

# SREE VISHNU SAHASRA NAMA STOTRAM

ōṃ śuklāambaradharaṃ viṣṇuṃ śaśivarṇaṃ chaturbhujam □  
prasannavadanaṃ dhyāyēt sarvavighnōpaśāntayē □ 1 □

yasyadviradavaktrādyāḥ pāriṣadyāḥ paraḥ śatam □  
vighnaṃ nighnanti satataṃ viṣvaksēnaṃ tamāśrayē □ 2 □

## pūrva pīṭhikā

vyāsaṃ vasiṣṭha naptāraṃ śaktēḥ pautramakalmaṣam □  
parāśarātmajaṃ vandē śukatātaṃ tapōnidhim □ 3 □

vyāsāya viṣṇu rūpāya vyāsarūpāya viṣṇavē □  
namō vai brahmanidhayē vāsiṣṭhāya namō namaḥ □ 4 □

avikārāya śuddhāya nityāya paramātmanē □  
sadaika rūpa rūpāya viṣṇavē sarvajīṣṇavē □ 5 □

yasya smaraṇamātrēṇa janmasaṃsārabandhanāt □  
vimuchyatē namastasmai viṣṇavē prabhaviṣṇavē □ 6 □

ōṃ namō viṣṇavē prabhaviṣṇavē □

## śrī vaiśampāyana uvācha

śrutvā dharmā naśēṣēṇa pāvanāni cha sarvaśaḥ □  
yudhiṣṭhiraḥ śāntanavaṃ punarēvābhya bhāṣata □ 7 □

## yudhiṣṭhira uvācha

kimēkaṃ daivataṃ lōkē kiṃ vā'pyēkaṃ parāyaṇaṃ  
stuvantaḥ kaṃ kamarchantaḥ prāpnuyurmānavāḥ śubham □ 8 □

kō dharmāḥ sarvadharmāṇāṃ bhavataḥ paramō mataḥ □  
kiṃ japanmuchyatē janturjanmasaṃsāra bandhanāt □ 9 □

## śrī bhīṣma uvācha

jagatprabhuṃ dēvadēva manantaṃ puruṣōttamam □  
stuvannāma sahasrēṇa puruṣaḥ satatōtthitaḥ □ 10 □

tamēva chārchayannityaṃ bhaktyā puruṣamavyayam □  
dhyāyan stuvannamasyaṃścha yajamānastamēva cha □ 11 □

anādi nidhanam viṣṇum sarvalōka mahēśvaram □  
lōkādhyaṣam stuvannityam sarva duḥkhātigō bhavēt □ 12 □

brahmaṇyam sarva dharmajñam lōkānām kīrti vardhanam □  
lōkanātham mahadbhūtam sarvabhūta bhavōdbhavam □ 13 □

ēṣa mē sarva dharmāṇām dharmō'dhika tamōmataḥ □  
yadbhaktyā puṇḍarīkāṣam stavairarchēnnaraḥ sadā □ 14 □

paramam yō mahattējaḥ paramam yō mahattapaḥ □  
paramam yō mahadbrahma paramam yaḥ parāyaṇam □ 15 □

pavitrāṇām pavitraḥ yō maṅgaḷānām cha maṅgaḷam □  
daivataḥ dēvatānām cha bhūtānām yō'vyayaḥ pitā □ 16 □

yataḥ sarvāṇi bhūtāni bhavantyādi yugāgamē □  
yasmimścha pralayaḥ yānti punarēva yugakṣayē □ 17 □

tasya lōka pradhānasya jagannāthasya bhūpatē □  
viṣṇōrnāma sahasraḥ mē śruṇu pāpa bhayāpaham □ 18 □

yāni nāmāni gauṇāni vikhyātāni mahātmanaḥ □  
ṛṣibhiḥ parigītāni tāni vakṣyāmi bhūtayē □ 19 □

ṛṣirnāmnām sahasrasya vēdavyāsō mahāmuniḥ □  
Chandō'nuṣṭup tathā dēvō bhagavān dēvakīsutaḥ □ 20 □

amṛtām sūdbhavō bījam śaktirdēvakinandanaḥ □  
trisāmā hṛdayam tasya śāntyarthē viniyujyatē □ 21 □

viṣṇum jiṣṇum mahāviṣṇum prabhaviṣṇum mahēśvaram □  
anēkarūpa daityāntam namāmi puruṣōttamam □ 22 □

