala abhijñāḥ na ādadīta anyadā āhṛtam □ 6□

vanyaiḥ charupurōḍāśaiḥ nirvapēt kālachōditān □
na tu śrautēna paśunā mām yajēta vanāśramī □ 7□

agnihōtraṃ cha darśaḥ cha pūrṇamāsaḥ cha pūrvavat □
chāturmāsyāni cha munēḥ āmnātāni cha naigamaiḥ □ 8□

ēvaṃ chīrṇēna tapasā muniḥ dhamanisantataḥ □
mām tapōmayam ārādhya ṛṣilōkāt upaiti mām □ 9□

yaḥ tu ētat kṛchChrataḥ chīrṇam tapaḥ niḥśrēyasam mahat □
kāmayā alpīyasē yuñjyāt vālīśaḥ kaḥ aparāḥ tataḥ □ 10□

yadā asau niyamē akalpaḥ jarayā jātavēpathuḥ □
ātmani agnīn samārōpya machchittaḥ agniḥ samāviśēt □ 11□

yadā karmavipākēṣu lōkēṣu niraya ātmasu □
virāgaḥ jāyatē samyak nyasta agniḥ pravrajēt tataḥ □ 12□

iṣṭvā yathā upadēśaḥ mām dattvā sarvasvaḥ ṛtvijē □
agnīn svaprāṇaḥ āvēśya nirapēkṣaḥ parivrajēt □ 13□

viprasya vai sannyasataḥ dēvāḥ dārādirūpiṇaḥ □
vighnān kurvanti ayaḥ hi asmān ākramya samiyāt param □ 14□

bibhṛyāt chēt muniḥ vāsaḥ kaupīna āchChādanaḥ param □
tyaktaḥ na daṇḍapātrābhyām anyat kiñchit anāpadi □ 15□

drṣṭipūtaḥ nayasēt pādaḥ vastrapūtaḥ pibēt jalam □
satyapūtāḥ vadēt vāchaḥ manaḥpūtaḥ samācharēt □ 16□

mauna anīhā anila āyāmāḥ daṇḍāḥ vāk dēha chētasām □
nahi ētē yasya santi aṅgaḥ vēṇubhiḥ na bhavēt yatiḥ □ 17□

bhikṣām chatuṣu varṇēṣu vigarhyān varjayan charēt □
saptāgārān asaṅklṛptān tuṣyēt labdhēna tāvatā □ 18□

bahiḥ jalāśayaḥ gatvā tatra upasṛśya vāgyataḥ □
vibhajya pāvitaḥ sēṣaḥ bhujjīta asēṣaḥ āhṛtam □ 19□

ēkaḥ charēt mahīm ētām niḥsaṅgaḥ saṃyatēndriyaḥ □
ātmakrīḍaḥ ātmarataḥ ātmavān samadarśanaḥ □ 20□

viviktakṣēmaśaraṇaḥ madbhāvavimalāśayaḥ □
ātmānaḥ chintayēt ēkaḥ abhēdēna mayā muniḥ □ 21□

anvīkṣēta ātmanaḥ bandhaḥ mōkṣaḥ cha jñānaniṣṭhayā □
bandhaḥ indriyavikṣēpaḥ mōkṣaḥ ēṣāḥ cha saṃyamaḥ □ 22□

tasmāt niyamyā ṣaḍvargaḥ madbhāvēna charēt muniḥ □
viraktaḥ kṣullakāmēbhyaḥ labdhvā ātmani sukhaḥ mahat □ 23□

puragrāmavrajān sārthān bhikṣārthaḥ praviśan charēt □
puṇyadēśasarit śailavana āśramavatīm mahīm □ 24□

vānaprastha āśrama padēṣu abhīkṣṇaḥ bhaikṣyaḥ ācharēt □
saṃsidhyatyāśvasammōhaḥ śuddhasattvaḥ śilāndhasā □ 25□

na ētat vastutayā paśyēt dṛśyamānaṃ vinaśyati □
asaktachittaḥ viramēt iha amutra chikīrṣitāt □ 26□

yat ētat ātmani jagat manōvākprāṇasaṃhatam □
sarvaṃ māyā iti tarkēṇa svasthaḥ tyaktvā na tat smarēt □ 27□

jñānaniṣṭhaḥ viraktaḥ vā madbhaktaḥ vā anapēkṣakaḥ □
saliṅgān āśramāṃ tyaktvā charēt avidhigōcharaḥ □ 28□

budhaḥ bālakavat krīḍēt kuśalaḥ jaḍavat charēt □
vadēt unmattavat vidvān gōcharyāṃ naigamaḥ charēt □ 29□

vēdavādarataḥ na syāt na pākhaṇḍī na haitukaḥ □
śuśkavādavivādē na kañchit pakṣaṃ samāśrayēt □ 30□

na udvijēta janāt dhīraḥ janaṃ cha udvējayēt na tu □
ativādān titikṣēta na avamanyēta kañchana □
dēhaṃ uddīśya paśuvat vairaṃ kuryāt na kēnachit □ 31□

ēkaḥ ēva paraḥ hi ātmā bhūtēṣu ātmani avasthitaḥ □
yathā induḥ udapātrēṣu bhūtāni ēkātmakāni cha □ 32□

alabdhvā na viṣṭdēta kālē kālē aśanaṃ kvachit □
labdhvā na hr̥ṣyēt dhṛtiṃ ānubhayaṃ daivatantritam □ 33□

āhārārthaṃ samīhēta yuktaṃ tat prāṇadhāraṇam □
tattvaṃ vimṛśyatē tēna tat vijñāya vimuchyatē □ 34□

yat ṛchChayā upapannāt annaṃ adyāt śrēṣṭhaṃ uta aparam □
tathā vāsaḥ tathā śayyāṃ prāptaṃ prāptaṃ bhajēt muniḥ □ 35□

śaucham āchamanaṃ snānaṃ na tu chōdanayā charēt □
anyān cha niyamān jñānī yathā ahaṃ līlayā īśvaraḥ □ 36□

nahi tasya vikalpākhyā yā cha madvīkṣayā hatā □
ādēhāntāt kvachit khyātiḥ tataḥ sampadyatē mayā □ 37□

duḥkha udarkēṣu kāmēṣu jātanirvēdaḥ ātmavān □
ajijñāsita maddharmaḥ guruṃ muniṃ upāvrajēt □ 38□

tāvat paricharēt bhaktaḥ śraddhāvān anasūyakaḥ □
yāvat brahma vijānīyāt māṃ ēva guruṃ ādṛtaḥ □ 39□

yaḥ tu asaṃyata ṣaḍvargaḥ prachaṇḍa indriya sārathiḥ □
jñāna vairāgya rahitaḥ tridaṇḍaṃ upajīvati □ 40□

surān ātmānaṃ ātmasthaṃ nihnutē māṃ cha dharmahā □
avipakva kaṣāyaḥ asmāt uṣmāt cha vihiyatē □ 41□

bhikṣōḥ dharmah śamaḥ ahiṃsā tapaḥ īkṣā vanaukaṣaḥ □
gṛhiṇaḥ bhūtarakṣa ijjāḥ dvijasya āchāryasēvanam □ 42□

brahmacharyaṃ tapaḥ śaucham santōṣaḥ bhūtasauhṛdam □
gṛhasthasya api ṛtau gantuḥ sarvēṣāṃ madupāsanam □ 43□

iti māṃ yaḥ svadharmēṇa bhajan nityaṃ ananyabhāk □
sarvabhūtēṣu madbhāvaḥ madbhaktiṃ vindatē achirāt □ 44□

bhaktyā uddhava anapāyinyā sarvalōkamahēśvaram □
sarva utpatti api ayaṃ brahma kāraṇaṃ mā upayāti saḥ □ 45□

iti svadharma nirṇikta sattvaḥ nirjñāt madgatiḥ □
jñāna vijñāna sampannaḥ na chirāt samupaiti mām □ 46□

varṇāśramavatām dharmah ēṣaḥ āchāralakṣaṇaḥ □
saḥ ēva madbhaktiyutaḥ niḥśrēyasakaraḥ paraḥ □ 47□

ētat tē abhilitaṃ sādho bhavān pṛchChatī yat cha mām □
yathā svadharmasamṣyuktaḥ bhaktaḥ māṃ samiyāt param □ 48□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyām
saṃhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
vānaprasthasannyāsadharmanirūpaṇaṃ nāmāṣṭādaśō'dhyāyaḥ □ 18□

atha ēkōnaviṃśaḥ adhyāyaḥ □
śrībhagavān uvācha □
yaḥ vidyāśrutasampannaḥ ātmavān na anumānikaḥ □
māyāmātraṃ idaṃ jñātvā jñānaṃ cha mayi sannyasēt □ 1□

jñāninaḥ tu ahaṃ ēva iṣṭaḥ svārthaḥ hētuḥ cha sammataḥ □
svargaḥ cha ēva apavargaḥ cha na anyaḥ arthaḥ madṛtē priyaḥ □ 2□

jñānavijñānasamśiddhāḥ padaṃ śrēṣṭhaṃ viduḥ mama □
jñānī priyatamaḥ ataḥ mē jñānēna asau bibharti mām □ 3□

tapaḥ tīrthaṃ japaḥ dānaṃ pavitrāṇi itarāṇi cha □
na alaṃ kurvanti tāṃ siddhiṃ yā jñānakalayā kṛtā □ 4□

tasmāt jñānēna sahitaṃ jñātvā svātmānaṃ uddhava □
jñānavijñānasampannaḥ bhaja māṃ bhaktibhāvataḥ □ 5□

jñānavijñānayajñēna māṃ iṣṭvā ātmānaṃ ātmani □
sarvayajñapatiṃ māṃ vai saṃsiddhiṃ munayaḥ agaman □ 6 □

tvayi uddhava āśrayati yaḥ trividhaḥ vikāraḥ
māyāntarā āpatati na ādi apavargayōḥ yat □
janmādayaḥ asya yat amī tava tasya kiṃ syuḥ
ādi antayōḥ yat asataḥ asti tat ēva madhyē □ 7 □

uddhavaḥ uvācha □
jñānaṃ viśuddhaṃ vipulaṃ yathā ētat
vairāgyavijñānayutaṃ purāṇam □
ākhyāhi viśvēsvara viśvamūrtē
tvat bhaktiyōgaṃ cha mahat vimṛgyam □ 8 □

tāpatrayēṇa abhihatasya ghōrē
santapyamānasya bhavādhvaniśa □
paśyāmi na anyat śaraṇaṃ tavāṅghri
dvandva ātapatrāt amṛta abhivarṣāt □ 9 □

daṣṭaṃ janaṃ sampatitaṃ bilē asmin
kālāhinā kṣudrasukhōḥ utarṣam □
samuddhara ēnaṃ kṛpayā apavargyaiḥ
vachōbhiḥ āsiñcha mahānubhāva □ 10 □

śrībhagavān uvācha □
itthaṃ ētat purā rājā bhīṣmaṃ dharmabhṛtāṃ varam □
ajātaśatruḥ paprachCha sarvēṣāṃ naḥ anuśruṇvatām □ 11 □

nivṛttē bhāratē yuddhē suhṛt nidhanavihvalaḥ □
śrutvā dharmān bahūn paśchāt mōkṣadharmān aprchChata □

12 □

tān ahaṃ tē abhidhāsyāmi dēvavratamukhāt śrutān □
jñānavairāgyavijñānaśraddhābhakti upabṛṃhitān □ 13 □

nava ēkādaśa pañcha trīn bhāvān bhūtēṣu yēna vai □
īkṣēta atha ēkaṃ api ēṣu tat jñānaṃ mama niśchitam □ 14 □

ētat ēva hi vijñānaṃ na tathā ēkēna yēna yat □
sthiti utpatti api ayān paśyēt bhāvānāṃ triguṇa ātmanām □

15 □

ādau antē cha madhyē cha sṛjyāt sṛjyaṃ yat anvīyāt □
punaḥ tat pratisaṅkrāmē yat śiṣyēta tat ēva sat □ 16□

śrutiḥ pratyakṣaṃ aitiyaṃ anumānaṃ chatuṣṭayam □
pramāṇēṣu anavasthānāt vikalpāt saḥ virajyatē □ 17□

karmaṇāṃ pariṇāmitvāt āviriñchāt amaṅgalam □
vipaśchit naśvaraṃ paśyēt adṛṣṭaṃ api dṛṣṭavat □ 18□

bhaktiyōgaḥ purā ēva uktaḥ prīyamāṇāya tē anagha □
punaḥ cha kathayiṣyāmi madbhaktēḥ kāraṇaṃ param □ 19□

śraddhā amṛtakathāyāṃ mē śāsvat mat anukīrtanam □
pariniṣṭhā cha pūjāyāṃ stutibhiḥ stavanaṃ mama □ 20□

ādaraḥ paricharyāyāṃ sarvāṅgaiḥ abhivandanam □
madbhaktapūjābhyadhikā sarvabhūtēṣu manmatih □ 21□

madarthēṣu aṅgachēṣṭā cha vachasā madguṇēraṇam □
mayyarpaṇaṃ cha manasaḥ sarvakāma vivarjanam □ 22□

madarthē artha parityāgaḥ bhōgasya cha sukhasya cha □
iṣṭaṃ dattaṃ hutaṃ japtaṃ madarthaṃ yat vrataṃ tapaḥ □ 23□

ēvaṃ dharmaiḥ manuṣyāṇāṃ uddhava ātmanivēdinām □
mayi sañjāyatē bhaktiḥ kaḥ anyaḥ arthaḥ asya avaśiṣyatē □ 24□

yadā ātmani arpitaṃ chittaṃ śāntaṃ sattva upabṛṃhitam □
dharmāṃ jñānaṃ savairāgyaṃ aiśvaryaṃ cha abhipadyatē □ 25□

yat arpitaṃ tat vikalpē indriyaiḥ paridhāvati □
rajasvalaṃ cha āsan niṣṭhaṃ chittaṃ viddhi viparyayam □ 26□

dharmāḥ madbhaktikṛt prōktaḥ jñānaṃ cha ēkātmyadarśanam □
guṇēṣu asaṅgaḥ vairāgyaṃ aiśvaryaṃ cha aṇim ādayaḥ □ 27□

uddhavaḥ uvācha □
yamaḥ katividhaḥ prōktaḥ niyamaḥ vā arikarśana □
kaḥ śamaḥ kaḥ damaḥ kṛṣṇa kā titikṣā dhṛtiḥ prabhō □ 28□

kiṃ dānaṃ kiṃ tapaḥ śauryaṃ kiṃ satyaṃ ṛtaṃ uchyatē □
kaḥ tyāgaḥ kiṃ dhanam chēṣṭaṃ kaḥ yajñaḥ kā cha dakṣiṇā □

29□

pum̐saḥ kiṃsvit balaṃ śrīman bhagaḥ lābhaḥ cha kēśava ṁ
kā vidyā hrīḥ parā kā śrīḥ kiṃ sukhaṃ duḥkhaṃ ēva cha ṁ

30ṁ

kaḥ paṇḍitaḥ kaḥ cha mūrkhah kaḥ panthāḥ utpathaḥ cha kaḥ ṁ
kaḥ svargaḥ narakah kaḥ svit kaḥ bandhuḥ uta kiṃ gṛham ṁ 31ṁ

kaḥ āḍhyaḥ kaḥ daridraḥ vā kṛpaṇah kaḥ īśvaraḥ ṁ
ētān praśnān mama brūhi viparītān cha satpatē ṁ 32ṁ

śrībhagavān uvācha ṁ
ahiṃsā satyaṃ astēyaṃ asaṅgaḥ hrīḥ asañchayaḥ ṁ
āstikyaṃ brahmacharyaṃ cha maunaṃ sthairyam̐ kṣamā abhayam ṁ

33ṁ

śaucaṃ japaḥ tapaḥ hōmaḥ śraddhā ātithyam̐ mat archanam ṁ
tīrthāṭanam̐ parārthēhā tuṣṭiḥ āchāryasēvanam ṁ 34ṁ

ētē yamāḥ saniyamāḥ ubhayōḥ dvādaśa smṛtāḥ ṁ
pum̐sām̐ upāsītāḥ tāta yathākāmaṃ duhanti hi ṁ 35ṁ

śamaḥ mat niṣṭhatā buddhēḥ damaḥ indriyasamyamaḥ ṁ
titikṣā duḥkhasammarṣah jihvā upasthajayaḥ dhṛtiḥ ṁ 36ṁ

daṇḍanyāsaḥ paraṃ dānam̐ kāmātyāgaḥ tapaḥ smṛtam ṁ
svabhāvavijayaḥ śauryam̐ satyam̐ cha samadarśanam ṁ 37ṁ

