

Bhagavadgita Parayana - Chapter 5

ōṃ śrī paramātmanē namaḥ
atha pañchamō'dhyāyaḥ
karmasannyāsayaōgaḥ

arjuna uvācha

sannyāsaṃ karmaṇāṃ kṛṣṇa punaryōgaṃ cha śamsasi □
yachChrēya ētayōrēkaṃ tanmē brūhi suniśchitam □ 1□

śrī bhagavānuvācha

sannyāsaḥ karmayōgaścha niśśrēyasakarāvubhau □
tayōstu karmasannyāsāt karmayōgō viśiṣyatē □ 2□

jñēyaḥ sa nityasannyāsī yō na dvēṣṭi na kāṅkṣati □
nirdvandvō hi mahābāhō sukhaṃ bandhātpramuchyatē □ 3□

sāṅkhyayōgau pṛthagbālāḥ pravadanti na paṇḍitāḥ □
ēkamapyāsthitaḥ samyak ubhayōrvindatē phalam □ 4□

yatsāṅkhyaiḥ prāpyatē sthānaṃ tadyōgairapi gamyatē □
ēkaṃ sāṅkhyam cha yōgaṃ cha yaḥ paśyati sa paśyati □ 5□

sannyāsastu mahābāhō duḥkhamāptumayōgataḥ □
yōgayuktō munirbrahma nachirēṇādhigachChati □ 6□

yōgayuktō viśuddhātmā vijitātmā jitēndriyaḥ □
sarvabhūtātmabhūtātmā kurvannapi na lipyatē □ 7□

naiva kiñchitkarōmīti yuktō manyēta tattvavit □
paśyanśṛṅvanspṛśāñjighran aśnangachChansvapanśvasan □ 8□

pralapanvisṛjangṛhṇan unmiṣannimiṣannapi □
indriyāṇindriyārthēṣu vartanta iti dhārayan □ 9□

brahmaṇyādhāya karmāṇi saṅgaṃ tyaktvā karōti yaḥ □
lipyatē na sa pāpēna padmapatramivāmbhasā □ 10□

kāyēna manasā buddhyā kēvalairindriyairapi □
yōginaḥ karma kurvanti saṅgaṃ tyaktvātmaśuddhayē □ 11□

yuktaḥ karmaphalaṃ tyaktvā śāntimāpnōti naiṣṭhikīm □
ayuktaḥ kāmakārēṇa phalē saktō nibadhyatē □ 12□

sarvakarmāṇi manasā sannyasyāstē sukhaṃ vaśī □
navadvārē purē dēhī naiva kurvanna kārayan □ 13□

na kartṛtvaṃ na karmāṇi lōkasya srjati prabhuḥ □
na karmaphalasaṃyōgaṃ svabhāvastu pravartatē □ 14□

nādattē kasyachitpāpaṃ na chaiva sukṛtaṃ vibhuḥ □
ajñānēnāvṛtaṃ jñānaṃ tēna muhyanti jantavaḥ □ 15□

jñānēna tu tadajñānaṃ yēṣāṃ nāśitamātmanaḥ □
tēṣāmādityavajjñānaṃ prakāśayati tatparam □ 16□

tadbuddhayastadātmānaḥ tanniṣṭhāstatparāyaṇāḥ □
gachChantyapunarāvṛttiṃ jñānanirdhūtakalmaṣāḥ □ 17□

vidyāvinayasampannē brāhmaṇē gavi hastini □
śuni chaiva śvapākē cha paṇḍitāḥ samadarśinaḥ □ 18□

ihaiva tairjitaḥ sargaḥ yēṣāṃ sāmyē sthitaṃ manaḥ □
nirdōṣaṃ hi samaṃ brahma tasmāt brahmaṇi tē sthitāḥ □ 19□

na prahṛṣyētpriyaṃ prāpya nōdvijētpṛāpya chāpriyam □
sthirabuddhirasammūḍhaḥ brahmavit brahmaṇi sthitaḥ □ 20□

bāhyasparśēṣvasaktātmā vindatyātmani yatsukham □
sa brahmayōgayuktātmā sukhamakṣayamaśnutē □ 21□

yē hi saṃsparśajā bhōgāḥ duḥkhayōnaya ēva tē □
ādyantavantaḥ kauntēya na tēṣu ramatē budhaḥ □ 22□

śaknōtīhaiva yaḥ sōḍhuṃ prākśarīravimōkṣaṇāt □
kāmakrōdhōdbhavaṃ vēgaṃ sa yuktaḥ sa sukhī naraḥ □ 23□

yō'ntaḥsukhō'ntarārāmaḥ tathāntarjyōtirēva yaḥ □
sa yōgī brahmanirvāṇaṃ brahmabhūtō'dhigachChati □ 24□

labhantē brahmanirvāṇam ṛṣayaḥ kṣīṇakalmaṣāḥ □
Chinnadvaidhā yatātmānaḥ sarvabhūtahitē ratāḥ □ 25□

kāmakrōdhaviyuktānāṃ yatīnāṃ yatachētasām □
abhitō brahmanirvāṇaṃ vartatē veditātmanām □ 26□

sparsānkr̥tvā bahirbāhyān chakṣuśchaivāntarē bhruvōḥ
prāṇāpānau samau kr̥tvā nāsābhyantarachāriṇau ॥ 27॥

yatēndriyamanōbuddhiḥ munirmōkṣaparāyaṇaḥ ॥
vigatēchChābhayakrōdhaḥ yaḥ sadā mukta ēva saḥ ॥ 28॥

bhōktāraṃ yajñatapasāṃ sarvalōkamahēśvaram ॥
suhṛdaṃ sarvabhūtānāṃ jñātvā māṃ śāntimṛchChati ॥ 29॥

॥ ōṃ tatsaditi śrīmadbhagavadgītāsu upaniṣatsu brahmavidyāyāṃ
yōgaśāstrē śrīkṛṣṇārjunasaṃvādē karmasannyāsayōgō nāma pañchamō'dhyāyaḥ ॥

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