

Bhagavadgita Parayana - Chapter 4

ōṃ śrī paramātmanē namaḥ
atha chaturthō'dhyāyaḥ
jñānayōgaḥ

śrī bhagavānuvācha

imaṃ vivasvatē yōgaṃ prōktavānahamavyayam □
vivasvānmanavē prāha manurikṣvākavē'bravīt □ 1□

ēvaṃ paramparāprāptam imaṃ rājarṣayō viduḥ □
sa kālēnēha mahatā yōgō naṣṭaḥ parantapa □ 2□

sa ēvāyaṃ mayā tē'dya yōgaḥ prōktaḥ purātanaḥ □
bhaktō'si mē sakhā chēti rahasyaṃ hyētaduttamam □ 3□

arjuna uvācha

aparaṃ bhavatō janma paraṃ janma vivasvataḥ □
kathamētadvijāniyāṃ tvamādaḥ prōktavāniti □ 4□

śrī bhagavānuvācha

bahūni mē vyatītāni janmāni tava chārjuna □
tānyahaṃ vēda sarvāṇi na tvaṃ vēttha parantapa □ 5□

ajō'pi sannavyayātmā bhūtānāmīśvarō'pi san □
prakṛtiṃ svāmadhiṣṭhāya sambhavāmyātmamāyayā □ 6□

yadā yadā hi dharmasya glānirbhavati bhārata □
abhyutthānamadharmasya tadā'tmānaṃ sṛjāmyaham □ 7□

paritrāṇāya sādḥūnāṃ vināśāya cha duṣkṛtām □
dharmasamsthāpanārthāya sambhavāmi yugē yugē □ 8□

janma karma cha mē divyam ēvaṃ yō vētti tattvataḥ □
tyaktvā dēhaṃ punarjanma naiti māmēti sō'rjuna □ 9□

vītarāgabhayakrōdhāḥ manmayā māmupāsritāḥ □
bahavō jñānatapasā pūtā madbhāvamāgatāḥ □ 10□

yē yathā māṃ prapadyantē tāṃstathaiva bhajāmyaham □
mama vartmānuvartantē manuṣyāḥ pārtha sarvaśaḥ □ 11□

kāṅkṣantaḥ karmaṇāṃ siddhiṃ yajanta iha dēvatāḥ □
kṣipraṃ hi mānuṣē lōkē siddhirbhavati karmajā □ 12□

chāturvarṇyaṃ mayā sṛṣṭaṃ guṇakarmavibhāgaśaḥ □
tasya kartāramapi māṃ viddhyakartāramavyayam □ 13□

na māṃ karmāṇi limpanti na mē karmaphalē sprhā □
iti māṃ yō'bhijānāti karmabhirna sa badhyatē □ 14□

ēvaṃ jñātvā kṛtaṃ karma pūrvairapi mumukṣubhiḥ □
kuru karmaiva tasmāttvaṃ pūrvaiḥ pūrvataraṃ kṛtam □ 15□

kiṃ karma kimakarmēti kavayō'pyatra mōhitāḥ □
tattē karma pravakṣyāmi yajjñātvā mōkṣyasē'subhāt □ 16□

karmaṇō hyapi bōddhavyaṃ bōddhavyaṃ cha vikarmaṇaḥ □
akarmaṇaścha bōddhavyaṃ gahanā karmaṇō gatiḥ □ 17□

karmaṇyakarma yaḥ paśyēt akarmaṇi cha karma yaḥ □
sa buddhimānmanuṣyēṣu sa yuktaḥ kṛtsnakarmakṛt □ 18□

yasya sarvē samārambhāḥ kāmasaṅkalpavarjitāḥ □
jñānāgnidagdhakarmāṇaṃ tamāhuḥ paṇḍitaṃ budhāḥ □ 19□

tyaktvā karmaphalāsaṅgaṃ nityatṛptō nirāśrayaḥ □
karmaṇyabhipravṛttō'pi naiva kiñchitkarōti saḥ □ 20□

nirāśīryatachittātmā tyaktasarva parigrahaḥ □
śārīraṃ kēvalaṃ karma kurvannāpnōti kilbiṣam □ 21□

yadṛchChālābhasantuṣṭaḥ dvandvātītō vimatsaraḥ □
samaḥ siddhāvasiddhau cha kṛtvāpi na nibadhyatē □ 22□

gataśaṅgasya muktasya jñānāvasthitachētasāḥ □
yajñāyācharataḥ karma samagraṃ pravilīyatē □ 23□

brahmārpaṇaṃ brahma haviḥ brahmāgnau brahmaṇā hutam □
brahmaiva tēna gantavyaṃ brahmakarmasamādhinā □ 24□

daivamēvāparē yajñaṃ yōginaḥ paryupāsātē □
brahmāgnāvaparē yajñaṃ yajñēnaivōpajuhvati □ 25□