ṛtam̐ cha sūnṛtā vāṇī kavibhiḥ parikīrtitā ṁ
karmasvasaṅgamah śaucaṃ tyāgaḥ sannyāsaḥ uchyatē ṁ 38ṁ

dharmah iṣṭam̐ dhanam̐ nṛṇām̐ yajñah aham̐ bhagavattamah ṁ
dakṣiṇā jñānasandēśah prāṇāyāmah paraṃ balam ṁ 39ṁ

bhagaḥ mē aiśvaraḥ bhāvaḥ lābhaḥ madbhaktiḥ uttamah ṁ
vidyā ātmani bhida abādhaḥ jugupsā hrīḥ akarmasu ṁ 40ṁ

śrīḥ guṇāḥ nairapēkṣya ādyāḥ sukhaṃ duḥkhasukha atyayaḥ ṁ
duḥkham̐ kāmasukha apēkṣā paṇḍitaḥ bandhamōkṣavit ṁ 41ṁ

mūrkhah dēha ādi aham̐ buddhiḥ panthāḥ mat nigamaḥ smṛtaḥ ṁ
utpathaḥ chittavikṣēpaḥ svargaḥ sattvaguṇa uadayaḥ ṁ 42ṁ

narakah tamah unnahah bandhuḥ guruḥ aham̐ sakhē ṁ
gṛham̐ śarīram̐ mānuṣyam̐ guṇāḍhyaḥ hi āḍhyaḥ uchyatē ṁ 43ṁ

daridraḥ yaḥ tu asantuṣṭaḥ kṛpaṇaḥ yaḥ ajitēndriyaḥ □
guṇēṣu asaktadhīḥ īśaḥ guṇasaṅgaḥ viparyayaḥ □ 44□

ētaḥ uddhava tē praśnāḥ sarvē sādhu nirūpitāḥ □
kiṃ varṇitēna bahunā lakṣaṇaṃ guṇadōṣayōḥ □
guṇadōṣa dṛśiḥ dōṣaḥ guṇaḥ tu ubhayavarjitaḥ □ 45□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē bhagavadudhavasamvādē
ēkōnaviṃśō'dhyāyaḥ □ 19□

atha viṃśaḥ adhyāyaḥ □
uddhavaḥ uvācha □
vidhiḥ cha pratiṣēdhaḥ cha nigamaḥ hi īśvarasya tē □
avēkṣatē aravindākṣa guṇaṃ dōṣaṃ cha karmaṇām □ 1□

varṇāśrama vikalpaṃ cha pratilōma anulōmajam □
dravya dēśa vayaḥ kālān svargaṃ narakam ēva cha □ 2□

guṇa dōṣa bhidā dṛṣṭiṃ antarēṇa vachaḥ tava □
niḥśrēyasam katham nṛṇām niṣēdha vidhi lakṣaṇam □ 3□

pitṛdēvamamuṣyāṇām vēdaḥ chakṣuḥ tava īśvara □
śrēyaḥ tu anupalabdhē arthē sādhyasādhanayōḥ api □ 4□

guṇadōṣabhidādṛṣṭiḥ nigamāt tē na hi svataḥ □
nigamēna apavādaḥ cha bhidāyāḥ iti hi bhramaḥ □ 5□

śrībhagavān uvācha □
yōgāḥ trayāḥ mayā prōktā nṛṇām śrēyōvidhitsayā □
jñānam karma cha bhaktiḥ cha na upāyaḥ anyāḥ asti kutrachit □

6□

nirviṇṇānām jñānayōgaḥ nyāsinām iha karmasu □
tēṣu anirviṇṇachittānām karmayōgaḥ ti kāminām □ 7□

yadṛchChayā mat kathā ādau jātaśraddhaḥ tu yaḥ pumān □
na nirviṇṇaḥ na atisaktaḥ bhaktiyōgaḥ asya siddhidaḥ □ 8□

tāvat karmāṇi kurvīta na nirvidyēta yāvatā □
mat kathāśravaṇa ādau vā śraddhā yāvat na jāyatē □ 9□

svadharmasthaḥ yajanyajñaiḥ anāśīḥ kāmāḥ uddhava □
na yāti svarganarakau yadi anyatra samācharēt □ 10□

asmin lōkē vartamānaḥ svadharmasthaḥ anaghaḥ śuchiḥ □
jñānaṃ viśuddhaṃ āpnōti madbhaktiṃ vā yadṛchChayā □ 11□

svarginaḥ api ētaṃ ichChanti lōkaṃ nirayiṇaḥ tathā □
sādhakaṃ jñānabhaktibhyāṃ ubhayaṃ tat asādhakam □ 12□

na naraḥ svargatiṃ kāṅkṣēt nārakīṃ vā vichakṣaṇaḥ □
na imaṃ lōkaṃ cha kāṅkṣēta dēha āvēśāt pramādyati □ 13□

ētat vidvān purā mṛtyōḥ abhavāya ghaṭēta saḥ □
apramattaḥ idaṃ jñātvā martyaṃ api arthasiddhidam □ 14□

Chidyamānaṃ yamaiḥ ētaiḥ kṛtanīḍaṃ vanaspatim □
khagaḥ svakētaṃ utsṛjya kṣēmaṃ yāti hi alampaṭaḥ □ 15□

ahōrātraīḥ Chidyamānaṃ buddhvāyuhḥ bhayavēpathuhḥ □
muktasaṅgaḥ paraṃ buddhvā nirīha upaśāmyati □ 16□

nṛdēhaṃ ādyaṃ sulabhaṃ sudurlabham
plavaṃ sukalpaṃ gurukarṇadhāram □
mayā anukūlēna nabhasvatēritam
pumān bhavābdhiṃ na tarēt saḥ ātmahā □ 17□

yadā ārambhēṣu nirviṇṇaḥ viraktaḥ saṃyatēndriyaḥ □
abhyāsēna ātmanaḥ yōgī dhārayēt achalaṃ manaḥ □ 18□

dhāryamāṇaṃ manaḥ yaḥ hi bhrāmyadāśu anavasthitam □
atandritaḥ anurōdhēna mārgeṇa ātmavaśaṃ nayēt □ 19□

manōgatiṃ na visṛjēt jitaprāṇaḥ jitēndriyaḥ □
sattvasampannayā buddhyā manaḥ ātmavaśaṃ nayēt □ 20□

ēṣaḥ vai paramaḥ yōgaḥ manasaḥ saṅgrahaḥ smṛtaḥ □
hṛdayajñatvaṃ anvichChan damyasya ēva arvataḥ muhuḥ □ 21□

sāṅkhyēna sarvabhāvānāṃ pratilōma anulōmataḥ □
bhava api ayau anudhyayēt manaḥ yāvat prasīdati □ 22□

nirviṇṇasya viraktasya puruṣasya uktavēdinaḥ □
manaḥ tyajati daurātmyaṃ chintitasya anuchintayā □ 23□

yama ādibhiḥ yōgapathaiḥ ānvīkṣikyā cha vidyayā □
mama archōpāsānābhiḥ vā na anyaiḥ yōgyaṃ smarēt manaḥ □ 24□

yadi kuryāt pramādēna yōgī karma vigarhitam □
yōgēna ēva dahēt aṃhaḥ na anyat tatra kadāchana □ 25□

svē svē adhikārē yā niṣṭhā saḥ guṇaḥ parikīrtitaḥ □
karmaṇām jāti aśuddhānām anēna niyamaḥ kṛtaḥ □
guṇadōṣavidhānēna saṅgānām tyājanēchChayā □ 26□

jātaśraddaḥ matkathāsu nirviṇṇaḥ sarvakarmasu □
vēda duḥkhātmakān kāmān parityāgē api anīśvaraḥ □ 27□

tataḥ bhajēta mām prītaḥ śraddhāluḥ dṛḍhaniśchayaḥ □
juṣamāṇaḥ cha tān kāmān duḥkha udarkān cha garhayan □ 28□

prōktēna bhaktiyōgēna bhajataḥ mā asakṛt munēḥ □
kāmāḥ hṛdayyāḥ naśyanti sarvē mayi hṛdi sthitē □ 29□

bhidyatē hṛdayagranthiḥ Chidyantē sarvasamśayāḥ □
kṣīyantē cha asya karmāṇi mayi dṛṣṭē akhila ātmani □ 30□

tasmāt madbhaktiyuktasya yōginaḥ vai mat ātmanaḥ □
na jñānaṃ na cha vairāgyaṃ prāyaḥ śrēyaḥ bhavēt iha □ 31□

yat karmabhiḥ yat tapasā jñānavairāgyataḥ cha yat □
yōgēna dānadharmēṇa śrēyōbhiḥ itaraiḥ api □ 32□

sarvaṃ madbhaktiyōgēna madbhaktaḥ labhatē añjasā □
svarga apavargaṃ mat dhāma kathañchit yadi vāñChati □ 33□

na kiñchit sādhaḥ dhīrāḥ bhaktāḥ hi ēkāntinaḥ mama □
vāñChati api mayā dattaṃ kaivalyaṃ apunarbhavam □ 34□

nairapēkṣyaṃ paraṃ prāhuḥ niḥśrēyaṣaṃ analpakam □
tasmāt nirāśiṣaḥ bhaktiḥ nirapēkṣasya mē bhavēt □ 35□

na mayi ēkāntabhaktānām guṇadōṣa udbhavāḥ guṇāḥ □
sādhūnām samachittānām buddhēḥ paraṃ upēyuṣām □ 36□

ēvaṃ ētat mayā ādiṣṭān anutiṣṭhanti mē pathaḥ □
kṣēmaṃ vindanti mat sthānaṃ yat brahma paramaṃ viduḥ □ 37□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyām
saṃhitāyāmēkādaśaskandhē bhagavaduddhavasamvādē
vēdatrayīvibhāgayōgō nāma viṃśō'dhyāyaḥ □ 20□

atha ěkaviṃśaḥ adhyāyaḥ 

śrībhagavān uvācha 

yaḥ ětān matpathaḥ hitvā bhaktijñānakriyātmakān 

kṣudrān kāmān chalaiḥ prānaiḥ juṣantaḥ saṃsaranti tē  1

svē svē adhikārē yā niṣṭhā saḥ guṇaḥ parikīrtitaḥ 

viparyayaḥ tu dōṣaḥ syāt ubhayōḥ ēṣaḥ niśchayaḥ  2

śuddhi aśuddhī vidhīyētē samānēṣu api vastuṣu 

dravyasya vichikitsārthaṃ guṇadōṣau śubha aśubhau  3

dharmārthaṃ vyavahārārthaṃ yātrārthaṃ iti cha anagha 

darśitaḥ ayaṃ mayā āchāraḥ dharmaṃ udvahatāṃ dhuram  4

bhūmi ambu agni anila ākāśāḥ bhūtānāṃ pañcha dhātavaḥ 

ābrahma sthāvara ādīnāṃ śarīrāḥ ātmasaṃyutāḥ  5

vēdēna nāmarūpāṇi viṣamāṇi samēṣu api 

dhātuṣu uddhava kalpyantaḥ ětēṣāṃ svārthasiddhayē  6

dēśa kāla ādi bhāvānāṃ vastūnāṃ mama sattama 

guṇadōṣau vidhīyētē niyamārthaṃ hi karmaṇām  7

akṣṇasāraḥ dēśānāṃ abrahmaṇyaḥ aśuchiḥ bhavēt 

kṣṇasāraḥ api asauvīra kīkaṭa asaṃskṛtēriṇam  8

karmaṇyaḥ guṇavān kālaḥ dravyataḥ svataḥ ēva vā 

yataḥ nivartatē karma saḥ dōṣaḥ akarmakaḥ smṛtaḥ  9

dravyasya śuddhi aśuddhī cha dravyēṇa vachanēna cha 

saṃskārēṇa atha kālēna mahattva alpatayā athavā  10

śaktyā aśaktyā athavā buddhyā samṛddhyā cha yat ātmanē 

aghaṃ kurvanti hi yathā dēśa avasthā anusārataḥ  11

dhānya dāru asthi tantūnāṃ rasa taijasa charmaṇām 

kāla vāyu agni mṛttōyaiḥ pārthivānāṃ yuta ayutaiḥ  12

amēdhyaḥliptaṃ yat yēna gandhaṃ lēpaṃ vyapōhati 

bhajatē prakṛtiṃ tasya tat śaucham tāvat iṣyatē  13

snāna dāna tapaḥ avasthā vīrya saṃskāra karmabhiḥ 

mat smṛtyā cha ātmanaḥ śaucham śuddhaḥ karma ācharēt dvijaḥ  14

mantrasya cha parijñānaṃ karmaśuddhiḥ madarpaṇam □
dharmah sampadyatē ṣaḍbhiḥ adharmah tu viparyayah □ 15□

kvachit guṇah api dōṣah syāt dōṣah api vidhinā guṇah □
guṇadōṣārthaniamah tat bhidāṃ ēva bādhatē □ 16□

samānakarma ācharaṇam patitānām na pātakam □
autpattikah guṇah saṅgaḥ na śayānah patati adhaḥ □ 17□

yataḥ yataḥ nivartēta vimuchyēta tataḥ tataḥ □
ēṣah dharmah nṛṇām kṣēmah śōkamōhabhaya apahaḥ □ 18□

viṣayēṣu guṇādhyāsāt puṃsaḥ saṅgaḥ tataḥ bhavēt □
saṅgāt tatra bhavēt kāmah kāmāt ēva kaliḥ nṛṇām □ 19□

kalēḥ durviṣahaḥ krōdhaḥ tamaḥ taṃ anuvartatē □
tamasā grasyatē puṃsaḥ chētanā vyāpinī drutam □ 20□

tayā virahitaḥ sādho jantuḥ śūnyāya kalpatē □
tataḥ asya svārthavibhramṣaḥ mūrchChitasya mṛtasya cha □ 21□

viṣayābhinivēsēna na ātmānaṃ vēda na aparam □
vṛkṣajīvikayā jīvan vyartham bhastra iva yah śvasan □ 22□

phalaśrutiḥ iyam nṛṇām na śrēyah rōchanam param □
śrēyōvivakṣayā prōktaṃ yathā bhaiṣajyarōchanam □ 23□

utpatti ēva hi kāmēṣu prāṇēṣu svajanēṣu cha □
āsaktamanasaḥ martyā ātmanah anarthahētuṣu □ 24□

na tāt aviduṣah svārtham bhrāmyataḥ vṛjinādhvani □
katham yuñjyāt punaḥ tēṣu tāt tamaḥ viśataḥ budhaḥ □ 25□

ēvaṃ vyavasitaṃ kēchit avijñāya kubuddhayaḥ □
phalaśrutiṃ kusumitām na vēdajñāḥ vadanti hi □ 26□

kāminah kṛpaṇāḥ lubdhāḥ puṣpēṣu phalabuddhayaḥ □
agnimugdhā dhumatāntāḥ svam lōkaṃ na vindanti tē □ 27□

na tē māṃ aṅgaḥ jānanti hṛdistham yah idam yataḥ □
ukthaśastrāḥ hi asutrpaḥ yathā nīhārachakṣuṣah □ 28□

tē mē mataṃ avijñāya parōkṣam viṣayātmakāḥ □
hiṃsāyām yadi rāgaḥ syāt yajñah ēva na chōdanā □ 29□

hiṃsāvihārāḥ hi alabdhaiḥ paśubhiḥ svasukhēchChayā □
yajantē dēvatāḥ yajñaiḥ pitṛbhūtapatīn khalāḥ □ 30□

svapn upamaṃ amuṃ lōkaṃ asantaṃ śravaṇapriyam □
āśiṣaḥ hṛdi saṅkalpya tyajanti arthān yathā vaṇik □ 31□

rajaḥsattvatamōniṣṭhāḥ rajaḥsattvatamōjuṣaḥ □
upāsataḥ indramukhyān dēvādīn na tathā ēva mām □ 32□

iṣṭvā iha dēvatāḥ yajñaiḥ gatvā raṃsyāmahē divi □
tasya antaḥ iha bhūyāsmāḥ mahāśālā mahākulāḥ □ 33□

ēvaṃ puṣpitayā vāchā vyākṣiptamanasāṃ nṛṇām □
māninān cha atistabdhānām madvārtā api na rōchatē □ 34□

vēdāḥ brahmātmaviṣayāḥ trikāṇḍaviṣayāḥ imē □
parōkṣavādāḥ ṛṣayaḥ parōkṣaṃ mama cha priyam □ 35□