### **pūrvanyāsaḥ**

asya śrī viṣṇōrdivya sahasranāma stōtra mahāmantrasya □  
śrī vēdavyāsō bhagavān ṛṣiḥ □

anuṣṭup Chandaḥ □

śrīmahāviṣṇuḥ paramātmā śrīmannārāyaṇō dēvatā □

amṛtām sūdbhavō bhānuriti bījam □

dēvakīnandanaḥ sraṣṭēti śaktiḥ □

udbhavaḥ, kṣōbhaṇō dēva iti paramōmantraḥ □

śāṅkhabhṛnnandakī chakrīti kīlakam □

śārṅgadhanvā gadādhara ityastram □

rathāṅgapāṇi rakṣōbhya iti nētram □

trisāmāsāmagah̄ sāmēti kavacham □  
ānandaṃ parabrahmēti yōniḥ □  
ṛtussudarśanaḥ kāla iti digbandhaḥ □  
śrīviśvarūpa iti dhyānam □  
śrī mahāviṣṇu prītyarthē sahasranāma japē pārāyaṇē viniyōgaḥ □

### **karanyāsaḥ**

viśvaṃ viṣṇurvaṣaṭkāra ityaṅguṣṭhābhyāṃ namaḥ  
amṛtāṃ śūdbhavō bhānuriti tarjanībhyāṃ namaḥ  
brahmaṇyō brahmakṛt brahmēti madhyamābhyāṃ namaḥ  
suvarṇabindu rakṣōbhya iti anāmikābhyāṃ namaḥ  
nimiṣō'nimiṣaḥ sragvīti kaniṣṭhikābhyāṃ namaḥ  
rathāṅgapāṇi rakṣōbhya iti karatala karapṛṣṭhābhyāṃ namaḥ

### **aṅganyāsaḥ**

suvrataḥ sumukhaḥ sūkṣma iti jñānāya hṛdayāya namaḥ  
sahasramūrtiḥ viśvātmā iti aiśvaryāya śirasē svāhā  
sahasrārchiḥ saptajihva iti śaktyai śikhāyai vaṣaṭ  
trisāmā sāmagaśāmēti balāya kavachāya huṃ  
rathāṅgapāṇi rakṣōbhya iti nētrābhyāṃ vausaṭ  
śāṅgadhanvā gadādhara iti vīryāya astrāyaphaṭ  
ṛtuḥ sudarśanaḥ kāla iti digbhandhaḥ

### **dhyānam**

kṣīrōdhanvatpradēśē śuchimaṇi-vilasa-tsaikatē-mauktikānāṃ  
mālā-kLiptāsanasthaḥ sphaṭika-maṇinibhai-rmauktikai-rmaṇḍitāṅgaḥ □  
śubhrai-rabhrai-radabhrai-ruparivirachitai-rmukta pīyūṣa varṣaiḥ  
ānandī naḥ punīyā-darinalinagadā śāṅkhapāṇi-rmukundaḥ □ 1 □

bhūḥ pādau yasya nābhirviya-dasura nilaśchandra sūryau cha nētrē  
karṇāvāśāḥ śirōdyaurmukhamapi dahanō yasya vāstēyamabdhiḥ □  
antaḥsthaṃ yasya viśvaṃ sura narakhagagōbhōgi gandharvadaityaiḥ  
chitraṃ raṃ ramyatē taṃ tribhuvana vapuśaṃ viṣṇumīśaṃ namāmi □ 2 □

ōṃ namō bhagavatē vāsudēvāya !

