

## Ganesha Manasa Puja

gṛtsamada uvācha □  
vighnēśavīryāṇi vichitrakāṇi  
bandījanairmāgadhakaiḥ smṛtāni □  
śrutvā samuttiṣṭha gajānana tvam  
brāhmē jaganmaṅgalakaṃ kuruṣva □ 1 □

ēvaṃ mayā prārthita vighnarāja-  
-śchittēna chōtthāya bahirgaṇēśaḥ □  
taṃ nirgataṃ vīkṣya namanti dēvāḥ  
śambhvādayō yōgimukhāstathāham □ 2 □

śauchādikaṃ tē parikalpayāmi  
hēramba vai dantaviśuddhimēvam □  
vastrēṇa samprōkṣya mukhāravindaṃ  
dēvaṃ sabhāyāṃ vinivēśayāmi □ 3 □

dvijādisarvairabhivanditaṃ cha  
śukādibhirmōdasumōdakādyaiḥ □  
sambhāṣya chālōkya samutthitaṃ taṃ  
sumaṅḍapaṃ kalpya nivēśayāmi □ 4 □

ratnaiḥ sudīptaiḥ pratibimbitaṃ taṃ  
paśyāmi chittēna vināyakaṃ cha □  
tatrāsanam ratnasuvarṇayuktaṃ  
saṅkalpya dēvaṃ vinivēśayāmi □ 5 □

siddhyā cha buddhyā saha vighnarāja  
pādyam kuru prēmabharēṇa sarvaiḥ □  
suvāsitaṃ nīramathō gṛhāṇa  
chittēna dattaṃ cha sukhōṣṇabhāvam □ 6 □

tataḥ suvastrēṇa gaṇēśamāda  
samprōkṣya dūrvādibhirarchayāmi □  
chittēna bhāvapriya dīnabandhō  
manō vilīnaṃ kuru tē padābjē □ 7 □

karpūrakailādisuvāsitaṃ tu  
sukalpitaṃ tōyamathō gṛhāṇa ॥  
āchamya tēnaiva gajānana tvam  
kṛpākaṭākṣēṇa vilōkayāśu ॥ 8 ॥

pravālamuktāphalahāṭakādyaiḥ  
susamskṛtaṃ hyantarabhāvakēna ॥  
anarghyamarghyaṃ saphalaṃ kuruṣva  
mayā pradattaṃ gaṇarāja ḍhuṇḍhē ॥ 9 ॥

saugandhyayuktaṃ madhuparkamādyam  
saṅkalpitaṃ bhāvayutaṃ gṛhāṇa ॥  
punastathāchamya vināyaka tvam  
bhaktāmścha bhaktēśa surakṣayāśu ॥ 10 ॥

suvāsitaṃ champakajātikādyai-  
-stailaṃ mayā kalpitamēva ḍhuṇḍhē ॥  
gṛhāṇa tēna pravimardayāmi  
sarvāṅgamēvaṃ tava sēvanāya ॥ 11 ॥

tataḥ sukhōṣṇēna jalēna chāha-  
-manēkatīrthāhṛtakēna ḍhuṇḍhē ॥  
chittēna śuddhēna cha snāpayāmi  
snānaṃ mayā dattamathō gṛhāṇa ॥ 12 ॥

tataḥ payaḥsnānamachintyabhāva  
gṛhāṇa tōyasya tathā gaṇēśa ॥  
punardadhisnānāmanāmaya tvam  
chittēna dattaṃ cha jalasya chaiva ॥ 13 ॥

tatō ghṛtasnānamapāravandya  
sutīrthajaṃ vighnahara prasīda ॥  
gṛhāṇa chittēna sukalpitaṃ tu  
tatō madhusnānamathō jalasya ॥ 14 ॥

suśarkarāyuktamathō gṛhāṇa  
snānaṃ mayā kalpitamēva ḍhuṇḍhē ॥  
tatō jalasnānamaghāpahanṭṛ  
vighnēśa māyābhramaṃ vārayāśu ॥ 15 ॥

suyakṣapaṅkasthamathō gṛhāṇa  
snānaṃ parēśādhipatē tataścha ॥  
kaumaṇḍalīsambhavajaṃ kuruṣva

viśuddhamēvaṃ parikalpitam tu 16

tatastu sūktairmanasā gaṇēśam  
sampūjya dūrvādibhiralpabhāvaiḥ  
apārakairmaṇḍalabhūtabrahma-  
-ṇaspatyakaistam hyabhiṣēchayāmi 17

tataḥ suvastrēṇa tu prōṅChanaṃ tvam  
grhāṇa chittēna mayā sukalpitam  
tatō viśuddhēna jalēna ḍhuṇḍhē  
hyāchāntamēvaṃ kuru vighnarāja 18

agnau viśuddhē tu grhāṇa vastrē  
hyanarghyamaulyē manasā mayā tē  
dattē parichChādyā nijātmadēham  
tābhyāṃ mayūrēśa janāṃścha pālaya 19