śabdabrahma sudurbōdham prāṇa indriya manōmayam □
anantapāraṃ gambhīraṃ durvigāhyaṃ samudravat □ 36□

mayā upabṛṃhitam bhūmnā brahmaṇā anantaśaktinā □
bhūtēṣu ghōṣarūpēṇa bisēṣu ūrṇa iva lakṣyatē □ 37□

yathā ūrṇanābhiḥ hṛdayāt ūrṇām udvamatē mukhāt □
ākāśāt ghōṣavān prāṇaḥ manasā sparśarūpiṇā □ 38□

Chandōmayaḥ amṛtamayaḥ sahasrapadavīm prabhuh □
ōnkārāt vyañjita sparśa svara uṣma antastha bhūṣitām □

39□

vichitrabhāṣāvitātāṃ Chandōbhiḥ chatura uttaraiḥ □
anantapārāṃ bṛhatīm sṛjati ākṣipatē svayam □ 40□

gāyatrī uṣṇik anuṣṭup cha bṛhatī paṅktiḥ ēva cha □
triṣṭup jagatī atichChandaḥ hi atyaṣṭi atijagat virāṭ □ 41□

kiṃ vidhattē kiṃ āchaṣṭē kiṃ anūdya vikalpayēt □
iti asyāḥ hṛdayam lōkē na anyāḥ mat vēda kaśchana □ 42□

mām vidhattē abhidhattē mām vikalpya apōhyatē tu aham □
ētāvān sarvavēdārthaḥ śabdaḥ āsthāya mām bhidām □
māyāmātraṃ anūdya antē pratiṣidhya prasīdati □ 43□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē bhagavadddhavasamvādē
vēdatrayavibhāganirūpaṇaṃ nāma ēkaviṃśō'dhyāyaḥ □ 21□

atha dvāviṃśaḥ adhyāyaḥ □
uddhavaḥ uvācha □
kati tattvāni viśvēśa saṅkhyātāni ṛṣibhiḥ prabhō □
nava ēkādaśa pañcha trīṇi āttha tvaṃ iha śuśrūma □ 1□

kēchit ṣaḍviṃśatiṃ prāhuḥ aparē pañchaviṃśatiṃ □
sapta ēkē nava ṣaṭ kēchit chatvāri ēkādaśa aparē □
kēchit saptadaśa prāhuḥ ṣōḍaśa ēkē trayōdaśa □ 2□

ētāvat tvaṃ hi saṅkhyānāṃ ṛṣayaḥ yat vivakṣayā □
gāyanti pṛthak āyusman idaṃ naḥ vaktuṃ arhasi □ 3□

śrībhagavān uvācha □
yuktaṃ cha santi sarvatra bhāṣantē brāhmaṇāḥ yathā □
māyāṃ madīyāṃ udgrhya vadatāṃ kiṃ nu durghaṭam □ 4□

na ētat ēvaṃ yathā āttha tvaṃ yat ahaṃ vachmi tat tathā □
ēvaṃ vivadatāṃ hētum śaktayaḥ mē duratyayāḥ □ 5□

yāsāṃ vyatikarāt āsīt vikalpaḥ vadatāṃ padam □
prāptē śamadame api ēti vādastamanu śāmyati □ 6□

parasparān anupravēśāt tattvānāṃ puruṣarṣabha □
paurva aparya prasaṅkhyānaṃ yathā vaktuḥ vivakṣitam □ 7□

ēkasmin api dr̥śyantē praviṣṭāni itarāṇi cha □
pūrvasmin vā parasmin vā tattvē tattvāni sarvaśaḥ □ 8□

paurva aparyaṃ ataḥ amīṣāṃ prasaṅkhyānaṃ abhīpsatām □
yathā viviktaṃ yat vaktraṃ gr̥hṇīmaḥ yuktisambhavāt □ 9□

anādi avidyāyuktasya puruṣasya ātmavēdanam □
svataḥ na sambhavāt anyaḥ tattvajñāḥ jñānadaḥ bhavēt □ 10□

puruṣa īśvarayōḥ atra na vailakṣaṇyaṃ aṇu api □
tat anyakalpanāpārthā jñānaṃ cha prakṛtēḥ guṇaḥ □ 11□

prakṛtiḥ guṇasāmyaṃ vai prakṛtēḥ na ātmanaḥ guṇāḥ □
sattvaṃ rajaḥ tamaḥ iti sthiti utpatti antahētavaḥ □ 12□

sattvaṃ jñānaṃ rajaḥ karma tamaḥ ajñānaṃ iha uchyatē □
guṇavyatikaraḥ kālaḥ svabhāvaḥ sūtraṃ ēva cha □ 13□

puruṣaḥ prakṛtiḥ vyaktaṃ ahaṅkāraḥ nabhaḥ anilaḥ □
jyōtiḥ āpaḥ kṣitiḥ iti tattvāni uktāni mē nava □ 14□

śrōtraṃ tvak darśanaṃ ghrāṇaḥ jihvā iti jñānaśaktayaḥ □
vāk pāṇi upastha pāyu aṅghriḥ karmāṅyaṅga ubhayaṃ manaḥ □ 15□

śabdaḥ sparśaḥ rasaḥ gandhaḥ rūpaṃ cha iti arthajātayaḥ □
gati ukti utsarga śilpāni karma āyatana siddhayaḥ □ 16□

sarga ādau prakṛtiḥ hi asya kārya kāraṇa rūpiṇī □
sattva ādibhiḥ guṇaiḥ dhattē puruṣaḥ avyaktaḥ īkṣatē □ 17□

vyakta ādayaḥ vikurvāṇāḥ dhātavaḥ puruṣa īkṣayā □
labdhavīryāḥ sṛjanti aṅgaṃ samhatāḥ prakṛtēḥ balāt □ 18□

sapta ēva dhātavaḥ iti tatra arthāḥ pañcha khādayaḥ □
jñānaṃ ātmā ubhaya ādhāraḥ tataḥ dēha indriya āsavaḥ □ 19□

ṣaḍ iti atra api bhūtāni pañcha ṣaṣṭhaḥ paraḥ pumān □
taiḥ yuktaḥ ātmasambhūtaiḥ sṛṣṭvā idam samupāviśat □ 20□

chatvāri ēva iti tatra api tējaḥ āpaḥ annaṃ ātmanaḥ □
jātāni taiḥ idam jātaṃ janma avayavinaḥ khalu □ 21□

saṅkhyānē saptadaśakē bhūtamātra indriyāṇi cha □
pañchapañcha ēka manasā ātmā saptadaśaḥ smṛtaḥ □ 22□

tadvat ṣōḍaśasaṅkhyānē ātmā ēva manaḥ uchyatē □
bhūtēndriyāṇi pañcha ēva manaḥ ātmā trayōdaśaḥ □ 23□

ēkādaśatvaḥ ātmā asau mahābhūtēndriyāṇi cha □
aṣṭau prakṛtayaḥ cha ēva puruṣaḥ cha nava iti atha □ 24□

iti nānā prasaṅkhyānaṃ tattvānāṃ ṛṣibhiḥ kṛtam □
sarvaṃ nyāyamaṃ yuktimatvāt viduṣāṃ kiṃ aśōbhanam □ 25□

uddhavaḥ uvācha □
prakṛtiḥ puruṣaḥ cha ubhau yadi api ātmavilakṣaṇau □
anyōnya apāśrayāt kṛṣṇa dṛśyatē na bhidā tayōḥ □
prakṛtau lakṣyatē hi ātmā prakṛtiḥ cha tathā ātmani □ 26□

ēvaṃ mē puṇḍarīkākṣa mahāntaṃ saṃśayaṃ hṛdi □
Chēttuṃ arhasi sarvajña vachōbhiḥ nayanaipuṇaiḥ □ 27□

tvattaḥ jñānaṃ hi jīvānām pramōśaḥ tē atra śaktitaḥ □
tvam ēva hi ātma māyāyā gatiṃ vēttha na cha aparāḥ □ 28□

śrībhagavān uvācha □
prakṛtiḥ puruṣaḥ cha iti vikalpaḥ puruṣarṣabha □
ēśaḥ vaikārikaḥ sargaḥ guṇavyatikarātmakaḥ □ 29□

mama aṅga māyā guṇamayī anēkadhā
vikalpabuddhīḥ cha guṇaiḥ vidhattē □
vaikārikaḥ trividhaḥ adhyātmaṃ ēkam
atha adhidaivaṃ adhibhūtaṃ anyat □ 30□

dr̥k rūpaṃ ārkaṃ vapuḥ atra randhrē
parasparaṃ sidhyati yaḥ svataḥ khē □
ātmā yat ēśaṃ aparāḥ yaḥ ādyaḥ
svayā anubhūtya akhilasiddhasiddhiḥ □
ēvaṃ tvak ādi śravaṇādi chakṣuḥ
jihva ādi nāsa ādi cha chittayuktam □ 31□

yaḥ asau guṇakṣōbhakṛtau vikāraḥ
pradhānamūlāt mahataḥ prasūtaḥ □
ahaṃ trivṛt mōhavikalpahētuḥ
vaikārikaḥ tāmasaḥ aindriyaḥ cha □ 32□

ātmāparijñānamayaḥ vivādaḥ
hi asti iti na asti iti bhidārthaniṣṭhaḥ □
vyarthaḥ api na ēva uparamēta puṃsām
mattaḥ parāvṛttadhiyām svalōkāt □ 33□

uddhavaḥ uvācha □
tvattaḥ parāvṛttadhiyaḥ svakṛtaiḥ karmabhiḥ prabhō □
uchcha avachān yathā dēhān gr̥hṇanti visṛjanti cha □ 34□

tat mama ākhyāhi gōvinda durvibhāvyam anātmabhiḥ □
na hi ētat prāyaśaḥ lōkē vidvāṃsaḥ santi vañchitāḥ □ 35□

śrībhagavān uvācha □
manaḥ karmamayaṃ nṛṇām indriyaiḥ pañchabhiḥ yutam □
lōkāt lōkaṃ prayāti anyathā ātmā tat anuvartatē □ 36□

dhyāyan manaḥ anuviṣayān dṛṣṭān vā anuśrutān atha □
udyat sīdat karmatantram smṛtiḥ tat anuśāmyati □ 37□

viṣaya abhinivēśēna na ātmānaṃ yat smarēt punaḥ □
jantōḥ vai kasyachit hētōḥ mṛtyuḥ atyantavismṛtiḥ □ 38□

janma tu ātmatayā puṃsaḥ sarvabhāvēna bhūrida □
viṣaya svīkṛtiṃ prāhuḥ yathā svapnamanōrathaḥ □ 39□

svapnaṃ manōrathaṃ cha itthaṃ prāktanāṃ na smarati asau □
tatra pūrvaṃ iva ātmānaṃ apūrvaṃ cha anupaśyati □ 40□

indriya āyana sṛṣṭyā idaṃ traividhyaṃ bhāti vastuni □
bahīḥ antaḥ bhidāhētuh janaḥ asat janakṛt yathā □ 41□

nityadā hi aṅgaḥ bhūtāni bhavanti na bhavanti cha □
kālēna alkṣyavēgēna sūkṣmatvāt tat na dṛśyatē □ 42□

yathā archiṣāṃ srōtasāṃ cha phalānāṃ vā vanaspatēḥ □
tathā ēva sarvabhūtānāṃ vayaḥ avasthā ādayaḥ kṛtāḥ □ 43□

saḥ ayaṃ dīpaḥ archiṣāṃ yadvat srōtasāṃ tat idaṃ jalam □
saḥ ayaṃ puṃān iti nṛṇāṃ mṛṣāḥ gīḥ dhīḥ mṛṣā
āyusām □ 44□

mā svasya karmabījēna jāyatē saḥ api ayaṃ puṃān □
mriyatē vāmarāḥ bhrāntyā yathā agniḥ dāru saṃyutaḥ □ 45□

niṣēkagarbhajanmāni bālyakaumārayauvanam □
vayōmadhyaṃ jarā mṛtyuḥ iti avasthāḥ tanōḥ nava □ 46□

ētāḥ manōrathamayīḥ hi anyasya uchchāvachāḥ tanūḥ □
guṇasaṅgāt upādattē kvachit kaśchit jahāti cha □ 47□

ātmanaḥ pitṛputrābhyāṃ anumēyau bhavāpyayau □
na bhavāpyayavastūnāṃ abhijñāḥ dvayalakṣaṇaḥ □ 48□

tarōḥ bījavipākābhyāṃ yaḥ vidvāt janmasaṃyamau □
tarōḥ vilakṣaṇaḥ draṣṭā ēvaṃ draṣṭā tanōḥ pṛthak □ 49□

prakṛtēḥ ēvaṃ ātmānaṃ avivichya abudhaḥ puṃān □
tattvēna sparśasammūḍhaḥ saṃsāraṃ pratipadyatē □ 50□

sattvasaṅgāt ṛṣīn dēvān rajasā asuramānuṣān □
tamasā bhūtatiryaktvaṃ bhrāmitaḥ yāti karmabhiḥ □ 51□

nṛtyataḥ gāyataḥ paśyan yathā ēva anukarōti tān □
ēvaṃ buddhiguṇān paśyan anīhaḥ api anukāryatē □ 52□

yathā ambhasā prachalatā taravaḥ api chalāḥ iva □
chakṣuṣā bhrāmyamāṇēna dṛśyatē bhramati iva bhūḥ □ 53□

yathā manōrathadhiyaḥ viṣayānubhavaḥ mṛṣā □
svapnadṛṣṭāḥ cha dāśārha tathā saṃsāraḥ ātmanaḥ □ 54□

arthē hi avidyamānē api saṃsṛtiḥ na nivartatē □
dhyāyataḥ viṣayān asya svapnē anartha āgamaḥ yathā □ 55□

tasmāt uddhava mā bhukṣva viṣayān asat indriyaiḥ □
ātmā agrahaṇanirbhātaṃ paśya vaikalpikaṃ bhramam □ 56□

kṣiptaḥ avamānitaḥ asadbhiḥ pralabdhaḥ asūyitaḥ athavā □
tāḍitaḥ sannibaddhaḥ vā vṛttyā vā parihāpitaḥ □ 57□

niṣṭhitaḥ mūtritaḥ bahudhā ēvaṃ prakampitaḥ □
śrēyaskāmaḥ kṛchChragataḥ ātmanā ātmānaṃ uddharēt □ 58□

uddhavaḥ uvācha □
yathā ēvaṃ anubuddhyēyaṃ vada naḥ vadatāṃ vara □
suduḥsahaṃ imaṃ manyāḥ ātmani asat atikramam □ 59□

viduṣaṃ api viśvātman prakṛtiḥ hi balīyasī □
ṛtē tvat dharmaniratān śāntāḥ tē charaṇālayān □ 60□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē bhagavaduddhavasamvādē
dvāvīṣṭō'dhyāyaḥ □ 22□

atha trayōviṃśaḥ adhyāyaḥ □
bādarāyaṇiḥ uvācha □
saḥ ēvaṃ āśaṃsitaḥ uddhavēna
bhāgavatamukhyēna dāśārhamukhyaḥ □
sabhājayan bṛtyavachaḥ mukundaḥ
taṃ ābabhāṣē śravaṇīyavīryaḥ □ 1□