śrōtrādīnīndriyāṅyanyē saṃyamāgniṣu juhvati □
śabdādīnviṣayānanyē indriyāgniṣu juhvati □ 26□

sarvāṅīndriyakarmāṅi prāṅakarmāṅi chāparē □
ātmasaṃyamayōgāgnau juhvati jñānadīpitē □ 27□

dravyayajñāstapōyajñāḥ yōgayajñāstathā'parē □
svādhyāyajñānayajñāścha yatayaḥ saṃśītavratāḥ □ 28□

apānē juhvati prāṅaṃ prāṅē'pānaṃ tathāparē □
prāṅāpānagatī ruddhvā prāṅāyāmaparāyaṅāḥ □ 29□

aparē niyatāhārāḥ prāṅānprāṅēṣu juhvati □
sarvē'pyētē yajñavidāḥ yajñakṣapitakalmaṣāḥ □ 30□

yajñāśiṣṭāmṛtabhujāḥ yānti brahma sanātanam □
nāyaṃ lōkō'styayajñasya kutō'nyaḥ kurusattama □ 31□

ēvaṃ bahuvīdhā yajñāḥ vitatā brahmaṅō mukhē □
karmajānviddhi tānsarvān ēvaṃ jñātvā vimōkṣyasē □ 32□

śrēyāndravyamayādyajñāt jñānayajñāḥ parantapa □
sarvaṃ karmākhilaṃ pārtha jñānē parisamāpyatē □ 33□

tadviddhi praṅipātēna paripraśnēna sēvayā □
upadēkṣyanti tē jñānaṃ jñāninastattvadarśinaḥ □ 34□

yajñātvā na punarmōham ēvaṃ yāsyasi pāṅḍava □
yēna bhūtānyaśēṣēṅa drakṣyasyātmanyathō mayi □ 35□

api chēdasi pāpēbhyaḥ sarvēbhyaḥ pāpakṛttamaḥ □
sarvaṃ jñānaplavēnaiva vṛjinaṃ santariṣyasi □ 36□

yathaidhāṃsi samiddhō'gniḥ bhasmasātkurutē'rjuna □
jñānāgniḥ sarvakarmāṅi bhasmasātkurutē tathā □ 37□

na hi jñānēna sadṛśaṃ pavitramiha vidyatē □
tatsvayaṃ yōgasamśiddhaḥ kālēnātmani vindati □ 38□

śraddhāvān labhatē jñānaṃ tatparaḥ saṃyatēndriyaḥ □
jñānaṃ labdhvā parāṃ śāntim achirēṅādhigachChatī □ 39□

ajñāśchāśraddadhānaścha saṃśayātmā vinaśyati □
nāyaṃ lōkō'sti na paraḥ na sukhaṃ saṃśayātmanaḥ □ 40□

yōgasannyastakarmāṇaṃ jñānasañChinnasaṃśayam □
ātmavantaṃ na karmāṇi nibadhnanti dhanañjaya □ 41□

tasmādajñānasambhūtaṃ hṛtsthaṃ jñānāsinātmanaḥ □
Chittvainaṃ saṃśayaṃ yōgam ātiṣṭhōttiṣṭha bhārata □ 42□

□ ōṃ tatsaditi śrīmadbhagavadgītāsu upaniṣatsu brahmavidyāyāṃ
yōgaśāstrē śrīkṛṣṇārjunasaṃvādē jñānayōgō nāma chaturthō'dhyāyaḥ □

Sri Amritananda Natha Guruvu Garu, Amrita Nilayam, Gowravaram Village & Post, Kavali Mandal, Nellore District, Andhra Pradesh.
Phone Number: +91 9493475515 | www.amritanilayam.org