āchamyā vighnēśa punastathaiva  
chittēna dattam mukhamuttarīyam  
grhāṇa bhaktapratipālaka tvam  
namō yathā tārakasaṃyutam tu 20

yajñōpavītam triguṇasvarūpam  
sauvarṇamēvaṃ hyahināthabhūtam  
bhāvēna dattam gaṇanātha tattvam  
grhāṇa bhaktōddhṛtikāraṇāya 21

āchāntamēvaṃ manasā pradattam  
kuruṣva śuddhēna jalēna ḍhuṇḍhē  
punaścha kaumaṇḍalakēna pāhi viśvam  
prabhō khēlakaram sadā tē 22

udyaddinēśābhamathō grhāṇa  
sindūrakam tē manasā pradattam  
sarvāṅgasamlēpanamādarādvai  
kuruṣva hēramba cha tēna pūrṇam 23

sahasraśīrṣam manasā mayā tvam  
dattam kirīṭam tu suvarṇajam vai  
anēkaratnaiḥ khachitam grhāṇa  
brahmēśa tē mastakaśōbhanāya 24

vichitraratnaiḥ kanakēna ḍhuṇḍhē  
yutāni chittēna mayā parēśa □  
dattāni nānāpadakuṇḍalāni  
grhāṇa sūrpaśrutibhūṣaṇāya □ 25 □

śuṇḍāvibhūṣārthamanantakhēlin  
suvarṇajam kañchukamāgrhāṇa □  
ratnaiścha yuktaṃ manasā mayā ya-  
-ddattaṃ prabhō tatsaphalaṃ kuruṣva □ 26 □

suvarṇaratnaiścha yutāni ḍhuṇḍhē  
sadaikadantābharaṇāni kalpya □  
grhāṇa chūḍākṛtayē parēśa  
dattāni dantasya cha śōbhanārtham □ 27 □

ratnaiḥ suvarṇēna kṛtāni tāni  
grhāṇa chatvāri mayā prakalpya □  
sambhūṣaya tvam kaṭakāni nātha  
chaturbhujēṣu hyaja vighnahārin □ 28 □

vichitraratnaiḥ khachitaṃ suvarṇa-  
-sambhūtaṃ grhya mayā pradattam □  
tathāṅgulīṣvaṅgulikaṃ gaṇēśa  
chittēna saṃśōbhaya tatparēśa □ 29 □

vichitraratnaiḥ khachitāni ḍhuṇḍhē  
kēyūrakāṇi hyatha kalpitāni □  
suvarṇajāni pramathādhinātha  
grhāṇa dattāni tu bāhuṣu tvam □ 30 □

pravālamuktāphalaratnajaistvaṃ  
suvarṇasūtraścha grhāṇa kaṇṭhē □  
chittēna dattā vividhāścha mālā  
urōdarē śōbhaya vighnarāja □ 31 □

chandram lalāṭē gaṇanātha pūrṇam  
vṛddhikṣayābhyāṃ tu vihīnamādyam □  
saṃśōbhaya tvam varasaṃyutaṃ tē  
bhaktipriyatvaṃ prakāṭikuruṣva □ 32 □

chintāmaṇiṃ chintitadaṃ parēśa  
hṛddēśagaṃ jyōtirmayaṃ kuruṣva □  
maṇiṃ sadānandasukhapradaṃ cha

vighnēśa dīnārthada pālayasva □ 33 □

nābhau phaṇīśaṃ cha sahasraśīrṣaṃ  
saṃvēṣṭanēnaiva gaṇādhinātha □  
bhaktaṃ subhūṣaṃ kuru bhūṣaṇēna  
varapradānaṃ saphalaṃ parēśa □ 34 □

kaṭītaṭē ratnasuvarṇayuktāṃ  
kāñchīm suchittēna cha dhārayāmi □  
vighnēśa jyōtirgaṇadīpanīm tē  
prasīda bhaktaṃ kuru mām dayābdhē □ 35 □

hēramba tē ratnasuvarṇayuktē  
sunūpurē mañjirakē tathaiva □  
sukiñkiñīnādayutē subuddhyā  
supādayōḥ śōbhaya mē pradattē □ 36 □

