

MUNDAKA UPANISHAD - MUNDAKA 3, SECTION 1

॥ tṛtīya muṇḍakē prathamaḥ khaṇḍaḥ ॥

dvā suparṇā sayujā sakhāyā samānam vṛkṣa-mpariṣasvajātē ॥
tayōranyaḥ pippalaṁ svādvattyanaśnannanyō abhichākaśīti ॥ 1॥

samānē vṛkṣē puruṣō nimagnō-'niśayā śōchati muhyamānaḥ ॥
juṣṭam yadā paśyat�anyamīśamasya
mahimānamiti vītaśōkah ॥ 2॥

yadā paśyah paśyatē rukmavarṇam
kartāramīśa-mpuruṣa-mbrahmayōnim ॥
tadā vidvā-npuṇyapāpē vidhūya
nirañjanah paramam sāmyamupaiti ॥ 3॥

praṇō hyēṣa ya-ssarvabhūtairvibhāti
vijānan vidvā-nbhavatē nātivādī ॥
ātmakrīḍa ātmariṭih kriyāvā-
nēṣa brahmavidām variṣṭhaḥ ॥ 4॥

satyēna labhyastapasā hyēṣa ātmā
samyagjñānēna brahmacharyēṇa nityam ॥
antassārīrē jyōtirmayō hi śubhrō
ya-mpaśyanti yatayah, kṣīṇadōṣāḥ ॥ 5॥

satyamēva jayatē nānṛtaṁ
satyēna panthā vitatō dēvayānaḥ ॥
yēnā-”kramantyṛṣayō hyāptakāmā
yatā ta-thsatyasya parama-nnidhānam ॥ 6॥

bṛhachcha tad divyamachintyarūpam
sūkṣmāchcha ta-thsūkṣmataram vibhāti ॥
dūrā-thsudūrē tadihāntikē cha
paśyantvihaiva nihita-ṅguhāyām ॥ 7॥

na chakṣuṣā grhyatē nāpi vāchā
nānyairdevaistapasā karmaṇa vā ॥

jñānaprasādēna viśuddhasattva-
statastu ta-mpaśyatē niśkalam
dhyāyamānah ॥ 8॥

ēśō-‘ṇurātmā chētasā vēditavyō
yasmi-nprāṇah pañchadhā samvivēśa ॥
prāṇaiśchittam̄ sarvamōta-mprajānām̄
yasmin viśuddhē vibhavatyēśa ātmā ॥ 9॥

yam̄ yam̄ lōka-mmanasā samvibhāti
viśuddhasattvah kāmayatē yāṁścha kāmān ॥
ta-ntam̄ lōka-ñjayatē tāṁścha kāmām̄-
stasmādātmajñam̄ hyarchayēt bhūtikāmah ॥ 10॥

॥ iti muṇḍakōpaniṣadi tṛtīyamuṇḍakē prathamah̄ khaṇḍah ॥

Sri Amritananda Natha Guruvu Garu, Amrita Nilayam, Gowravaram Village & Post, Kavali Mandal, Nellore District, Andhra Pradesh.
Phone Number: +91 9493475515 | www.amritanilayam.org