śāntākāraṃ bhujagaśayanaṃ padmanābhaṃ surēśaṃ  
viśvādhāraṃ gaganasadṛśaṃ mēghavarṇaṃ śubhāṅgam □  
lakṣmīkāntaṃ kamalanayanaṃ yōgihṛdhyānagamyam  
vandē viṣṇuṃ bhavabhayaḥaram sarvalōkaikanātham □ 3 □

mēghaśyāmaṃ pītakausēyavāsaṃ  
śrīvatsākaṃ kaustubhōdbhāsitāṅgaṃ □  
puṇyōpētaṃ puṇḍarīkāyatākṣaṃ  
viṣṇuṃ vandē sarvalōkaikanāthaṃ □ 4 □

namaḥ samasta bhūtānāṃ ādi bhūtāya bhūbhṛtē □  
anēkarūpa rūpāya viṣṇavē prabhaviṣṇavē □ 5 □

saśāṅkhachakraṃ sakirīṭakuṇḍalaṃ  
sapītavastraṃ sarasīruhēkṣaṇaṃ □  
sahāra vakṣaḥsthala śōbhi kaustubhaṃ  
namāmi viṣṇuṃ śirasā chaturbhujam □ 6 □

Chāyāyāṃ pārijātasya hēmasiṃhāsanōpari  
āsīnamambudaśyāmamāyatākṣamalaṅkṛtam □ 7 □

chandrānanaṃ chaturbāhuṃ śrīvatsāṅkita vakṣasaṃ  
rukmiṇī satyabhāmābhyāṃ sahitaṃ kṛṣṇamāśrayē □ 8 □

### **pañchapūja**

laṃ – pṛthivyātmanē ganthaṃ samarpayāmi  
haṃ – ākāśātmanē puṣpaiḥ pūjayāmi  
yaṃ – vāyvātmanē dhūpamāghrāpayāmi  
raṃ – agnyātmanē dīpaṃ darśayāmi  
vaṃ – amṛtātmanē naivēdyaṃ nivēdayāmi  
saṃ – sarvātmanē sarvōpachāra pūjā namaskārān samarpayāmi

### **stōtram**

hariḥ ṓm

viśvaṃ viṣṇurvaṣaṭkārō bhūtabhavyabhavatprabhuḥ □  
bhūtakṛdbhūtabhṛdbhāvō bhūtātmā bhūtabhāvanaḥ □ 1 □

pūtātmā paramātmā cha muktānāṃ paramāgatiḥ □  
avyayaḥ puruṣaḥ sākṣī kṣētrajñō'kṣara ēva cha □ 2 □

yōgō yōgavidāṃ nētā pradhāna puruṣēsvaraḥ □  
nārasimhavaṃś śrīmān kēśavaḥ puruṣōttamaḥ □ 3 □

sarvaḥ śarvaḥ śivaḥ sthāṇurbhūtādirnidhiravyayaḥ □  
sambhavō bhāvanō bhartā prabhavaḥ prabhurīśvaraḥ □ 4 □

svayambhūḥ śambhurādityaḥ puṣkarākṣō mahāsvanaḥ □  
anādinidhanō dhātā vidhātā dhāturuttamaḥ □ 5 □

apramēyō hr̥ṣīkēśaḥ padmanābhō'maraprabhuḥ □  
viśvakarmā manustvaṣṭā sthaviṣṭhaḥ sthavirō dhruvaḥ □ 6 □

agrāhyaḥ śāśvatō kṛṣṇō lōhitākṣaḥ pratardanaḥ □  
prabhūtastrikakubdhāma pavitraṃ maṅgaḷaṃ param □ 7 □

īśānaḥ prāṇadaḥ prāṇō jyēṣṭhaḥ śrēṣṭhaḥ prajāpatiḥ □  
hiraṇyagarbhō bhūgarbhō mādhavō madhusūdanaḥ □ 8 □

īśvarō vikramīdhanvī mēdhāvī vikramaḥ kramaḥ □  
anuttamō durādharṣaḥ kṛtajñaḥ kṛtirātmavān □ 9 □

surēśaḥ śaraṇaṃ śarma viśvarētāḥ prajābhavaḥ □  
ahassaṃvatsarō vyāḷaḥ pratyayaḥ sarvadarśanaḥ □ 10 □

ajassarvēśvaraḥ siddhaḥ siddhiḥ sarvādirachyutaḥ □  
vṛṣākapiramēyātmā sarvayōgavinissṛtaḥ □ 11 □

vasurvasumanāḥ satyaḥ samātmā sammitassamaḥ □  
amōghaḥ puṇḍarīkāḥṣō vṛṣakarmā vṛṣākṛtiḥ □ 12 □

rudrō bahuśirā babhrurviśvayōniḥ śuchiśravāḥ □  
amṛtaḥ śāśvatasthāṇurvarārōhō mahātapāḥ □ 13 □