ityādi nānāvidhabhūṣaṇāni  
tavēchChayā mānasakalpitāni □  
sambhūṣayāmyēva tvadaṅgakēṣu  
vichitradhātuprabhavāni ḍhuṅḍhē □ 37 □

suchandanaṃ raktamamōghavīryaṃ  
sugarṣitaṃ hyaṣṭakagandhamukhyaiḥ □  
yuktaṃ mayā kalpitamēkadanta  
gṛhāṇa tē tvaṅgavilēpanārtham □ 38 □

liptēṣu vaichitryamathāṣṭagandhai-  
-raṅgēṣu tē'haṃ prakarōmi chitram □  
prasīda chittēna vināyaka tvaṃ  
tataḥ suraktaṃ ravimēva phālē □ 39 □

ghṛtēna vai kuñkumakēna raktān  
sutaṅḍulāmstē parikalpayāmi □  
phālē gaṇādhyakṣa gṛhāṇa pāhi  
bhaktān subhaktipriya dīnabandhō □ 40 □

gṛhāṇa bhō champakamālatīni  
jalapañkajāni sthalapañkajāni □  
chittēna dattāni cha mallikāni  
puṣpāṇi nānāvidhavṛkṣajāni □ 41 □

puṣpōpari tvaṃ manasā gṛhāṇa  
hēramba mandāraśamīdalāni □  
mayā suchittēna prakalpitāni  
hyapārakāṇi praṇavākṛtē tu □ 42 □

dūrvāṅkurānvai manasā pradattāṃ-  
-stripañchapatrairyutakāṃścha snigdhan □  
gṛhāṇa vighnēśvara saṅkhyayā tvaṃ  
hīnāṃścha sarvōpari vakratuṇḍa □ 43 □

daśāṅgabhūtaṃ manasā mayā tē  
dhūpaṃ pradattaṃ gaṇarāja ḍhuṇḍhē □  
gṛhāṇa saurabhyakaraṃ parēśa  
siddhyā cha buddhyā saha bhaktapāla □ 44 □

dīpaṃ suvartyā yutamādarāttē  
dattaṃ mayā mānasakaṃ gaṇēśa □  
gṛhāṇa nānāvidhajaṃ gṛtādi-  
-tailādisambhūtamamōghaḍṛṣṭē □ 45 □

bhōjyaṃ cha lēhyaṃ gaṇarāja pēyaṃ  
chōṣyaṃ cha nānāvidhaṣaḍrasāḍhyam □  
gṛhāṇa naivēdyamathō mayā tē  
sukalpitaṃ puṣṭipatē mahātman □ 46 □

suvāsitaṃ bhōjanamadhyabhāgē  
jalaṃ mayā dattamathō gṛhāṇa □  
kamaṇḍalusthaṃ manasā gaṇēśa  
pibasva viśvādikatṛptikārin □ 47 □

tataḥ karōdvartanakaṃ gṛhāṇa  
saugandhyayuktaṃ mukhamārjanāya □  
suvāsitēnaiva sutīrthajēna  
sukalpitaṃ nātha gṛhāṇa ḍhuṇḍhē □ 48 □

punastathāchamya suvāsitaṃ cha  
dattaṃ mayā tīrthajalaṃ pibasva □  
prakalpya vighnēśa tataḥ paraṃ tē  
samprōṅChanaṃ hastamukhē karōmi □ 49 □

drākṣādirambhāphalachūtakāni  
khārjūrakārkaṇḍhukadāḍimāni □  
susvādayuktāni mayā prakalpya

gṛhāṇa dattāni phalāni dhuṇḍhē □ 50 □

punarjalēnaiva karādikaṃ tē  
saṅkṣālayāmi manasā gaṇēśa □  
suvāsitaṃ tōyamathō pibasva  
mayā pradattaṃ manasā parēśa □ 51 □

aṣṭāṅgayuktaṃ gaṇanātha dattaṃ  
tāmbūlakaṃ tē manasā mayā vai □  
gṛhāṇa vighnēśvara bhāvayuktaṃ  
sadā sakṛttuṇḍavisōdhanārtham □ 52 □

tatō mayā kalpitakē gaṇēśa  
mahāsanē ratnasuvarṇayuktē □  
mandārakārpāsakayuktavastrai-  
-ranarghyasañChāditakē prasīda □ 53 □

tatastvadīyāvaraṇaṃ parēśa  
sampūjayāmi manasā yathāvat □  
nānōpachāraiḥ paramapriyaistu  
tvatprītikāmārthamanāthabandhō □ 54 □