śrībhagavān uvācha □
barhaspatya saḥ vai na atra sādhuḥ vai durjan īritaiḥ □
duruktaiḥ bhinnam ātmānaṃ yaḥ samādhātuṃ īśvaraḥ □ 2□

na tathā tapyatē viddhaḥ pumān bāṇaiḥ sumarmagaiḥ □
yathā tudanti marmasthāḥ hi asatām paruṣeṣavaḥ □ 3□

kathayanti mahatpuṇyaṃ itihāsaṃ iha uddhava □
taṃ ahaṃ varṇayiṣyāmi nibōdha susamāhitaḥ □ 4□

kēnachit bhikṣuṇā gītaṃ paribhūtēna durjanaiḥ □
smaratāḥ dhṛtiyuktēna vipākaṃ nijakarmanām □ 5□

avaniṣu dvijaḥ kaśchit āsīt āḍhyatamaḥ śriyā □
vārtāvṛttiḥ kadaryaḥ tu kāmī lubdhaḥ atikōpanaḥ □ 6□

jñātayaḥ atithayaḥ tasya vānmātrēṇa api na architāḥ □
śūnya avasathaḥ ātmā api kālē kāmāiḥ anarchitaḥ □ 7□

duḥśīlasya kadaryasya druhyantē putrabāndhavāḥ □
dārā duhitarāḥ bhrtyāḥ viṣaṇṇāḥ na ācharan priyam □ 8□

tasya ēvaṃ yakṣavittasya chyutasya ubhayalōkataḥ □
dharmakāmavihīnasya chukrudhuḥ pañchabhāgīnaḥ □ 9□

tat avadhyāna visrasta puṇya skandhasya bhūrida □
arthaḥ api agachChan nidhanaṃ bahu āyāsa pariśramaḥ □ 10□

jñātayaḥ jagṛhuḥ kiñchit kiñchit asyavaḥ uddhava □
daivataḥ kālataḥ kiñchit brahmabandhōḥ nṛpārthivāt □ 11□

saḥ ēvaṃ draviṇē naṣṭē dharmakāmavivarjitaḥ □
upēkṣitaḥ cha svajanaiḥ chintām āpa duratyayām □ 12□

tasya ēvaṃ dhyāyataḥ dīrghaṃ naṣṭarāyaḥ tapasvinaḥ □
khidyataḥ bāṣpakaṇṭhasya nirvēdaḥ sumahān abhūt □ 13□

saḥ cha āha idaṃ ahō kaṣṭaṃ vṛthā ātmā mē anutāpitaḥ □
na dharmāya na kāmāya yasya artha āyāsaḥ īdrśaḥ □ 14□

prāyēṇa arthāḥ kadaryāṇām na sukhāya kadāchana □
iha cha ātmōpatāpāya mṛtasya narakāya cha □ 15□

yaśaḥ yaśasvinām śuddhaṃ ślāghyāḥ yē guṇinām guṇāḥ □
lōbhaḥ svalpaḥ api tān hanti śvitraḥ rūpaṃ iva ipsitam □ 16□

arthasya sādhanē siddhaḥ utkarṣē rakṣaṇē vyayē □
nāśa upabhōgaḥ āyāsaḥ trāsaḥ chintā bhramaḥ nṛṇām □ 17□

stēyaṃ hiṃsā anṛtaṃ dambhaḥ kāmaḥ krōdhaḥ smayaḥ madaḥ □
bhēdaḥ vairam̐ aviśvāsaḥ saṃspardhā vyasanāni cha □ 18□

ētē pañchadaśān arthāḥ hi arthamūlāḥ matāḥ nṛṇām □
tasmāt anarthaṃ arthākhyam̐ śrēyaḥ arthī dūrataḥ tyajēt □ 19□

bhidyantē bhrātaraḥ dārāḥ pitarāḥ suhr̥daḥ tathā □
ēkāsniḡdhāḥ kākiṇinā sadyaḥ sarvē arayaḥ kṛtāḥ □ 20□

arthēna alpīyasā hi ētē saṃrabdhā dīptaṃ anyavaḥ □
tyajanti āśu spr̥dhaḥ ghnanti sahasā utsṛjya sauhṛdam □

21□

labdhvā janma amaraprārthyaṃ mānuṣyaṃ tat dvija agryatām □
tat anādṛtya yē svārthaṃ ghnanti yānti aśubhām̐ gatim □

22□

svarga apavargayōḥ dvāram̐ prāpya lōkaṃ imaṃ pumān □
draviṇē kaḥ anūṣajjēta martyaḥ anarthasya dhāmani □ 23□

dēvarṣi pitṛ bhūtāni jñātīn bandhūn cha bhāḡinaḥ □
asaṃvibhajya cha ātmānaṃ yakṣavittaḥ patati adhaḥ □ 24□

vyarthayā arthēhayā vittaṃ pramattasya vayaḥ balam □
kuśalāḥ yēna sidhyanti jaraṭhaḥ kiṃ nu sādhyē □ 25□

kasmāt saṅkliśyatē vidvān vyarthayā arthēhayā asaḡṛt □
kasyachit māyayā nūnaṃ lōkaḥ ayaṃ suvimōhitaḥ □ 26□

kiṃ dhanaiḥ dhanadaiḥ vā kiṃ kāmaiḥ vā kāmadaiḥ uta □
mṛtyunā grasyamānasya karmabhiḥ vā uta janmadaiḥ □ 27□

nūnaṃ mē bhagavān tuṣṭaḥ sarvadēvamayaḥ hariḥ □
yēna nītaḥ daśām̐ ētām̐ nirvēdaḥ cha ātmanaḥ plavaḥ □ 28□

saḥ ahaṃ kalau aśēṣēṇa śōṣayihhyē aṅgaṃ ātmanaḥ □
apramattaḥ akhilaśvārthē yadi syāt siddhaḥ ātmani □ 29□

tatra māṃ anumōdēran dēvāḥ tribhuvanēśvarāḥ □
muhūrtēna brahmalōkaṃ khaṭvāṅgaḥ samasādhayat □ 30□

śrībhaḡavān uvācha □

iti abhiprētya manasā hi āvantaḥ dvijasattamaḥ □

unmuchya hṛdayagranthīn śāntaḥ bhikṣuḥ abhūt muniḥ ॥ 31॥

saḥ chachāra mahīm ētām saṃyata ātmēndriya anilaḥ ॥
bhikṣārthaṃ nagara grāmān asaṅgaḥ alakṣitaḥ aviśat ॥ 32॥

taṃ vai pravayaśaṃ bhikṣuṃ avadhūtaṃ asajjanāḥ ॥
dṛṣṭvā paryabhavan bhadrāḥ bahvībhiḥ paribhūtibhiḥ ॥ 33॥

kēchit trivēṇuṃ jagṛhuḥ ēkē pātraṃ kamaṅḍalum ॥
pīṭhaṃ cha ēkē akṣasūtraṃ cha kanthāṃ chīrāṇi kēchana ॥ 34॥

pradāya cha punaḥ tāni darśitāni ādaduḥ munēḥ ॥
annaṃ cha bhaikṣyasampannaṃ bhuñjānasya sarit taṭē ॥ 35॥

mūtrayanti cha pāpiṣṭhāḥ ṣṭhīvanti asya cha mūrdhani ॥
yatavāchaṃ vāchayanti tāḍayanti na vakti chēt ॥ 36॥

tarjayanti aparē vāgbhiḥ stēnaḥ ayaṃ iti vādinaḥ ॥
badhnanti rajjvā taṃ kēchit badhyatām badhyatām iti ॥ 37॥

kṣipanti ēkē avajānantaḥ ēśaḥ dharmadhvajāḥ śaṭhaḥ ॥
kṣīṇavittaḥ imām vṛttiṃ agrahīt svajana ujjhitaḥ ॥ 38॥

ahō ēśaḥ mahāsāraḥ dhṛtimān giriḥ āḍiva ॥
maunēna sādhayati arthaṃ bakavat dṛḍhaniśchayaḥ ॥ 39॥

iti ēkē vihasanti ēnaṃ ēkē durvātayanti cha ॥
taṃ babandhuḥ nirurudhuḥ yathā krīḍanakaṃ dvijam ॥ 40॥

ēvaṃ saḥ bhautikaṃ duḥkhaṃ daivikaṃ daihikaṃ cha yat ॥
bhōktavyaṃ ātmanaḥ diṣṭaṃ prāptaṃ prāptaṃ abudhyata ॥ 41॥

paribhūtaḥ imām gāthāṃ agāyata narādhamaiḥ ॥
pātayadbhiḥ svadharmasthaḥ dhṛtiṃ āsthāya sātvikīm ॥ 42॥

dvijaḥ uvācha ॥
na ayaṃ janaḥ mē sukhaduḥkhahētuḥ
na dēvatātmā grahakarmakālāḥ ॥
manaḥ paraṃ kāraṇaṃ āmananti
saṃsārachakraṃ parivartayēt yat ॥ 43॥

manaḥ guṇān vai sṛjatē balīyaḥ
tataḥ cha karmāṇi vilakṣaṇāni ॥
śuklāni kṛṣṇāni atha lōhitāni
tēbhyaḥ savarṇāḥ sṛtayaḥ bhavanti ॥ 44॥

anīhaḥ ātmā manasā samīhatā
hiraṇmayah matsakhaḥ udvichaṣṭē □
manaḥ svaliṅgaḥ parigrhya kāmān
juṣan nibaddhaḥ guṇasaṅgataḥ asau □ 45□

dānaḥ svadharmah niyamaḥ yamaḥ cha
śrutaḥ cha karmāṇi cha sadvratāni □
sarvē manōnigrahalakṣaṇāntāḥ
paraḥ hi yōgaḥ manasaḥ samādhi □ 46□

samāhitaḥ yasya manaḥ praśāntam
dānādibhiḥ kiṃ vada tasya kṛtyam □
asaṃyataḥ yasya manaḥ vinaśyat
dānādibhiḥ chēt aparaḥ kimēbhiḥ □ 47□

manōvaśē anyē hi abhavan sma dēvāḥ
manaḥ cha na anyasya vaśam samēti □
bhīṣmaḥ hi dēvaḥ sahasaḥ saḥiyān
yuñjyāt vaśē taḥ saḥ hi dēvadēvaḥ □ 48□

taḥ durjayaḥ śatruḥ asahyavēgaḥ
maruntudaḥ tat na vijitya kēchit □
kurvanti asat vigrahaḥ atra martyaiḥ
mitrāṇi udāsīna ripūn vimūḍhāḥ □ 49□

dēhaḥ manōmātraḥ imaḥ grhītvā
mama ahaḥ iti andha dhiyaḥ manuṣyāḥ □
ēṣaḥ ahaḥ anyaḥ ayaḥ iti bhramēṇa
durantapārē tamasi bhramanti □ 50□

janaḥ tu hētuḥ sukhaduḥkhayōḥ chēt
kiṃ ātmanaḥ cha atra ha bhaumayōḥ tat □
jihvām kvachit sandaśati svadadbhiḥ
tat vēdanāyām katamāya kupyēt □ 51□

duḥkhasya hētuḥ yadi dēvatāḥ tu
kiṃ ātmanaḥ tatra vikārayōḥ tat □
yat aṅgaḥ aṅgēna nihanyatē kvachit
krudhyēta kasmai puruṣaḥ svadēhē □ 52□

ātmā yadi syāt sukhaduḥkhahētuḥ
kiṃ anyataḥ tatra nijasvabhāvaḥ □
na hi ātmanaḥ anyat yadi tat mṛṣā syāt

krudhyēta kasmāt na sukhaṃ na duḥkham ॥ 53॥

grahāḥ nimittaṃ sukhaduḥkhayōḥ chēt
kiṃ ātmanaḥ ajasya janasya tē vai ॥
grahaiḥ grahasya ēva vadanti pīḍām
krudhyēta kasmai puruṣaḥ tataḥ anyaḥ ॥ 54॥

karmāḥ tu hētuḥ sukhaduḥkhayōḥ chēt
kiṃ ātmanaḥ tat hi jaḍājaḍatvē ॥
dēhaḥ tu achitpuruṣaḥ ayaṃ suparṇaḥ
krudhyēta kasmai na hi karmamūlam ॥ 55॥

kālaḥ tu hētuḥ sukhaduḥkhayōḥ chēt
kiṃ ātmanaḥ tatra tat ātmakaḥ asau ॥
na agnēḥ hi tāpaḥ na himasya tat syāt
krudhyēta kasmai na parasya dvandvam ॥ 56॥

na kēnachit kva api kathañchana asya
dvandva uparāgaḥ parataḥ parasya ॥
yathāhamaḥ saṃsṛtirūpiṇaḥ syāt
ēvaṃ prabuddhaḥ na bibhēti bhūtaiḥ ॥ 57॥

ētāṃ saḥ āsthāya parātmaniṣṭhām
adhyāsītāṃ pūrvatamaiḥ maharṣibhiḥ ॥
ahaṃ tariṣyāmi durantapāram
tamaḥ mukunda aṅghriniṣēvayā ēva ॥ 58॥

śrībhagavān uvācha ॥
nirvidya naṣṭadraviṇaḥ gataklamaḥ
pravrajya gāṃ paryaṭamānaḥ ittham ॥
nirākṛtaḥ asadbhiḥ api svadharmāt
akampitaḥ amuṃ muniḥ āha gāthām ॥ 59॥

sukhaduḥkhapradaḥ na anyaḥ puruṣasya ātmavibhramaḥ ॥
mitra udāsīnaripavaḥ saṃsāraḥ tasmaḥ kṛtaḥ ॥ 60॥

tasmāt sarvātmanā tāta nigrhāṇa manō dhiyā ॥
mayi āvēśitayā yuktaḥ ētāvān yōgasaṅgrahaḥ ॥ 61॥

yaḥ ētāṃ bhikṣuṇā gītāṃ brahmaniṣṭhām samāhitaḥ ॥
dhārayan śrāvayan śruṇvan dvandvaiḥ na ēva abhibhūyatē ॥ 62॥

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē bhagavaduddhavasamvādē
bikṣugītanirūpaṇaṃ nāma trayōviṃśō'dhyāyaḥ 23

atha chaturviṃśō'dhyāḥ

śrībhagavān uvācha

atha tē sampravakṣyāmi sāṅkhyāṃ pūrvaiḥ viniśchitam
yat vijñāya pumān sadyaḥ jahyāt vaikalpikaṃ bhramam 1

āsīt jñānaṃ athaḥ hi arthaḥ ēkaṃ ēva avikalpitam
yadā vivēkanipuṇāḥ ādau kṛtayugē ayugē 2

tat māyāphalarūpēṇa kēvalaṃ nirvikalpitam
vāñmanaḥ agōcharaṃ satyaṃ dvidhā samabhavat bṛhat 3

tayōḥ ēkatarāḥ hi arthaḥ prakṛtiḥ sōbhayātmikā
jñānaṃ tu anyatarāḥ bhāvaḥ puruṣaḥ saḥ abhidhīyatē 4

tamaḥ rajaḥ sattvaṃ iti prakṛtēḥ abhavan guṇāḥ
mayā prakṣōbhya māñāyāḥ puruṣa anumatēna cha 5

tēbhyaḥ samabhavat sūtraṃ mahān sūtrēṇa saṃyutaḥ
tataḥ vikurvataḥ jātaḥ yaḥ ahaṅkāraḥ vimōhanaḥ 6

vaikārikaḥ taijasaḥ cha tāmasaḥ cha iti ahaṃ trivṛt
tanmātra indriya manasāṃ kāraṇaṃ chit achit mayaḥ 7

arthaḥ tanmātrikāt jajñē tāmasāt indriyāṇi cha
taijasāt dēvatāḥ āsan ēkādaśa cha vaikṛtāt 8

mayā sañchōditāḥ bhāvāḥ sarvē saṃhati akāriṇaḥ
aṇḍaṃ utpādayāmāsuḥ mama āyatanaṃ uttamam 9

tasmin ahaṃ samabhavaṃ aṇḍē salilasamsthitaḥ
mama nābhyāṃ abhūt padmaṃ viśvākhyāṃ tatra cha ātmabhūḥ

10

saḥ asṛjat tapasā yuktaḥ rajasā mat anugrahāt
lōkān sapālān viśvātmā bhūḥ bhuvaḥ svaḥ iti tridhā 11

dēvānāṃ ōkaḥ āsīt svaḥ bhūtānāṃ cha bhuvaḥ padam
martya ādīnāṃ cha bhūḥ lōkaḥ siddhānāṃ tritayāt param

12

adhaḥ asurāṇaṃ nāgānāṃ bhūmēḥ ōkaḥ asṛjat prabhuḥ □
trilōkyāṃ gatayaḥ sarvāḥ karmaṇāṃ triguṇa ātmanāṃ □ 13□

yōgasya tapasaḥ cha ēva nyāsasya gatayaḥ amalāḥ □
mahaḥ janaḥ tapaḥ satyaṃ bhaktiyōgasya madgatiḥ □ 14□

mayā kālātmanā dhātrā karmayuktaṃ idaṃ jagat □
guṇapravāhaḥ ētasmin unmajjati nimajjati □ 15□

aṇuḥ bṛhat kṛśaḥ sthūlaḥ yaḥ yaḥ bhāvaḥ prasidhyati □
sarvaḥ api ubhayasaṃyuktaḥ prakṛtyā puruṣēṇa cha □ 16□

yaḥ tu yasya ādiḥ antaḥ cha saḥ vai madhyaṃ cha tasya san □
vikāraḥ vyavahārārthaḥ yathā taijasa pārthivāḥ □ 17□

yat upādāya pūrvaḥ tu bhāvaḥ vikurutē aparam □
ādiḥ antaḥ yadā yasya tat satyaṃ abhidhīyatē □ 18□

prakṛtiḥ hi asya upādānaṃ ādhāraḥ puruṣaḥ paraḥ □
sataḥ abhivyañjakaḥ kālaḥ brahma tat tritayaṃ tu aham □ 19□

sargaḥ pravartatē tāvat paurva aparyēṇa nityaśaḥ □
mahān guṇavisarga arthaḥ sthiti antaḥ yāvat īkṣaṇam □ 20□

virāṭ mayā āsādyamānaḥ lōkakalpavikalpakaḥ □
pañchatvāya viśēṣāya kalpatē bhuvanaiḥ saha □ 21□

annē pralīyatē martyaṃ annaṃ dhānāsu līyatē □
dhānāḥ bhūmau pralīyantē bhūmiḥ gandhē pralīyatē □ 22□

apsu pralīyantē gandhaḥ āpaḥ cha svaguṇē rasē □
līyatē jyōtiṣi rasaḥ jyōtī rūpē pralīyatē □ 23□

rūpaṃ vāyau saḥ cha sparśē līyatē saḥ api cha ambarē □
ambaram śabdatanmātraḥ indriyāṇi svayōniṣu □ 24□

yōniḥ vaikārikē saumya līyatē manasi īśvarē □
śabdaḥ bhūtādiṃ api ēti bhūtādiḥ mahati prabhuḥ □ 25□

saḥ līyatē mahān svēṣu guṇēṣu guṇavattamaḥ □
tē avyaktē sampralīyantē tatkalē līyatē avyayē □ 26□

kālaḥ mājāmayē jīvē jīvaḥ ātmani mayi ajē □
ātmā kēvalaḥ ātmasthaḥ vikalpa apāya lakṣaṇaḥ □ 27□