sarvagaḥ sarva vidbhānurviṣvaksēnō janārdanaḥ □  
vēdō vēdavidavyaṅgō vēdāṅgō vēdavitkaviḥ □ 14 □

lōkādhyaḥṣaḥ surādhyakṣō dharmādhyakṣaḥ kṛtākṛtaḥ □  
chaturātmā chaturvyūhaśchaturdaṃṣṭraśchaturbhujāḥ □ 15 □

bhrājiṣṇurbhōjanaṃ bhōktā sahiṣṇurjagadādijaḥ □  
anaghō vijayō jētā viśvayōniḥ punarvasuḥ □ 16 □

upēndrō vāmanaḥ prāṃśuramōghaḥ śuchirūrjitaḥ □  
atīndraḥ saṅgrahaḥ sargō dhṛtātmā niyamō yamaḥ □ 17 □

vēdyō vaidyaḥ sadāyōgī vīrahā mādhavō madhuḥ □  
atīndriyō mahāmāyō mahōtsāhō mahābalaḥ □ 18 □

mahābuddhirmahāvīryō mahāśaktirmahādyutiḥ □  
anirdēśyavapuḥ śrīmānamēyātmā mahādridhṛk □ 19 □

mahēśvāsō mahībhartā śrīnivāsaḥ satāṅgatiḥ □  
aniruddhaḥ surānandō gōvindō gōvidāṃ patiḥ □ 20 □

marīchirdamanō haṃsaḥ suparṇō bhujagōttamaḥ □  
hiraṇyanābhaḥ sutapāḥ padmanābhaḥ prajāpatiḥ □ 21 □

amṛtyuḥ sarvadṛk siṃhaḥ sandhātā sandhimān sthiraḥ □  
ajō durmarṣaṇaḥ śāstā viśrutātmā surārihā □ 22 □

gururgurutamō dhāma satyaḥ satyaparākramaḥ □  
nimiṣō'nimiṣaḥ sragvī vāchaspatirudāradhīḥ □ 23 □

agraṇīgrāmaṇīḥ śrīmān nyāyō nētā samīraṇaḥ  
sahasramūrdhā viśvātmā sahasrākṣaḥ sahasrapāt □ 24 □

āvartanō nivṛttātmā saṃvṛtaḥ sampramardanaḥ □  
ahaḥ saṃvartakō vahniranilō dharaṇīdharaḥ □ 25 □

suprasādaḥ prasannātmā viśvadhṛgviśvabhugvibhuḥ □  
saktartā saktṛtaḥ sādhurjahnurnārāyaṇō naraḥ □ 26 □

asaṅkhyēyō'pramēyātmā viśiṣṭaḥ śiṣṭakṛchChuchiḥ □  
siddhārthaḥ siddhasaṅkalpaḥ siddhidaḥ siddhi sādhanāḥ □ 27 □

vṛṣāhī vṛṣabhō viṣṇurvṛṣaparvā vṛṣōdaraḥ □  
vardhanō vardhamānaścha viviktaḥ śrutisāgaraḥ □ 28 □

subhujō durdharō vāgmī mahēndrō vasudō vasuḥ □  
naikarūpō bṛhadrūpaḥ śipiviṣṭaḥ prakāśanaḥ □ 29 □

ōjastējōdyutidharaḥ prakāśātmā pratāpanaḥ □  
ṛddaḥ spaṣṭākṣarō mantraśchandrāṃśurbhāskaradyutiḥ □ 30 □

amṛtāṃśūdbhavō bhānuḥ śaśabinduḥ surēśvaraḥ □  
auśadhaṃ jagataḥ sētuḥ satyadharmaparākramaḥ □ 31 □

bhūtabhavyabhavannāthaḥ pavanaḥ pāvanō'nalaḥ □  
kāmahā kāmakṛtkāntaḥ kāmaḥ kāmapradaḥ prabhuḥ □ 32 □

yugādi kṛdyugāvartō naikamāyō mahāśanaḥ □  
adṛśyō vyaktarūpaścha sahasrajidanantajit □ 33 □

iṣṭō'viśiṣṭaḥ śiṣṭeṣṭaḥ śikhaṇḍī nahuṣō vṛṣaḥ □  
krōdhahā krōdhakṛtkartā viśvabāhurmahīdharāḥ □ 34 □