gṛhāṇa lambōdara dakṣiṇāṃ tē  
hyasaṅkhyabhūtāṃ manasā pradattāṃ □  
sauvarṇamudrādikamukhyabhāvāṃ  
pāhi prabhō viśvamidaṃ gaṇēśa □ 55 □

rājōpachārānvividhāṅgṛhāṇa  
hastyaśvaChatrādikamādarādvai □  
chittēna dattān gaṇanātha dhuṇḍhē  
hyapārasaṅkhyān sthirajaṅgamāmstē □ 56 □

dānāya nānāvidharūpakāmstē  
gṛhāṇa dattānmanasā mayā vai □  
padārthabhūtān sthirajaṅgamāmścha  
hēramba māṃ tāraya mōhabhāvāt □ 57 □

mandārapuṣpāṇi śamīdalāni  
dūrvāṅkurāmstē manasā dadāmi □  
hēramba lambōdara dīnapāla  
gṛhāṇa bhaktaṃ kuru māṃ padē tē □ 58 □

tatō haridrāmabiraṃ gulālaṃ  
sindūrakaṃ tē parikalpayāmi □  
suvāsitaṃ vastu suvāsabhūtai-  
-rḡḡhāṇa brahmēśvara śōbhanārtham □ 59 □

tataḥ śukādyāḥ śivaviṣṇumukhyā  
indrādayaḥ śēṣamukhāstathānyē □  
munīndrakāḥ sēvakabhāvayuktāḥ  
sabhāsanasthaṃ praṇamanti ḍhuṇḍhim □ 60 □

vāmāṅgakē śaktiyutā gaṇēśaṃ  
siddhistu nānāvidhasiddhibhistam □  
atyantabhāvēna susēvatē tu  
māyāsvarūpā paramārthabhūtā □ 61 □

gaṇēśvaraṃ dakṣiṇabhāgasamsthā  
buddhiḥ kalābhiścha subōdhikābhiḥ □  
vidyābhirēvaṃ bhajatē parēśa  
māyāsu sāṅkhyapradachittarūpāḥ □ 62 □

pramōdamōdādayaḥ pṛṣṭhabhāgē  
gaṇēśvaraṃ bhāvayutā bhajantē □  
bhaktēśvarā mudgalaśambhumukhyāḥ  
śukādayastaṃ sma purō bhajantē □ 63 □

gandharvamukhyā madhuraṃ jaguścha  
gaṇēśagītaṃ vividhasvarūpam □  
nṛtyaṃ kalāyuktamathō purastā-  
-chchakrustathā hyapsarasō vichitram □ 64 □

ityādinānāvidhabhāvayuktaiḥ  
saṃsēvitaṃ vighnapatiṃ bhajāmi □  
chittēna dhyātvā tu nirañjanaṃ vai  
karōmi nānāvidhadīpayuktam □ 65 □

chaturbhujam pāsadharam gaṇēśam  
tathāṅkuśam dantayutaṃ tamēvam □  
trinētrayuktaṃ tvabhayaṅkaram taṃ  
mahōdaram chaikaradam gajāsyam □ 66 □

sarpōpavītaṃ gajakarṇadhāraṃ  
vibhūtibhiḥ sēvitapādapadmam □  
dhyāyēdgaṇēśam vividhaprakāraiḥ



supūjitaṃ śaktiyutaṃ parēśam ॥ 67 ॥

tatō japaṃ vai manasā karōmi  
svamūlamantrasya vidhānayuktam ॥  
asaṅkhyabhūtaṃ gaṇarāja hastē  
samarpayāmyēva gṛhāṇa ḍhuṇḍhē ॥ 68 ॥

ārārtikāṃ karpūrakādibhūtā-  
-mapāradīpāṃ prakarōmi pūrṇām ॥  
chittēna lambōdara tāṃ gṛhāṇa  
hyajñānadhvāntāghaharāṃ nijānām ॥ 69 ॥

vēdēṣu vighnēśvarakaiḥ sumantraiḥ  
sumantritaṃ puṣpadalaṃ prabhūtam ॥  
gṛhāṇa chittēna mayā pradatta-  
-mapāravṛtṭyā tvatha mantrapuṣpam ॥ 70 ॥

apāravṛtṭyā stutimēkadantaṃ  
gṛhāṇa chittēna kṛtāṃ gaṇēśa ॥  
yuktāṃ śrutismārtabhavaiḥ purāṇaiḥ  
sarvaiḥ parēśādhipatē mayā tē ॥ 71 ॥