ēvaṃ anvīkṣamāṇasya katham vaikalpikaḥ bhramah □
manasaḥ hr̥di tiṣṭhēta vyōmni iva arka udayē tamaḥ □ 28□

ēṣaḥ sāṅkhyavidhiḥ prōktaḥ saṃśayagranthibhēdanaḥ □
pratilōma anulōmābhyaṃ parāvaradṛśā mayā □ 29□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
prakṛtipuruṣasāṅkhyayōgō nāma chaturviṃśō'dhyāyaḥ □ 24□

atha pañchaviṃśō'dhyāyaḥ □
śrībhagavānuvācha □
guṇānāṃ asamiśrāṇāṃ pumānyēna yathā bhavēt □
tanmē puruṣavyaya iadaṃ upadhāraya śaṃsataḥ □ 1□

samaḥ damaḥ titikṣā īkṣā tapaḥ satyaṃ dayā smṛtiḥ □
tuṣṭiḥ tyāgaḥ aspr̥hā śraddhā hr̥iḥ dayā ādiḥ svanirvṛtiḥ □ 2□

kāmaḥ īhā madaḥ tṛṣṇā stambhaḥ āśīḥ bhidā sukham □
mada utsāhaḥ yaśaḥ pr̥itiḥ hāsyam vīryam bala udyamaḥ □ 3□

krōdhaḥ lōbhaḥ anṛtaṃ hiṃsā yāñchā dambhaḥ klamaḥ kaliḥ □
śōkamōhau viṣādārtī nidrā āśā bhīḥ anudyamaḥ □ 4□

sattvasya rajasah cha ētāḥ tamasah cha anumūrvaśah □
vṛttayaḥ varṇitaprāyāḥ sannipātaṃ athaḥ śruṇu □ 5□

sannipātaḥ tu ahaṃ iti mama iti uddhava yā matiḥ □
vyavahāraḥ sannipātaḥ manōmātra indriyāsubhiḥ □ 6□

dharmē cha arthē cha kāmē cha yadā asau pariniṣṭhitaḥ □
guṇānāṃ sannikarṣaḥ ayaṃ śraddhāḥ atidhanāvahaḥ □ 7□

pravṛttilakṣaṇē niṣṭhā pumān yaḥ hi gṛhāśramē □
svadharmē cha anutiṣṭhēta guṇānāṃ samitiḥ hi sā □ 8□

puruṣam sattvasamyuktaṃ anumīyāt śama ādibhiḥ □
kāmadibhī rajōyuktaṃ krōdhādyaiḥ tamasā yutam □ 9□

yadā bhajati mām bhaktyā nirapēkṣaḥ svakarmabhiḥ □
taṃ sattvaprakṛtiṃ vidyāt puruṣam striyam ēva vā □ 10□

yadā āśiṣaḥ āśāsya mām bhajēta svakarmabhiḥ □
taṃ rajaḥprakṛtiṃ vidyāt hiṃsām āśāsya tāmasam □ 11□

sattvaṃ rajaḥ tamaḥ iti guṇāḥ jīvasya na ēva mē □
chittajā yaiḥ tu bhūtānāṃ sajjamānaḥ nibadhyatē □ 12□

yadētarau jayēt sattvaṃ bhāsvaraṃ viśadaṃ śivaṃ □
tadā sukhēna yujyēta dharmajñāna ādibhiḥ pumān □ 13□

yadā jayēt tamaḥ sattvaṃ rajaḥ saṅgaṃ bhidā chalam □
tadā duḥkhēna yujyēta karmaṇā yaśasā śriyā □ 14□

yadā jayēt rajaḥ sattvaṃ tamaḥ mūḍhaḥ layaṃ jaḍam □
yujyēta śōkamōhābhyāṃ nidrayā hiṃsayā āśayā □ 15□

yadā chittaṃ prasīdēta indriyāṅgāṃ cha nirvṛtiḥ □
dēhē abhayaṃ manōsaṅgaṃ tat sattvaṃ viddhi matpadam □ 16□

vikurvan kriyayā cha adhīra nirvṛtiḥ cha chētasām □
gātrāsvāsthyaṃ manaḥ bhrāntaṃ rajaḥ ētaiḥ niśāmaya □ 17□

sīdat chittaṃ vilīyēta chētasaḥ grahaṇē akṣamam □
manaḥ naṣṭaṃ tamaḥ glāniḥ tamaḥ tat upadhāraya □ 18□

ēdhamānē guṇē sattvē dēvānāṃ balaṃ ēdhatē □
asurāṅgāṃ cha rajasi tamasi uddhava rakṣasām □ 19□

sattvāt jagaraṇaṃ vidyāt rajasā svapnaṃ ādiśēt □
prasvāpaṃ tamasā jantōḥ turīyaṃ triṣu santatam □ 20□

uparyupari gachChanti sattvēna ābrahmaṇaḥ janāḥ □
tamasā adhaḥ adhaḥ āmukhyāt rajasā antarachāriṇaḥ □ 21□

sattvē pralīnāḥ svaḥ yānti naralōkaṃ rajōlayāḥ □
tamōlayāḥ tu nirayaṃ yānti māṃ ēva nirguṇāḥ □ 22□

madarpaṇaṃ niṣphalaṃ vā sātvikam nijakarma tat □
rājasam phalasaṅkalpaṃ hiṃsāprāyādi tāmasam □ 23□

kaivalyaṃ sātvikam jñānaṃ rajaḥ vaikalpikaṃ cha yat □
prākṛtaṃ tāmasam jñānaṃ manniṣṭhaṃ nirguṇaṃ smṛtam □ 24□

vanaṃ tu sātviḥ vāsaḥ grāmaḥ rājasah uchayatē □
tāmasam dyūtasadanaṃ mannikētaṃ tu nirguṇam □ 25□

sātviḥ kāraḥ asaṅgī rāgāndhaḥ rājasah smṛtaḥ □
tāmasah smṛtivibhraṣṭaḥ nirguṇah madapāśrayah □ 26□

sāttvikī ādhyātmikī śraddhā karmaśraddhā tu rājasī □
tāmasyadharmē yā śraddhā matsēvāyāṃ tu nirguṇā □ 27□

pathyaṃ pūtaṃ anāyaḥ taṃ āhāryaṃ sāttvikaṃ smṛtaṃ □
rājasam cha indriyaprēṣṭhaṃ tāmasaṃ cha ārtida aśuchi □ 28□

sāttvikaṃ sukhaṃ ātmōtthaṃ viṣayōtthaṃ tu rājasam □
tāmasaṃ mōhadainōtthaṃ nirguṇaṃ madapāśrayam □ 29□

dravyaṃ dēśaḥ phalaṃ kālaḥ jñānaṃ karma cha kārakāḥ □
śraddhā avasthā ākṛtiḥ niṣṭhā traiguṇyaḥ sarvaḥ ēva hi □

30□

sarvē guṇamayāḥ bhāvāḥ puruṣa avyakta dhiṣṭhitāḥ □ 31□

ētāḥ saṃsṛtayaḥ puṃsaḥ guṇakarmanibandhanāḥ □
yēna imē nirjitāḥ saumya guṇāḥ jīvēna chittajāḥ □
bhaktiyōgēna manniṣṭhaḥ madbhāvāya prapadyatē □ 32□

tasmāt ahaṃ imaṃ labdhvā jñānavijñānasambhavam □
guṇasaṅgaṃ vinirdhūya mām bhajantu vichakṣaṇāḥ □ 33□

niḥsaṅgaḥ mām bhajēt vidvān apramattaḥ jitēndriyaḥ □
rajaḥ tamaḥ cha abhijayēt sattvasaṃsēvayā muniḥ □ 34□

sattvaṃ cha abhijayēt yuktaḥ nairapēkṣyēṇa śāntadhīḥ □
sampadyatē guṇaiḥ muktaḥ jīvaḥ jīvaṃ vihāya mām □ 35□

jīvaḥ jīvavinirmuktaḥ guṇaiḥ cha āśayasambhavaḥ □
mayā ēva brahmaṇā pūrṇaḥ na bahiḥ na antaraḥ charēt □ 36□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē śrīkṛṣṇōddhavasamvādē
guṇanirguṇanirūpaṇaṃ nāma pañchaviṃśō'dhyāyaḥ □ 25□

atha ṣaḍviṃśō'dhyāyaḥ □
śrībhagavān uvācha □
mat lakṣaṇaṃ imaṃ kāyaṃ labdhvā maddharmaḥ āsthitaḥ □
ānandaṃ paramātmānaṃ ātmasthaṃ samupaiti mām □ 1□

guṇamayyāḥ jīvayōnyāḥ vimuktaḥ jñānaniṣṭhayā □
guṇēṣu māyāmātrēṣu dṛśyamānēṣu avastutaḥ □
vartamānaḥ api na pumān yujyatē avastubhiḥ guṇaiḥ □ 2□

saṅgaṃ na kuryāt asatām śísna udara tṛpām kvachit □
tasya anugataḥ tamasi andhē patati andha anugāndhavat □ 3□

ailaḥ samrāt imām gāthām agāyata bṛhachChravāḥ □
urvaśī virahāt muhyan nirviṇṇaḥ śōkasamyamē □ 4□

tyaktvā ātmānaṃ vrajantīm tām nagnaḥ unmattavat nṛpaḥ □
vilapan anvagāt jāyē ghōrē tiṣṭha iti viklavaḥ □ 5□

kāmān atrptaḥ anuḷṣaṇ kṣullakān varṣayāminīḥ □
na vēda yāntīḥ na ayāntīḥ urvaśī ākrṣṭachēatanaḥ □ 6□

ailaḥ uvācha □
ahō mē mōhivistāraḥ kāmakaṣmalachētasah □
dēvyāḥ grhītakaṇṭhasya na āyuhkhaṇḍāḥ imē smṛtāḥ □ 7□

na ahaṃ vēda abhinirmuktaḥ sūryaḥ vā abhyuditaḥ amuyā □
muṣitaḥ varṣapūgānām bata ahāni gatāni uta □ 8□

ahō mē ātmasammōhaḥ yēna ātmā yōṣitām kṛtaḥ □
krīḍāmṛgaḥ chakravartī naradēvaśikhāmaṇiḥ □ 9□

saparichChadaṃ ātmānaṃ hitvā tṛṇaṃ iva īśvaram □
yāntīm striyaṃ cha anvagamaṃ nagnaḥ unmattavat rudan □ 10□

kutaḥ tasya anubhāvaḥ syāt tējaḥ īśatvaṃ ēva vā □
yaḥ anvagachChaṃ striyaṃ yāntīm kharavat pādatāḍitaḥ □ 11□

kiṃ vidyayā kiṃ tapasā kiṃ tyāgēna śrutēna vā □
kiṃ viviktēna maunēna strībhiḥ yasya manaḥ hṛtam □ 12□

svārthasya akōvidaṃ dhiṃ mām mūrkhamaṃ paṇḍita māninam □
yaḥ ahaṃ īśvaratām prāpya strībhiḥ gō kharavat jitaḥ □ 13□

sēvataḥ varṣapūgāt mē urvaśyaḥ adharāsavam □
na tṛpyati ātmabhūḥ kāmāḥ vahniḥ āhutibhiḥ yathā □ 14□

pumśchalyā apahrtaṃ chittaṃ kōnvanyaḥ mōchituṃ prabhuḥ □
ātmārāmēśvaram ṛtē bhagavantam adhōkṣajam □ 15□

bōdhitasya api dēvyā mē sūktavākyēna durmatēḥ □
manōgataḥ mahāmōhaḥ na apayāti ajitātmanaḥ □ 16□

kiṃ ētayā naḥ apakṛtam rajjvā vā sarpachētasah □
rajjusvarūpa aviduṣaḥ yaḥ ahaṃ yat ajitēndriyaḥ □ 17□

kva ayam malōmasaḥ kāyaḥ daurgandhi ādi ātmakaḥ aśuchiḥ □
kva guṇāḥ saumanasya ādyāḥ hi adhyāsaḥ avidyayā kṛtaḥ □ 18□

pitrōḥ kiṃ svaṃ nu bhāryāyāḥ svāminaḥ agnēḥ śvagṛdhrayōḥ □
kiṃ ātmanaḥ kiṃ suhṛdāṃ iti yaḥ na avasīyatē □ 19□

tasmin kalēvarē amēdhyē tuchChaniṣṭhē viṣajjatē □
ahō subhadraṃ sunasaṃ susmitaṃ cha mukhaṃ striyaḥ □ 20□

tvaṅ māṃsa rudhira snāyu mēdō majjā asthi saṃhatau □
viṇmūtrapūyē ramatāṃ kṛmīṇāṃ kiyat antaram □ 21□

atha api na upasajjēta strīṣu straiṇēṣu cha arthavit □
viṣaya indriya saṃyōgāt manaḥ kṣubhyati na anyathā □ 22□

adṛṣṭāt aśrutāt bhāvāt na bhāvaḥ upajāyatē □
asamprayuñjataḥ prāṇān sāmīyati stimitaṃ manaḥ □ 23□

tasmāt saṅgaḥ na kartavyaḥ strīṣu straiṇēṣu cha indriyaiḥ □
viduṣāṃ cha api aviśrabdhaḥ ṣaḍvargaḥ kimu māḍṛśām □

24□

śrībhagavān uvācha □
ēvaṃ pragāyan nṛpadēvadēvaḥ
saḥ urvaśīlōkaḥ athaḥ vihāya □
ātmānaṃ ātmani avagamya māṃ vai
upāramat jñānavidhūtamōhaḥ □ 25□

tataḥ duḥsaṅgaṃ utsṛjya satsu sajjēta buddhimān □
santaḥ ētasya Chindanti manōvyāsaṅgamuktibhiḥ □ 26□

santaḥ anapēkṣāḥ machchittāḥ praśāntāḥ samadarśinaḥ □
nirmamāḥ nirahaṅkārāḥ nirdvandvāḥ niṣparigrahāḥ □ 27□

tēṣu nityaṃ mahābhāgaḥ mahābhāgēṣu matkathāḥ □
sambhavanti hitā nṛṇāṃ juṣatāṃ prapunanti agham □ 28□

tāḥ yē śruṇvanti gāyanti hi anumōdanti cha adṛtāḥ □
matparāḥ śraddadhānāḥ cha bhaktiṃ vindanti tē mayi □ 29□

bhaktiṃ labdhavataḥ sādḥōḥ kiṃ anyat avaśīṣyatē □
mayi anantaguṇē brahmaṇi ānanda anubhava ātmani □ 30□

yathā upaśrayamāṇasya bhagavantam vibhāvasum □
śītam bhayaṃ tamaḥ api ēti sādḥūn saṃsēvataḥ tathā □ 31□

nimajjya unmajjyatām ghōrē bhavābdhau parama ayanam □
santaḥ brahmavidaḥ śāntāḥ nauḥ dṛḍha iva apsu majjatām □ 32□

annaṃ hi prāṇinām prāṇaḥ ārtānām śaraṇaṃ tu aham □
dharmaḥ vittaṃ nṛṇām prētya santaḥ arvāk bibhyataḥ araṇam □