achyutaḥ prathitaḥ prāṇaḥ prāṇadō vāsavānujaḥ □  
apānnidhiradhiṣṭhānamapramattaḥ pratiṣṭhitaḥ □ 35 □

skandaḥ skandadharō dhuryō varadō vāyuvāhanaḥ □  
vāsudēvō bṛhadbhānurādīdēvaḥ purandharaḥ □ 36 □

aśōkastāraṇastāraḥ sūraḥ śaurirjanēśvaraḥ □  
anukūlaḥ śatāvartaḥ padmī padmanibhēkṣaṇaḥ □ 37 □

padmanābhō'ravindākṣaḥ padmagarbhaḥ śarīrabhṛt □  
mahardhirṛddhō vṛddhātmā mahākṣō garuḍadhvajahaḥ □ 38 □

atulaḥ śarabhō bhīmaḥ samayajñō havirhariḥ □  
sarvalakṣaṇalakṣaṇyō lakṣmīvān samitiñjayaḥ □ 39 □

vikṣarō rōhitō mārgō hēturdāmōdaraḥ sahaḥ □  
mahīdharō mahābhāgō vēgavānamitāśanaḥ □ 40 □

udbhavaḥ, kṣōbhaṇō dēvaḥ śrīgarbhaḥ paramēśvaraḥ □  
karaṇaṃ kāraṇaṃ kartā vikartā gahanō guhaḥ □ 41 □

vyavasāyō vyavasthānaḥ saṃsthānaḥ sthānadō dhruvaḥ □  
parardhiḥ paramaspaṣṭaḥ tuṣṭaḥ puṣṭaḥ śubhēkṣaṇaḥ □ 42 □

rāmō virāmō virajō mārgōnēyō nayō'nayaḥ □  
vīraḥ śaktimatāṃ śrēṣṭhō dharmōdharma viduttamaḥ □ 43 □

vaikuṇṭhaḥ puruṣaḥ prāṇaḥ prāṇadaḥ praṇavaḥ pṛthuḥ □  
hiraṇyagarbhaḥ śatruḡnō vyāptō vāyuradhōkṣajaḥ □ 44 □

ṛtuḥ sudarśanaḥ kālaḥ paramēṣṭhī parigrahaḥ □  
ugraḥ saṃvatsarō dakṣō viśrāmō viśvadakṣiṇaḥ □ 45 □

vistāraḥ sthāvara sthāṇuḥ pramāṇaṃ bījamavyayam □  
arthō'narthō mahākōśō mahābhōgō mahādhanaḥ □ 46 □

anirviṇṇaḥ sthaviṣṭhō bhūddharmayūpō mahāmakhaḥ □  
nakṣatranēmīrnakṣatrī kṣamaḥ, kṣāmaḥ samīhanaḥ □ 47 □

yajña ijjō mahējyaścha kratuḥ satraṃ satāṅgatiḥ □  
sarvadarśī vimuktātmā sarvajñō jñānamuttamam □ 48 □

suvrataḥ sumukhaḥ sūkṣmaḥ sughōṣaḥ sukhadaḥ suhṛt □  
manōharō jitakrōdhō vīra bāhurvidāraṇaḥ □ 49 □

svāpanaḥ svavaśō vyāpī naikātmā naikakarmakṛtḥ ḥ  
vatsarō vatsalō vatsī ratnagarbhō dhanēśvaraḥ ḥ 50 ḥ

dharmagubdharmakṛddharmī sadasatkṣaramakṣaramḥ  
avijñātā sahastrāmśurvidhātā kṛtalakṣaṇaḥ ḥ 51 ḥ

gabhastinēmiḥ sattvasthaḥ siṃhō bhūta mahēśvaraḥ ḥ  
ādidēvō mahādēvō dēvēśō dēvabhṛdguruḥ ḥ 52 ḥ

uttarō gōpatirgōptā jñānagamyāḥ purātanaḥ ḥ  
śārīra bhūtabhṛd bhōktā kapīndrō bhūridakṣiṇaḥ ḥ 53 ḥ

sōmapō'mṛtapaḥ sōmaḥ purujit purusattamaḥ ḥ  
vinayō jayaḥ satyasandhō dāśārhaḥ sātvatām patihḥ ḥ 54 ḥ