pradakṣiṇā mānasakalpitāstā  
gṛhāṇa lambōdara bhāvayuktāḥ ॥  
saṅkhyāvihīnā vividhasvarūpā  
bhaktān sadā rakṣa bhavārṇavādvai ॥ 72 ॥

naṭiṃ tatō vighnapatē gṛhāṇa  
sāṣṭāṅgakādyāṃ vividhasvarūpām ॥  
saṅkhyāvihīnāṃ manasā kṛtāṃ tē  
siddhyā cha buddhyā paripālayāśu ॥ 73 ॥

nyūnātiriktaṃ tu mayā kṛtaṃ chē-  
-ttadarthamantē manasā gṛhāṇa ॥  
dūrvāṅkurānvighnapatē pradattān  
sampūrṇamēvaṃ kuru pūjanaṃ mē ॥ 74 ॥

kṣamasva vighnādhipatē madīyān  
sadāparādhān vividhasvarūpān ॥  
bhaktiṃ madīyāṃ saphalāṃ kuruṣva  
samprārthayāmi manasā gaṇēśa ॥ 75 ॥

tataḥ prasannēna gajānanēna  
dattaṃ prasādaṃ śirasābhivandya □  
svamastakē taṃ paridhārayāmi  
chittēna vighnēśvaramānatō'smi □ 76 □

utthāya vighnēśvara ēva tasmā-  
-dgatastatastvantaradhānaśaktyā □  
śivādayastaṃ praṇipatya sarvē  
gatāḥ suchittēna cha chintayāmi □ 77 □

sarvānnamaskṛtya tatō'hamēva  
bhajāmi chittēna gaṇādhipaṃ tam □  
svasthānamāgatya mahānubhāvai-  
-rbhaktairgaṇēśasya cha khēlayāmi □ 78 □

ēvaṃ trikālēṣu gaṇādhipaṃ taṃ  
chittēna nityaṃ paripūjayāmi □  
tēnaiva tuṣṭaḥ pradadātu bhāvaṃ  
viśvēśvarō bhaktimayaṃ tu mahyam □ 79 □

gaṇēśapādōdakapānakaṃ cha  
hyuchChiṣṭagandhasya sulēpanaṃ tu □  
nirmālyasandhāraṇakaṃ subhōjyaṃ  
lambōdarasyāstu hi bhuktaśēṣam □ 80 □

yaṃ yaṃ karōmyēva tadēva dīkṣā  
gaṇēśvarasyāstu sadā gaṇēśa □  
prasīda nityaṃ tava pādabhaktaṃ  
kuruṣva mām brahmapatē dayālō □ 81 □

tatastu śayyāṃ parikalpayāmi  
mandārakārpāsakavastrayuktām □  
suvāsapuṣpādibhirarchitām  
tē gṛhāṇa nidrāṃ kuru vighnarāja □ 82 □

siddhyā cha buddhyā sahitaṃ gaṇēśa  
sunidritaṃ vīkṣya tathāhamēva □  
gatvā svavāsaṃ cha karōmi nidrāṃ  
dhyātvā hṛdi brahmapatiṃ tadīyaḥ □ 83 □

ētādṛśaṃ saukhyamamōghaśaktē  
dēhi prabhō mānasajaṃ gaṇēśa □  
mahyaṃ cha tēnaiva kṛtārtharūpō

bhavāmi bhaktirasalālasō'ham □ 84 □

gārgya uvācha □

ēvaṃ nityaṃ mahārāja gṛtsamadō mahāyaśāḥ □

chakāra mānasīṃ pūjāṃ yōgīndrāṇāṃ guruḥ svayaṃ □ 85 □

ya ētāṃ mānasīṃ pūjāṃ kariṣyati narōttamaḥ □

paṭhiṣyati sadā sō'pi gāṇapatyō bhaviṣyati □ 86 □

śrāvayiṣyati yō martyaḥ śrōṣyatē bhāvasaṃyutaḥ □

sa kramēṇa mahīpāla brahmabhūtō bhaviṣyati □ 87 □

yaṃ yamichChatī taṃ taṃ vai saphalaṃ tasya jāyatē □

antē svānandagaḥ sō'pi yōgivandyō bhaviṣyati □ 88 □

iti śrīmadāntyē maudgalyē gaṇēśamānasapūjā sampūrṇam □

Sri Amritananda Natha Guruvu Garu, Amrita Nilayam, Gowravaram Village & Post, Kavali Mandal, Nellore District, Andhra Pradesh.  
Phone Number: +91 9493475515 | [www.amritanilayam.org](http://www.amritanilayam.org)