33□

santaḥ diśanti chakṣūṃṣi bahiḥ arkaḥ samutthitaḥ □
dēvatāḥ bāndhavāḥ santaḥ santaḥ ātmā aham ēva cha □ 34□

vaitasēnaḥ tataḥ api ēvaṃ urvaśyā lōkaniḥsṛhaḥ □
muktasaṅgaḥ mahim ētām ātmārāmaḥ chachāra ha □ 35□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyām
saṃhitāyāmēkādaśaskandhē śrīkrṣṇōddhavasamvādē
ailagītam nāma ṣaḍviṃśō'dhyāyaḥ □ 26□

atha saptaviṃśō'dhyāyaḥ □
uddhavaḥ uvācha □
kriyāyōgaṃ samāchakṣva bhavat ārādhanam prabhō □
yasmāt tvam yē yathā archanti sātvatāḥ sātvarṣabha □ 1□

ētat vadanti munayaḥ muhuḥ niḥsrēyasam nṛṇām □
nāradaḥ bhagavān vyāsaḥ āchāryaḥ aṅgiraḥ sutaḥ □ 2□

niḥsṛtam tē mukhāmbhōjādyat āha bhagavān ajaḥ □
putrēbhyaḥ bhṛgumukhyēbhyaḥ dēvyai cha bhagavān bhavaḥ □ 3□

ētat vai sarvavarṇānām āśramāṇām cha sammatam □
srēyasām uttamaṃ manyē strīśūdrāṇām cha mānada □ 4□

ētat kamalapatrākṣa karmabandhavimōchanam □
bhaktāya cha anuraktāya brūhi viśvēśvara īśvara □ 5□

śrībhagavān uvācha □
nahi antaḥ anantapārasya karmakāṇḍasya cha uddhava □
saṅkṣiptam varṇayiṣyāmi yathāvat anupūrvaśaḥ □ 6□

vaidikaḥ tāntrikaḥ miśraḥ iti mē trividhaḥ makhaḥ □
trayāṇām īpsitēna ēva vidhinā māṃ samarchayēt □ 7□

yadā svanigamēna uktaṃ dvijatvaṃ prāpya pūruṣaḥ □
yathā yajēta māṃ bhaktyā śraddhayā tat nibōdha mē □ 8□

archāyāṃ sthaṇḍilē agnau vā sūryē vā apsu ḥṛdi dvijaḥ □
dravyēṇa bhaktiyuktaḥ archēt svaguruṃ māṃ amāyayā □ 9□

pūrvaṃ snānaṃ prakurvīta dhautadantaḥ aṅgaśuddhayē □
ubhayaiḥ api cha snānaṃ mantraiḥ mṛdgrahaṇādinā □ 10□

sandhyā upāsti ādi karmāṇi vēdēna achōditāni mē □
pūjāṃ taiḥ kalpayēt samyak saṅkalpaḥ karmaṇāvanīm □ 11□

śailī dārumayī lauhī lēpyā lēkhyā cha saikatī □
manōmayī maṇimayī pratimā aṣṭavidhā smṛtā □ 12□

chala achala iti dvividhā pratiṣṭhā jīvamandiram □
udvāsa āvāhanē na staḥ sthirāyāṃ uddhava archanē □ 13□

asthirāyāṃ vikalpaḥ syāt sthaṇḍilē tu bhavēt dvayam □
snapanaṃ tu avilēpyāyāṃ anyatra parimārjanam □ 14□

dravyaiḥ prasiddhyaiḥ mat yāgaḥ pratimādiṣu amāyinaḥ □
bhaktasya cha yathālabdhaiḥ ḥṛdi bhāvēna cha ēva hi □ 15□

snāna alaṅkaraṇaṃ prēṣṭhaṃ archāyāṃ ēva tu uddhava □
sthaṇḍilē tattvavinyāsaḥ vahnau ājyaplutaṃ haviḥ □ 16□

sūryē cha abhyarhaṇaṃ prēṣṭhaṃ salilē salila ādibhiḥ □
śraddhayā upāhṛtaṃ prēṣṭhaṃ bhaktēna mama vāri api □ 17□

bhūryapi abhakta upahṛtaṃ na mē tōṣāya kalpatē □
gandhaḥ dhūpaḥ sumanaṣaḥ dīpaḥ anna ādya cha kiṃ punaḥ □ 18□

śuchiḥ sambhṛtasambhāraḥ prāk darbhaiḥ kalpita āsanaḥ □
āsīnaḥ prāk udak vā archēt archāyāṃ atha sammukhaḥ □ 19□

kṛtanyāsaḥ kṛtanyāsāṃ madarchāṃ pāṇinā mṛjēt □
kalaśaṃ prōkṣaṇīyaṃ cha yathāvat upasādhayēt □ 20□

tat adbhiḥ dēvayajanaṃ dravyāṇi ātmānaṃ ēva cha □
prōkṣya pātrāṇi trīṇi adbhiḥ taiḥ taiḥ dravyaiḥ cha sādhayēt □ 21□

pādya argha āchamanīyārthaṃ trīṇi pātrāṇi daiśikaḥ □
ḥṛdā śīrṣṇā atha śikhayā gāyatrī cha abhimantrayēt □

22□

piṇḍē vāyu agni saṃśuddhē hr̥tpadmasthāṃ parāṃ mama □
aṅvīm̐ jīvakalām̐ dhyāyēt̐ nāda antē siddhabhāvitām □ 23□

tayā ātmabhūtayā piṇḍē vyāptē sampūjya tanmayah □
āvāhya archa ādiṣu sthāpya nyasta aṅgaṃ māṃ prapūjayēt □

24□

pādyā upasparśa arhaṇa ādīn upachārān prakalpayēt □
dharmādibhiḥ cha navabhiḥ kalpayitvā āsanaṃ mama □ 25□

padmaṃ aṣṭadalaṃ tatra karṇikākēsara ujjvalam □
ubhābhyām̐ vēdatantrābhyām̐ mahyaṃ tu ubhayaśiddhayē □ 26□

sudarśanaṃ pāñchajanyaṃ gadāsīṣudhanuḥ halān □
musalaṃ kaustubhaṃ mālām̐ śrīvatsaṃ cha anupūjayēt □ 27□

nandaṃ sunandaṃ garuḍaṃ prachaṇḍaṃ chaṇḍaṃ ēva cha □
mahābalaṃ balaṃ cha ēva kumudaṃ kumudēkṣaṇam □ 28□

durgām̐ vināyakaṃ vyāsaṃ viṣvaksēnaṃ gurūn surān □
svē svē sthānē tu abhimukhān pūjayēt̐ prōkṣaṇa ādibhiḥ □ 29□

chandana usīra karpūra kuṅkuma agaru vāsitaḥ □
salilaiḥ snāpayēt̐ mantraiḥ nityadā vibhavē sati □ 30□

svarṇagharna anuvākēna mahāpuruṣavidyayā □
pauruṣēṇa api sūktēna sāmabhīḥ rājanādibhiḥ □ 31□

vastra upavīta ābharaṇa patra srak gandha lēpanaiḥ □
alaṅkurvīta saprēma madbhaktaḥ māṃ yathā uchitam □ 32□

pādyam̐ āchamanīyam̐ cha gandham̐ sumanasaḥ akṣatān □
dhūpa dīpa upahāryāṇi dadyāt̐ mē śraddhayā archakaḥ □ 33□

guḍapāyasaśarpīṃṣi śaṣkuli āpūpa mōdakān □
saṃyāva dadhi sūpām̐ cha naivēdyam̐ sati kalpayēt □ 34□

abhyaṅga unmardana ādarśa dantadhau abhiṣēchanam □
annadya gīta nr̥tyādi parvaṇi syuḥ utānvaham □ 35□

vidhinā vihite kuṇḍē mēkhalāgartavēdibhiḥ □
agniṃ ādhāya paritaḥ samūhēt̐ pāṇinā uditam □ 36□

paristīrya atha paryukṣēt anvādhāya yathāvidhi □
prōkṣaṇyā āsādyā dravyāṇi prōkṣyāgnau bhāvayēta mām □ 37□

taptajāmbūnadaprakhyam śāṅkhachakraḡadāmbujaiḡ □
lasat chaturbhujam śāntam padmakiṅjalkavāsasam □ 38□

sphurat kirīṭa kaṭaka kaṭisūtravara aṅgam □
śrīvatsavakṣasam bhrājat kaustubham vanamālinam □ 39□

dhyāyan abhyarchya dārūṇi haviṣā abhighṛtāni cha □
prāsya ājyabhāgau āghārau dattvā cha ājyaplutam haviḡ □ 40□

juhuyāt mūlamantrēṇa ṣōḡaśarcha avadānataḡ □
dharmādibhyaḡ yathānyāyam mantraiḡ sviṣṭikṛtam budhaḡ □ 41□

abhyarchya atha namaskṛtya pārṣadēbhyaḡ baliḡ harēt □
mūlamantram japēt brahma smaran nārāyaṇa ātmakam □ 42□

dattvā āchamanam uchChēṣam viṣvaksēnāya kalpayēt □
mukhavāsam surabhimat tāmbūlādyam atha arhayēt □ 42□

upagāyan grṇan nṛtyan karmāṇi abhinayan mama □
matkathāḡ śrāvayan śruṇvan muhūrtaḡ kṣaṇikaḡ bhavēt □ 44□
stavaiḡ uchchāvachaiḡ stōtraiḡ paurāṇaiḡ prakṛtaiḡ api □
stutvā prasīda bhagavan iti vandēta daṇḡavat □ 45□

śiraḡ mat pādayōḡ kṛtvā bāhubhyām cha parasparam □
prapannam pāhi mām īsa bhītam mṛtyugraha arṇavāt □ 46□

iti śēṣam mayā dattam śirasi ādhāya sādaram □
udvāsayēt chēt udvāsyam jyōtiḡ jyōtiṣi tat punaḡ □ 47□

archādiṣu yadā yatra śraddhā māḡ tatra cha archayēt □
sarvabhūtēṣu ātmani cha sarva ātmā aham avasthitaḡ □ 48□

ēvam kriyāyōgapatḡaiḡ pumān vaidikatāntrikaiḡ □
archan ubhayataḡ siddhiḡ mattaḡ vindati abhīpsitām □ 49□

madarcham sampratiṣṭhāpya mandiram kārayēt dṛḡham □
puṣpa udyānāni ramyāṇi pūjā yātrā utsava āśritān □ 50□

pūjādīnām pravāhārtham mahāparvasu atha anvaham □
kṣētrāpaṇapuragrāmān dattvā mat sārṣṭitām iyāt □ 51□

pratiṣṭhayā sārvaḥmaṃsadmanā bhuvanatrāyam
pūjādinā brahmalōkaṃ tribhiḥ mat sāmīyatām iyāt 52

mām ēva nairapēkṣyēṇa bhaktiyōgēna vindati
bhaktiyōgaṃ saḥ labhatē ēvaṃ yaḥ pūjayēta mām 53

yaḥ svadattām paraiḥ dattām harēta suraviprayōḥ
vṛttim saḥ jāyatē vidbhuk varṣāṇām ayutāyutam 54

kartuḥ cha sārathēḥ hētōḥ anumōdituḥ ēva cha
karmaṇām bhāgīnaḥ prētya bhūyaḥ bhūyasi tatphalam 55

iti śrīmadbhāgavatē mahāpurāṇē pāramahamṣyām
samhitāyāmēkādaśaskandhē śrīkrṣṇōddhavasamvādē
saptaviṃśō'dhyāyaḥ 27

atha aṣṭaviṃśaḥ adhyāyaḥ
śrībhagavān uvācha
parasvabhāvakarmāṇi na praśamsēt na garhayēt
viśvaṃ ēkātmakaṃ paśyan prakṛtyā puruṣēṇa cha 1

parasvabhāvakarmāṇi yaḥ praśamsati nindati
saḥ āśu bhraśyatē svārthāt asatya abhinivēśataḥ 2

taijasē nidrayā āpannē piṇḍasthaḥ naṣṭachētanaḥ
māyām prāpnōti mṛtyuṃ vā tadvat nānārthadṛk pumān 3

kiṃ bhadraṃ kiṃ abhadraṃ vā dvaitasya avastunaḥ kiyat
vāchā uditam tat anṛtam manasā dhyātam ēva cha 4

Chāyāpratyāhvayābhāsā hi asantaḥ api arthakāriṇaḥ
ēvaṃ dēhādayaḥ bhāvāḥ yachChanti āmṛtyutaḥ bhayam 5

ātmā ēva tat idaṃ viśvaṃ sṛjyatē sṛjati prabhuḥ
trāyatē trāti viśvātmā hriyatē harati īśvaraḥ 6

tasmāt nahi ātmanaḥ anyasmāt anyāḥ bhāvaḥ nirūpitaḥ
nirūpitēyaṃ trividhā nirmūlā bhātiḥ ātmani
idaṃ guṇamayam viddhi trividham māyayā kṛtam 7

ētat vidvān maduditam jñānavijñānanaipuṇam
na nindati na cha stauti lōkē charati sūryavat 8

pratyakṣēṇa anumānēna nigamēna ātmasamvidā
ādi antavat asat jñātvā niḥsaṅgaḥ vicharēt iha 9

uddhavaḥ uvācha □
na ēva ātmanaḥ na dēhasya saṃsṛtiḥ draṣṭṛdrśyayōḥ □
anātmasvadṛśōḥ īśa kasya syāt upalabhyatē □ 10□

ātmā avyayaḥ aguṇaḥ śuddhaḥ svayañjyōtiḥ anāvṛtaḥ □
agnivat dāruvat dēhaḥ kasya iha saṃsṛtiḥ □ 11□

śrībhagavān uvācha □
yāvat dēha indriya prāṇaiḥ ātmanaḥ sannikarṣaṇam □
saṃsāraḥ phalavān tāvat apārthaḥ api avivēkinaḥ □ 12□

arthē hi avidyamānē api saṃsṛtiḥ na nivartatē □
dhyāyataḥ viṣayān asya svapnē anartha āgamaḥ yathā □ 13□

yathā hi apratibuddhasya prasvāpaḥ bahu anarthabhṛt □
saḥ ēva pratibuddhasya na vai mōhāya kalpatē □ 14□

śōka harṣa bhaya krōdha lōbha mōha sprhādayaḥ □
ahaṅkārasya dṛśyantē janma mṛtyuḥ cha na ātmanaḥ □ 15□

dēha indriya prāṇa manaḥ abhimānaḥ
jīvaḥ antarātmā guṇakarma mūrtiḥ □
sūtraṃ mahān iti urudhā iva gītaḥ
saṃsāraḥ ādhāvati kālatantraḥ □ 16□

amūlaṃ ētat bahurūpa rūpitaṃ
manōvachaḥprāṇaśarīrakarma □
jñānāsinā upāsanayā śītēna
Chittvā muniḥ gāṃ vicharati atṛṣṇaḥ □ 17□

jñānaṃ vivēkaḥ nigamaḥ tapaḥ cha
pratyakṣaṃ aitiyaṃ atha anumānam □
ādi antayōḥ asya yat ēva kēvalam
kālaḥ cha hētuḥ cha tat ēva madhyē □ 18□

yathā hiraṇyaṃ svakṛtaṃ purastāt
paśchāt cha sarvasya hiraṇmayasya □
tat ēva madhyē vyavahāryamāṇam
nānāpadēśaiḥ ahaṃ asya tadvat □ 19□

vijñānaṃ ētat triyavastaṃ aṅga
guṇatrayaṃ kāraṇa kārya kartṛ □
samanvayēna vyatirēkataḥ cha

yēna ēva turyēṇa tat ēva satyam □ 20□

na yat purastāt uta yat na paśchāt
madhyē cha tat na vyapadēśamātram □
bhūtaṃ prasiddhaṃ cha parēṇa yadyat
tat ēva tat syāt iti mē manīṣā □ 21□

avidyamānaḥ api avabhāsatē yaḥ
vaikārikaḥ rājasasargaḥ ēṣaḥ □
brahma svayañjyōtiḥ ataḥ vibhāti
brahma indriya artha ātma vikāra chitram □ 22□