jīvō vinayitā sākṣī mukundō'mita vikramaḥ ḥ  
ambhōnidhiranantātmā mahōdadhi śayōntakaḥ ḥ 55 ḥ

ajō mahārhaḥ svābhāvyō jitāmitraḥ pramōdanaḥ ḥ  
ānandō'nandanōnandaḥ satyadharmā trivikramaḥ ḥ 56 ḥ

maharṣiḥ kapilāchāryaḥ kṛtajñō mēdinīpatiḥ ḥ  
tripadastridaśādhyakṣō mahāśṛṅgaḥ kṛtāntakṛtḥ ḥ 57 ḥ

mahāvarāhō gōvindaḥ suṣēṇaḥ kanakāṅgadī ḥ  
guhyō gabhīrō gahanō guptaśchakra gadādharahḥ ḥ 58 ḥ

vēdhāḥ svāṅgō'jitaḥ kṛṣṇō dṛḍhaḥ saṅkarṣaṇō'chyutaḥ ḥ  
varuṇō vāruṇō vṛkṣaḥ puṣkarākṣō mahāmanāḥ ḥ 59 ḥ

bhagavān bhagahā"nandī vanamālī halāyudhaḥ ḥ  
ādityō jyōtirādityaḥ sahiṣṇurgatisattamaḥ ḥ 60 ḥ

sudhanvā khaṇḍaparaśurdāruṇō draviṇapradaḥ ḥ  
divaḥsprk sarvadṛgvyāsō vāchaspatirayōnijaḥ ḥ 61 ḥ

trisāmā sāmagaḥ sāma nirvāṇam bhēṣajam bhiṣakḥ ḥ  
sanyāsakṛchChamaḥ śāntō niṣṭhā śāntihḥ parāyaṇamḥ ḥ 62 ḥ

śubhāṅgaḥ śāntidaḥ sraṣṭā kumudaḥ kuvalēśayaḥ ḥ  
gōhitō gōpatirgōptā vṛṣabhākṣō vṛṣapriyaḥ ḥ 63 ḥ

anivartī nivṛttātmā saṅkṣēptā kṣēmakṛchChivaḥ ḥ  
śrīvatsavakṣāḥ śrīvāsaḥ śrīpatiḥ śrīmatāmvaraḥ ḥ 64 ḥ



śrīdaḥ śrīśaḥ śrīnivāsaḥ śrīnidhiḥ śrīvibhāvanaḥ □  
śrīdharaḥ śrīkaraḥ śrēyaḥ śrīmā~ṃllōkatrayāśrayaḥ □ 65 □

svakṣaḥ svaṅgaḥ śatānandō nandirjyōtirgaṇēśvaraḥ □  
vijitātmā'vidhēyātmā satkīrtichChinnasaṃśayaḥ □ 66 □

udīrṇaḥ sarvataśchakṣuranīśaḥ śāśvatasthiraḥ □  
bhūśayō bhūṣaṇō bhūtirviśōkaḥ śōkanāśanaḥ □ 67 □

archiṣmānarchitaḥ kumbhō viśuddhātmā viśōdhanāḥ □  
aniruddhō'pratirathaḥ pradyumnō'mitavikramaḥ □ 68 □

kālanēminihā vīraḥ śauriḥ śūrajanēśvaraḥ □  
trilōkātmā trilōkēśaḥ kēśavaḥ kēśihā hariḥ □ 69 □

kāmadēvaḥ kāmapālaḥ kāmī kāntaḥ kṛtāgamaḥ □  
anirdēśyavapurviṣṇurvīrō'nantō dhanañjayaḥ □ 70 □

brahmaṇyō brahmakṛd brahmā brahma brahmavivardhanaḥ □  
brahmaivid brāhmaṇō brahmī brahmajñō brāhmaṇapriyaḥ □ 71 □

mahākramō mahākarmā mahātējā mahōragaḥ □  
mahākaturmahāyajvā mahāyajñō mahāhaviḥ □ 72 □

stavyaḥ stavapriyaḥ stōtraṃ stutiḥ stōtā raṇapriyaḥ □  
pūrṇaḥ pūrayitā puṇyaḥ puṇyakīrtiranāmayāḥ □ 73 □