ēvaṃ sphuṭaṃ brahmavivēkahētubhiḥ
parāpavādēna viśāradēna □
Chittvā ātmasandēhaṃ upāramēta
svānandatuṣṭaḥ akhila kāmukēbhyaḥ □ 23□

na ātmā vapuḥ pārthivaṃ indriyāṇi
dēvāḥ hi asuḥ vāyujalaṃ hutāśaḥ □
manaḥ annamātram dhiṣaṇā cha sattvam
ahaṅkṛtiḥ khaṃ kṣitiḥ arthasāmyam □ 24□

samāhitaiḥ kaḥ karaṇaiḥ guṇātmabhiḥ
guṇaḥ bhavēt matsuviviktadhāmnaḥ □
vikṣipyamāṇaiḥ uta kiṃ na dūṣaṇam
ghanaiḥ upētaiḥ vigataiḥ ravēḥ kim □ 25□

yathā nabhaḥ vāyu anala ambu bhū guṇaiḥ
gatāgataiḥ vartuguṇaiḥ na sajjatē □
tathā akṣaram sattva rajaḥ tamaḥ malaiḥ
ahammatēḥ saṃsṛtihētubhiḥ param □ 26□

tathāpi saṅgaḥ parivarjanīyaḥ
guṇēṣu māyārachitēṣu tāvat □
madbhaktiyōgēna dr̥dhēna yāvat
rajaḥ nirasyēta manaḥkaṣāyaḥ □ 27□

yathā āmayaḥ asādhu chikitsitaḥ nṛṇām
punaḥ punaḥ santudati prarōhan □
ēvaṃ manaḥ apakva kaṣaya karma
kuyōginaṃ vidhyati sarvasaṅgam □ 28□

kuyōgīnaḥ yē vihita antarāyaiḥ
manuṣyabhūtaiḥ tridaśa upasr̥ṣṭaiḥ □
tē prāktana abhyāsabalēna bhūyaḥ
yuñjanti yōgaṃ na tu karmatantram □ 29□

karōti karma kriyatē cha jantuḥ
kēnāpi asau chōditaḥ ānipātāt □
na tatra vidvānprakṛtau sthitaḥ api
nivṛtta tṛṣṇaḥ svasukha anubhūtyā □ 30□

tiṣṭhantaṃ āsīnaṃ uta vrajantaṃ
śayānaṃ ukṣantaṃ adantaṃ annam □
svabhāvaṃ anyat kiṃ api ihamānam
ātmānaṃ ātmasthamatiḥ na vēda □ 31□

yadi sma paśyati asat indriya atha
nānā anumānēna viruddhaṃ anyat □
na manyatē vastutayā manīṣī
svāpnaṃ yathā utthāya tirōdadhānam □ 32□

pūrvam gṛhītaṃ guṇakarmachitram
ajñānaṃ ātmani aviviktaṃ aṅga □
nivartatē tat punaḥ īkṣayā ēva
na gṛhyatē na api visṛjya ātmā □ 33□

yathā hi bhānōḥ udayaḥ nṛchakṣuṣām
tamaḥ nihanyāt na tu sadvidhattē □
ēvaṃ samīkṣā nipuṇā satī mē
hanyāt tamisraṃ puruṣasya buddhēḥ □ 34□

ēṣaḥ svayañjyōtiḥ ajaḥ apramēyaḥ
mahānubhūtiḥ sakalānubhūtiḥ □
ēkaḥ advitīyaḥ vachasāṃ virāmē
yēna īśitā vāk asavaḥ charanti □ 35□

ētāvān ātmasammōhaḥ yat vikalpaḥ tu kēvalē □
ātman nṛtē svamātmānaṃ avalambaḥ na yasya hi □ 36□

yat nāma ākṛtibhiḥ grāhyaṃ pañchavarṇaṃ abādhitam □
vyarthēna api arthavādaḥ ayaṃ dvayaṃ paṇḍitamāninām □ 37□

yōgīnaḥ apakvayōgasya yuñjataḥ kāyaḥ utthitaiḥ □
upasargaiḥ vihanyēta tatra ayaṃ vihitaḥ vidhiḥ □ 38□

yōgadhāraṇayā kāṃśchit āsanaiḥ dhāraṇa anvitaiḥ □
tapōmantrauśadhaiḥ kāṃśchit upasargān vinirdahēt □ 39□

kāṃśchit mama anudhyānēna nāmasaṅkīrtana ādibhiḥ □
yōgēśvara anuvṛtṭyā vā hanyāt aśubhadān śanaiḥ □ 40□

kēchit dēhaṃ imaṃ dhīrāḥ sukalpaṃ vayasi sthiram □
vidhāya vividha upāyaiḥ atha yuñjanti siddhayē □ 41□

na hi tat kuśalāt dṛtyaṃ tat āyāsaḥ hi apārthakaḥ □
antavattvāt śarīrasya phalasya iva vanaspatēḥ □ 42□

yōgaṃ niṣēvataḥ nityaṃ kāyaḥ chēt kalpatāṃ iyāt □
tat śraddadhyāt na matimān yōgaṃ utsrjya matparaḥ □ 43□

yōgacharyāṃ imāṃ yōgī vicharan mat vyapāśrayaḥ □
na antarāyaiḥ vihanyēta niḥsprḥaḥ svasukhānubhūḥ □ 44□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē bhagavaduddhavasamvādē
paramārthanirṇayō nāma aṣṭāviṃśō'dhyāyaḥ □ 28□

atha ēkōnatriṃśaḥ adhyāyaḥ □
sudustarāṃ imāṃ manyē yōgacharyāṃ anātmanaḥ □
yathā añjasā pumān sihyēt tat mē brūhi añjasā achyuta □ 1□

prāyaśaḥ puṇḍarīkākṣa yuñjantaḥ yōginaḥ manaḥ □
viśīdanti asamādhānāt manōnigrahakarśītāḥ □ 2□

atha ataḥ ānandadughaṃ padāmbujam
haṃsāḥ śrayēran aravindalōchana □
sukhaṃ nu viśvēśvara yōgakarmabhiḥ
tvat māyayā amī vihatāḥ na māninaḥ □ 3□

kiṃ chitraṃ achyuta tava ētat aśēṣabandhaḥ
dāsēṣu ananyaśaraṇēṣu yat ātma sāttvam □
yaḥ arōchayatsaha mṛgaiḥ svayaṃ īśvarāṇām
śrīmat kirīṭa taṭa pīḍita pāda pīṭhaḥ □ 4□

taṃ tvā akhila ātmadayita īśvaram āśritānām
sarva arthadaṃ svakṛtavit visrjēta kaḥ nu □
kaḥ vā bhajēt kiṃ api vismṛtayē anu bhūtyai
kiṃ vā bhavēt na tava pādarajōjuṣāṃ naḥ □ 5□

na ēva upayanti apachitiṃ kavayaḥ tava īśa
brahmāyuṣā api kṛtaṃ ṛdhamudaḥ smarantaḥ □
yaḥ antarbahih tanubhṛtāṃ aśubhaṃ vidhunvan
āchāryachaityavapuṣā svagatṃ vyanakti □ 6□

śrīśukaḥ uvācha □
iti uddhavēna ati anurakta chētasā
pṛṣṭaḥ jagatkrīḍanakaḥ svaśaktibhiḥ □
gṛhīta mūrtitrayaḥ īśvara īśvaraḥ
jagāda saprēma manōharasmitaḥ □ 7□

śrībhagavān uvācha □
hanta tē kathayiṣyāmi mama dharmān sumaṅgalām □
yān śraddhayā ācharan martyaḥ mṛtyuṃ jayati durjayam □ 8□

kuryāt sarvāṇi karmāṇi madarthaṃ śanakaiḥ smaran □
mayi arpita manaḥ chittaḥ mat dharma ātmamanōratih □ 9□

dēśān puṇyān āśrayēta madbhaktaiḥ sādhubhiḥ śritān □
dēva āsura manuṣyēṣu madbhakta ācharitāni cha □ 10□

pṛthak satrēṇa vā mahyaṃ parvayātrā mahōtsavān □
kārayēt gītanṛtya ādyaiḥ mahārāja vibhūtibhiḥ □ 11□

māṃ ēva sarvabhūtēṣu bahiḥ antaḥ apāvṛtam □
īkṣēta ātmani cha ātmānaṃ yathā khaṃ amala āśayaḥ □ 12□

iti sarvāṇi bhūtāni madbhāvēna mahādyutē □
sabhājayan manyamānaḥ jñānaṃ kēvalaṃ āśritaḥ □ 13□

brāhmaṇē pulkasē stēnē brahmaṇyē arkē sphuliṅgakē □
akrūrē krūrakē cha ēva samadṛk paṇḍitaḥ mataḥ □ 14□

narēṣu abhīkṣṇaṃ madbhāvaṃ puṃsaḥ bhāvayataḥ achirāt □
spardhā asūyā tiraskārāḥ sāhaṅkārāḥ viyanti hi □ 15□

visṛjya smayamānān svān dṛśaṃ vrīḍāṃ cha daihikīm □
praṇamēt daṇḍavat bhūmau āśva chāṇḍāla gō kharam □ 16□

yāvat sarvēṣu bhūtēṣu madbhāvaḥ na upajāyatē □
tāvat ēvaṃ upāsīta vān mana kāya vṛttibhiḥ □ 17□

sarvaṃ brahmātmakaṃ tasya vidyayā ātma manīṣayā □
paripaśyan uparamēt sarvataḥ mukta saṃśayaḥ □ 18□

ayaṃ hi sarvakalpānāṃ sadhrīchīnaḥ mataḥ mama ॥
madbhāvaḥ sarvabhūtēṣu manōvākkāyavṛttibhiḥ ॥ 19॥

na hi aṅga upakramē dhvaṃsaḥ maddharmasya uddhava aṅu api ॥
mayā vyavasitaḥ samyak nirguṇatvāt anāśiṣaḥ ॥ 20॥

yaḥ yaḥ mayi parē dharmaḥ kalpyatē niṣphalāya chēt ॥
tat āyāsaḥ nirarthaḥ syāt bhayādēḥ iva sattma ॥ 21॥

ēṣā buddhimatāṃ buddhiḥ manīṣā cha manīṣiṇām ॥
yat satyaṃ anṛtēna iha martyēna āpnōti mā amṛtam ॥ 22॥

ēṣa tē abhihitaḥ kṛtsnaḥ brahmavādasya saṅgrahaḥ ॥
samāsavyāsavidhinā dēvānāṃ api durgamaḥ ॥ 23॥

abhīkṣṇaśaḥ tē gaditaṃ jñānaṃ vispaṣṭayuktimat ॥
ētat vijñāya muchyēta puruṣaḥ naṣṭasaṃśayaḥ ॥ 24॥

suviviktaṃ tava praśnaṃ mayā ētat api dhārayēt ॥
sanātanaṃ brahmaguhyam param brahma adhigachChatī ॥ 25॥

yaḥ ētat mama bhaktēṣu sampradadyāt supuṣkalam ॥
tasya ahaṃ brahmadāyasya dadāmi ātmānaṃ ātmanā ॥ 26॥

yaḥ ētat samadhīyīta pavitraṃ paramaṃ śuchi ॥
saḥ pūyēta ahaḥ ahaḥ māṃ jñānadīpēna darśayan ॥ 27॥

yaḥ ētat śraddhayā nityaṃ avyagraḥ śruṇuyāt naraḥ ॥
mayi bhaktiṃ parāṃ kurvan karmabhiḥ na saḥ badhyatē ॥ 28॥

api uddhava tvayā brahma sakhē samavadhāritam ॥
api tē vigataḥ mōhaḥ śōkaḥ cha asau manōbhavaḥ ॥ 29॥

na ētat tvayā dāmbhikāya nāstikāya śaṭhāya cha ॥
aśuśrūṣōḥ abhaktāya durvinītāya dīyatām ॥ 30॥

ētaiḥ dōṣaiḥ vihīnāya brahmaṇyāya priyāya cha ॥
sādhavē śuchayē brūyāt bhaktiḥ syāt śūdra yōṣitām ॥ 31॥

na ētat vijñāya jijñāsōḥ jñātavyaṃ avaśiṣyatē ॥
pītvā pīyūṣam amṛtam pātavyaṃ na avaśiṣyatē ॥ 32॥

jñānē karmaṇi yōgē cha vārtāyām daṇḍadhāraṇē ॥
yāvān arthaḥ nṛṇāṃ tāta tāvān tē ahaṃ chaturvidhaḥ ॥ 33॥

martyaḥ yadā tyakta samastakarmā
nivēditātmā vichikīrṣitaḥ mē □
tadā amṛtatvaṃ pratipadyamānaḥ
mayā ātmabhūyāya cha kalpatē vai □ 34□

śrīśukaḥ uvācha □
saḥ ēvaṃ ādarśita yōgamārgaḥ
tadā uttama ślōkavachaḥ niśamya □
baddha añjaliḥ prīti uparuddha kaṇṭhaḥ
na kiñchit ūchēḥ aśru paripluta akṣaḥ □ 35□

viṣṭabhya chittaṃ praṇaya avaghūrṇam
dhairyēṇa rājan bahu manyamānaḥ □
kṛtāñjaliḥ prāha yadupravīram
śīrṣṇā sprṣan tat charaṇa aravindam □ 36□

uddhavaḥ uvācha □
vidrāvitaḥ mōha mahā andhakāraḥ
yaḥ āśritaḥ mē tava sannidhānāt □
vibhāvasōḥ kiṃ nu samīpagasya
śītaṃ tamaḥ bhīḥ prabhavanti aja adya □ 37□

pratyarpitaḥ mē bhavatā anukampinā
bhr̥tyāya vijñānamayaḥ pradīpaḥ □
hitvā kṛtajñaḥ tava pādāmūlam
kaḥ anyat samīyāt śaraṇaṃ tvadīyam □ 38□

vṛkṇaḥ cha mē sudṛḍhaḥ snēhapāśaḥ
dāśārha vṛṣṇi andhaka sātvatēṣu □
prasāritaḥ sṛṣṭivivṛddhayē tvayā
svamāyayā hi ātma subōdha hētinā □ 39□

namaḥ astu tē mahāyōgin prapannaṃ anuśādhi mām □
yathā tvat charaṇa ambhōjē ratiḥ syāt anapāyinī □ 40□

śrībhagavān uvācha □
gachCha uddhava mayā ādiṣṭaḥ badari ākhyam mama āśramam □
tatra mat pāda tīrthōdē snāna upasparśanaīḥ śuchiḥ □ 41□

īkṣayā alakanandāyā vidhūta aśēṣa kalmaṣaḥ □
vasānaḥ valkalāni aṅga vanyabhuk sukha niḥspṛhaḥ □ 42□

titikṣauḥ dvandvamātrāṇām suśīlaḥ saṃyatēndriyaḥ □
śāntaḥ samāhitadhiyā jñānavijñānasamṃyutaḥ □ 43□

mattaḥ anuśikṣitaṃ yat tē viviktamanubhāvayan □
mayi āvēśita vāk chittaḥ maddharma nirataḥ bhava □
ativrajya gatīḥ tisraḥ mām ēśyasi tataḥ param □ 44□

śrīśukaḥ uvācha □
saḥ ēvaṃ uktaḥ harimēdhasā uddhavaḥ
pradakṣiṇaṃ taṃ parisṛtya pādayōḥ □
śiraḥ nidhāya aśrukalābhiḥ ādradhīḥ
nyaṣiñchat advandvaparāḥ api upakramē □ 45□

sudustyaja snēha viyōga kātaraḥ
na śaknuvan taṃ parihātum āturaḥ □
kṛchChraṃ yayau mūrdhani bhartṛpādukē
bibhran namaskṛtya yayau punaḥ punaḥ □ 46□

tataḥ taṃ antarhṛdi sannivēśya
gataḥ mahābhāgavataḥ viśālām □
yathā upadiṣṭāṃ jagat ēkabandhunā
tataḥ samāsthāya harēḥ agāt gatim □ 47□

yaḥ ēatat ānanda samudra sambhṛtam
jñānāmṛtaṃ bhāgavatāya bhāṣitam □
kṛṣṇēṇa yōgēśvara sēvitānghriṇā
sachChraddhayā āsēvya jagat vimuchyatē □ 48□

bhavabhaya apahantum jñānavijñānasāram
nigamakṛt upajahē bhṛṅgavat vēdasāram □
amṛtaṃ udadhitaḥ cha apāyayat bhṛtyavargān
puruṣaṃ ṛṣabhaṃ ādyaṃ kṛṣṇasañjñāṃ nataḥ asmi □ 49□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyām
saṃhitāyāmēkādaśaskandhē bhagavaduddhavasamṃvādē
paramārthaprāptisugamōpāyakathanōddhavabadarikāśramappravēśō
nāma ēkōnatṛiṃśō'dhyāyaḥ □ 29□

atha trīṃśaḥ adhyāyaḥ □
rājā uvācha □
tataḥ mahābhāgavatē uddhavē nirgatē vanam □
dvāravatyām kiṃ akarōt bhagavān bhūtabhāvanaḥ □ 1□

brahmaśāpa upasaṃsr̥ṣṭē svakulē yādavar̥ṣabhaḥ □
prēyasīm sarvanētrāṇām tanuṃ saḥ katham atyajat □ 2□

pratyākraṣṭuṃ nayanam abalā yatra lagnam na sékuḥ
karṇāviṣṭam na sarati tataḥ yat satām ātmalagnam □
yat śrīḥ vāchām janayati ratim kiṃ nu mānam kavīnām
dṛṣṭvā jiṣṇōḥ yudhi rathagataṃ yat cha tat sām̐yam
īyuh □ 3□

ṛṣiḥ uvācha □
divi bhuvi antarikṣē cha mahōtpātān samutthitān □
dṛṣṭvā āsīnān sudharmāyām kṛṣṇaḥ prāha yadūn idam □ 4□

śrībhagavān uvācha □
ētē ghōrāḥ mahōtpātāḥ dvārvatyām yamakētavaḥ □
muhūrtaṃ api na sthēyam atra naḥ yadupuṅgavāḥ □ 5□

striyaḥ bālāḥ cha vṛddhāḥ cha śaṅkhōddhāram vrajantvitaḥ □
vayam prabhāsam yāsyāmaḥ yatra pratyak sarasvatī □ 6□

tatra abhiṣichya śuchaya upōṣya susamāhitāḥ □
dēvatāḥ pūjayiṣyāmaḥ snapana ālēpana arhanaiḥ □ 7□

brāhmaṇān tu mahābhāgān kṛtasvastyayanā vayam □
gō bhū hiraṇya vāsōbhiḥ gaja aśvaratha vēśmabhiḥ □ 8□

vidhiḥ ēṣaḥ hi ariṣṭaghnaḥ maṅgala āyanam uttamam □
dēva dvija gavām pūjā bhūtēsu paramaḥ bhavaḥ □ 9□

iti sarvē samākarnya yaduvṛddhāḥ madhudviṣaḥ □
tathā iti naubhiḥ uttīrya prabhāsam prayayū rathaiḥ □ 10□

tasmin bhagavatā ādiṣṭam yadudēvēna yādavā □
chakruḥ parabhayā bhaktyā sarvaśrēya upabṛṃhitam □ 11□

tataḥ tasmin mahāpānam papuḥ mairēyakam madhu □
diṣṭa vibhramśita dhiyaḥ yat dravaiḥ bhraśyatē matiḥ □ 12□

mahāpāna abhimattānām vīrāṇām dṛptachētasām □
kṛṣṇamāyā vimūḍhānām saṅgharṣaḥ sumahān abhūt □ 13□

yuyudhuḥ krōdhasamrabdhā vēlāyām ātatāyinaḥ □
dhanubhiḥ asibhiḥ mallaiḥ gadābhiḥ tām ararṣṭibhiḥ □ 14□

patatpatākai rathakuñjarādibhiḥ
khara uṣṭra gōbhiḥ mahiṣaiḥ naraiḥ api □
mithaḥ samētya aśvataraiḥ sudurmadā
nyahan śarardadbhiḥ iva dvipā vanē □ 15□

pradyumna sāmbau yudhi rūḍhamatsarau
akrūra bhōjau aniruddha sātyakī □
subhadra saṅgrāmajitau sudāruṇau
gadau sumitrā surathau samīyatuḥ □ 16□

anyē cha yē vai niśaṭha ulmuka ādayaḥ
sahasrajit śatajit bhānu mukhyāḥ □
anyōnyam āsādya madāndhakāritā
jaghnuḥ mukundēna vimōhitā bhṛśam □ 17□

dāśārha vṛṣṇi andhaka bhōja sātvatā
madhu arbudā māthuraśūrasēnāḥ □
visarjanāḥ kukurāḥ kuntayaḥ cha
mithaḥ tataḥ tē atha visṛjya sauhṛdam □ 18□

putrāḥ ayudhyan pitṛbhiḥ bhrātṛbhiḥ cha
svastrīya dauhitra pitṛvyamātulaiḥ □
mitrāṇi mitraiḥ suhṛdaḥ suhṛdbhiḥ
jñātīṃstvahan jñātayaḥ ēva mūḍhāḥ □ 19□

śarēṣu kṣīyamāṇēṣu bhajyamānēṣu dhanvasu □
śastrēṣu kṣīyamāṇēṣu muṣṭibhiḥ jahruḥ ērakāḥ □ 20□

tāḥ vajrakalpāḥ hi abhavan parighāḥ muṣṭināḥ bhṛtāḥ □
jaghnuḥ dviṣaḥ taiḥ kṛṣṇēna vāryamāṇāḥ tu taṃ cha tē □ 21□

pratyanīkaṃ manyamānāḥ balabhadraṃ cha mōhitāḥ □
hantuṃ kṛtadhiyaḥ rājan āpannāḥ ātatāyinaḥ □ 22□

atha tau api saṅkruddhau udyamya kurunandana □
ērakā muṣṭi parighau jarantau jaghnatuḥ yudhi □ 23□

brahmaśāpa upasṛṣṭānām kṛṣṇamāyāvṛta ātmanām □
spardhākrōdhaḥ kṣayam ninyē vaiṇavaḥ agniḥ yathā vanam □ 24□

ēvam naṣṭēṣu sarvēṣu kulēṣu svēṣu kēśavaḥ □
avatāritaḥ bhuvaḥ bhāraḥ iti mēnē avaśēṣitaḥ □ 25□

rāmaḥ samudravēlāyāṃ yōgaṃ āsthāya pauraṣam □
tat tyāja lōkaṃ mānuṣyaṃ saṃyōjya ātmānaṃ ātmani □ 26□

rāmaniryāṇaṃ ālōkya bhagavān dēvakīsutaḥ □
niṣasāda dharōpasthē tūṣṇīm āsādya pippalam □ 27□

bibhrat chaturbhujam rūpaṃ bhrājiṣṇu prabhayā svayā □
diśaḥ vitimārāḥ kurvan vidhūmaḥ iva pāvakaḥ □ 28□

śrīvatsāṅkaṃ ghanaśyāmaṃ tapta hāṭaka varchasam □
kauśēya ambara yugmēna parivītaṃ sumaṅgalam □ 29□

sundara smita vaktra abjaṃ nīla kuntala maṅḍitam □
puṅḍarīka abhirāmākṣaṃ sphuran makara kuṅḍalam □ 30□

kaṭisūtra brahmasūtra kirīṭa kaṭaka aṅgadaiḥ □
hāra nūpura mudrābhiḥ kaustubhēna virājitam □ 31□

vanamālā parītāṅgaṃ mūrtimadbhiḥ nija āyudhaiḥ □
kṛtvā urau dakṣiṇē pādaṃ āsīnaṃ paṅkaja aruṇam □ 32□

musalau asēṣāyaḥ khaṇḍakṛtēṣuḥ lubdhakaḥ jarāḥ □
mṛgāsya ākāraṃ tat charaṇaṃ vivyādha mṛgaśaṅkayā □ 33□

chaturbhujam taṃ puruṣam dṛṣṭvā saḥ kṛta kilbiṣaḥ □
bhītaḥ papāta śīrasā pādayōḥ asuradviṣaḥ □ 34□

ajānatā kṛtaṃ idaṃ pāpēna madhusūdana □
kṣantuṃ arhasi pāpasya uttamaślōkaḥ mē anagha □ 35□

yasya anusmaraṇaṃ nṛṇāṃ ajñāna dhvānta nāśanam □
vadanti tasya tē viṣṇō mayā asādhu kṛtaṃ prabhō □ 36□

tat mā āśu jahi vaikuṅṭha pāpmānaṃ mṛga lubdhakam □
yathā punaḥ ahaṃ tu ēvaṃ na kuryāṃ sat atikramam □ 37□

yasya ātma yōga rachitaṃ na viduḥ viriñchaḥ
rudra ādayaḥ asya tanayāḥ patayaḥ girāṃ yē □
tvat māyayā pihita dṛṣṭayaḥ ētat añjaḥ
kiṃ tasya tē vayaṃ asat gatayaḥ grṇīmaḥ □ 38□

śrībhagavān uvācha □
mā bhaiḥ jarē tvaṃ uttiṣṭha kāmaḥ ēṣaḥ kṛtaḥ hi mē □
yāhi tvaṃ mat anujñātaḥ svargaṃ sukṛtināṃ padam □ 39□

iti ādiṣṭaḥ bhagavatā kṛṣṇēna ichChā śārīriṇā □
triḥ parikramya taṃ natvā vimānēna divaṃ yayau □ 40□

dārukaḥ kṛṣṇapadavīm anvichChan adhigamyatām □
vāyuṃ tulasikāmōdaṃ āghrāya abhimukhaṃ yayau □ 41□

taṃ tatra tigmadyubhiḥ āyudhaiḥ vṛtam
hi aśvatthamūlē kṛtakētanam patim □
snēhaplutātmā nipapāta pādayō
rathāt avaplutya sabāṣpalōchanaḥ □ 42□

apaśyataḥ tvat charaṇa ambujaṃ prabhō
dṛṣṭiḥ praṇaṣṭā tamasi praviṣṭā □
diśaḥ na jānē na labhē cha śāntim
yathā niśāyam uḍupē praṇaṣṭē □ 43□

iti bruvatē sūtē vai rathaḥ garuḍalāñChanaḥ □
khaṃ utpapāta rājēndra sāśvadhvajaḥ udīkṣataḥ □ 44□

taṃ anvagachChan divyāni viṣṇupraharaṇāni cha □
tēna ati vismita ātmānaṃ sūtaṃ āha janārdanaḥ □ 45□

gachCha dvāravatīm sūta jñātīnām nidhanaṃ mithaḥ □
saṅkarṣaṇasya niryāṇam bandhubhyaḥ brūhi mat daśām □ 46□

dvārakāyām cha na sthēyam bhavadbhiḥ cha svabandhubhiḥ □
mayā tyaktām yadupurīm samudraḥ plāvayiṣyati □ 47□

svaṃ svaṃ parigrahaṃ sarvē ādāya pitarau cha naḥ □
arjunēna āvitāḥ sarva indraprasthaṃ gamiṣyatha □ 48□

tvaṃ tu mat dharmaṃ āsthāya jñānaniṣṭhaḥ upēkṣakaḥ □
manmāyā rachanām ētām vijñāya upaśamaṃ vraja □ 49□

iti uktaḥ taṃ parikramya namaskṛtya punaḥ punaḥ □
tat pādaḥ śīrṣṇi upādhāya durmanāḥ prayayau purīm □ 50□

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyām
saṃhitāyāmēkādaśaskandhē yadukulasaṅkṣayō nāma
triṃśō'dhyāyaḥ □ 30□

atha ēkatrimśaḥ adhyāyaḥ □
śrīśukaḥ uvācha □
atha tatra āgamat brahmā bhavānyā cha samaṃ bhavaḥ □

mahēndrapramukhāḥ dēvāḥ munayaḥ saprajēsvarāḥ 1

pitarāḥ siddhagandharvāḥ vidyādhara mahōragāḥ
chāraṇāḥ yakṣarakṣāṃsi kinnara apsarasaḥ dvijāḥ 2

draṣṭukāmāḥ bhagavataḥ nirvāṇaṃ parama utsukāḥ
gāyantaḥ cha grṇantaḥ cha śaurēḥ karmāṇi janma cha 3

vavarṣuḥ puṣpavarṣāṇi vimāna āvalibhiḥ nabhaḥ
kurvantaḥ saṅkulaṃ rājan bhaktyā paramayā yutāḥ 4

bhagavān pitāmahaṃ vīkṣya vibhūtiḥ ātmanaḥ vibhuḥ
saṃyōjya ātmani cha ātmānaṃ padmanētrē nyamīlayat 5

lōkābhirāmāṃ svatanuṃ dhāraṇā dhyāna maṅgalam
yōgadhāraṇayā āgnēyyā adagdhvā dhāma āviśat svakam 6

divi dundubhayaḥ nēduḥ pētuh sumanaḥ cha khāt
satyaṃ dharmāḥ dhṛtiḥ bhūmēḥ kīrtiḥ śrīḥ cha anu taṃ vayuh 7

dēva ādayaḥ brahmamukhyāḥ na viśantaṃ svadhāmani
avijñātagatiṃ kṣṇaṃ dadṛṣuh cha ativismitāḥ 8

saudāmanyāḥ yathā ākāśē yāntyāḥ hitvā abhramaṇḍalam
gatiḥ na lakṣyatē martyaiḥ tathā kṣṇasya daivataiḥ 9

brahma rudra ādayaḥ tē tu dṛṣṭvā yōgagatiṃ harēḥ
vismitāḥ tāṃ praśaṃsantaḥ svaṃ svaṃ lōkaṃ yayuh tadā 10

rājan parasya tanubhṛt janānāpyayēhā
māyāvīḍambanaṃ avēhi yathā naṭasya
sṛṣṭvā ātmanā idaṃ anuviśya vihṛtya cha antē
saṃhṛtya cha ātma mahinā uparataḥ saḥ āstē 11

martyēna yaḥ gurusutaṃ yamalōkanītam
tvāṃ cha ānyat śaraṇadaḥ parama astra dagdham
jigyē antaka antakaṃ api īśaṃ asau avanīśaḥ
kiṃ svāvanē svaranayan mṛgayuṃ sadēham 12

tathā api aśēsā sthiti sambhava api
ayēṣu ananya hētuh yat aśēṣa śaktidhṛk
na ichChat praṇētum vapuh atra śēṣitam
martyēna kiṃ svasthagatiṃ pradarśayan 13

yaḥ ētāṃ prātaḥ utthāya kṛṣṇasya padavīm parām □
prayataḥ kīrtayēt bhaktyā tāṃ ēva āpnōti anuttamām □ 14□

dārukaḥ dvārakāṃ ētya vasudēva ugrasēnayōḥ □
patitvā charaṇāvasraiḥ nyaṣiñchat kṛṣṇavichyutaḥ □ 15□

kathayāmāsa nidhanaṃ vṛṣṇīnām kṛtsnaśaḥ nṛpa □
tat śrutvā udvigna hṛdayāḥ janāḥ śōka vimūrchaḥ Chitāḥ □ 16□

tatra sma tvaritā jagmuḥ kṛṣṇa viślēṣa vihvalāḥ □
vyasavāḥ sēratē yatra jñātayaḥ ghnantaḥ ānanam □ 17□

dēvakī rōhiṇī cha ēva vasudēvaḥ tathā sutau □
kṛṣṇa rāma avapaśyantaḥ śōka ārtāḥ vijahuḥ smṛtim □ 18□

prāṇān cha vijahuḥ tatra bhagavat viraha āturāḥ □
upaguhya patīn tāta chitāṃ āruruhuḥ striyaḥ □ 19□

rāmapatnyāḥ cha tat dēhaṃ upaguhya agniṃ āviśan □
vasudēvapatnyāḥ tat gātraṃ pradyumna ādīn harēḥ snuṣāḥ □
kṛṣṇapatnyāḥ āviśan agniṃ rukmiṇi ādyāḥ tadātmikāḥ □ 20□

arjunaḥ prēyasaḥ sakhyuḥ kṛṣṇasya viraha āturaḥ □
ātmānaṃ sāntvayāmāsa kṛṣṇagītaiḥ saduktibhiḥ □ 21□

bandhūnām naṣṭagōtrāṇām arjunaḥ sāmparāyikam □
hatānām kārayāmāsa yathāvat anupūrvaśaḥ □ 22□

dvārakāṃ hariṇā tyaktā samudraḥ aplāvayat kṣaṇāt □
varjayitvā mahārāja śrīmat bhagavat ālayam □ 23□

nityaṃ sannihitaḥ tatra bhagavān madhusūdanaḥ □
smṛtyā aśēṣā aśubhaharam sarva maṅgalaṃ amaṅgalam □ 24□

strī bāla vṛddhān ādāya hataśēṣān dhanañjayaḥ □
indraprasthaṃ samāvēśya vajra tatra abhyaṣēchayat □ 25□

śrutvā suhṛt vadhaṃ rājan arjunāt tē pitāmahāḥ □
tvāṃ tu vaṃśadharam kṛtvā jagmuḥ sarvē mahāpatham □ 26□

yaḥ ētat dēvadēvasya viṣṇōḥ karmāṇi janma cha □
kīrtayēt śraddhayā martyaḥ sarvapāpaiḥ pramuchyatē □ 27□

itthaṃ harēḥ bhagavataḥ ruchira avatāra
vīryāṇi bālacharitāni cha śantamāni □

anyatra cha iha cha śrutāni gṛṇan manuṣyaḥ
bhaktiṃ parāṃ paramahaṃsagatau labhēta ॥ 28॥

iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāmēkādaśaskandhē mausalōpākhyānaṃ nāma
ēkatriṃśō'dhyāyaḥ ॥ 31॥

॥ iti uddhavagītā nāma ēkādaśaskandhaḥ samāptaḥ ॥

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