manōjavastīrthakarō vasurētā vasupradaḥ □  
vasupradō vāsudēvō vasurvasumanā haviḥ □ 74 □

sadgatiḥ satkṛtiḥ sattā sadbhūtiḥ satparāyaṇaḥ □  
śūrasēnō yaduśrēṣṭhaḥ sannivāsaḥ suyāmunaḥ □ 75 □

bhūtāvāsō vāsudēvaḥ sarvāsunilayō'nalaḥ □  
darpahā darpadō dṛptō durdharō'thāparājitaḥ □ 76 □

viśvamūrtirmahāmūrtirdīptamūrtiramūrtimān □  
anēkamūrtiravyaktaḥ śatamūrtiḥ śatānanaḥ □ 77 □

ēkō naikaḥ stavaḥ kaḥ kiṃ yattat padamanuttamam □  
lōkabandhurlōkanāthō mādhavō bhaktavatsalaḥ □ 78 □

suvarṇavarṇō hēmāṅgō varāṅgaśchandanāṅgadī □  
vīrahā viśamaḥ śūnyō ghṛtāśīrachalaśchalaḥ □ 79 □

amānī mānadō mānyō lōkasvāmī trilōkadhṛt □  
sumēdhā mēdhajō dhanyaḥ satyamēdhā dharādharah □ 80 □

tējō'vṛṣō dyutidharah sarvaśastrabhṛtāmvarah □  
pragrahō nigrahō vyagrō naikaśṛngō gadāgrajah □ 81 □

chaturmūrti śchaturbāhu śchaturvyūha śchaturgatiḥ □  
chaturātmā chaturbhāvaśchaturvēdavidēkapāt □ 82 □

samāvartō'nivṛttātmā durjayō duratikramah □  
durlabhō durgamō durgō durāvāsō durārihā □ 83 □

śubhāngō lōkasāraṅgah sutantustantuvardhanah □  
indrakarmā mahākarmā kṛtakarmā kṛtāgamah □ 84 □

udbhavaḥ sundarah sundō ratnanābhaḥ sulōchanah □  
arkō vājasaṅgī śṛṅgī jayantah sarvavijjayī □ 85 □

suvarṇabindurakṣōbhyaḥ sarvavāgīśvarēśvarah □  
mahāhṛdō mahāgartō mahābhūtō mahānidhiḥ □ 86 □

kumudah kundarah kundaḥ parjanyaḥ pāvanō'nilah □  
amṛtāsō'mṛtavapuḥ sarvajñah sarvatōmukhaḥ □ 87 □

sulabhaḥ suvrataḥ siddhaḥ śatrujichChatrutāpanah □  
nyagrōdhō'dumbarō'śvatthaśchāṅūrāndhra niṣūdanah □ 88 □

sahasrārchiḥ saptajihvah saptaidhāḥ saptavāhanah □  
amūrtiranaghō'chintyō bhayakṛdbhayanāśanaḥ □ 89 □

aṅurbṛhatkṛśah sthūlō guṇabhṛnnirguṇō mahān □  
adhṛtah svadhṛtah svāsyah prāgvamśō vaṃśavardhanah □ 90 □

bhārabhṛt kathitō yōgī yōgīśah sarvakāmadaḥ □  
āśramah śramaṅgah, kṣāmah suparṇō vāyuvāhanah □ 91 □

dhanurdharō dhanurvēdō daṇḍō damayitā damah □  
aparājitaḥ sarvasahō niyantā'niyamō'yamah □ 92 □

sattvavān sāttvikaḥ satyah satyadharmaparāyaṅgah □  
abhiprāyah priyārḥō'rhaḥ priyakṛt pṛtivaradhanah □ 93 □

vihāyasagatirjyōtiḥ suruchirhutabhugvibhuḥ □  
ravirvirōchanah sūryah savitā ravilōchanah □ 94 □

anantō hutabhugbhōktā sukhadō naikajō'grajaḥ □  
anirviṇṇaḥ sadāmarṣī lōkadhiṣṭhānamadbhutaḥ □ 95 □

sanātsanātanatamaḥ kapilaḥ kapiравyayaḥ □  
svastidaḥ svastikṛtsvastih svastibhuk svastidakṣiṇaḥ □ 96 □

araudraḥ kuṇḍalī chakrī vikramyūrjitaśāsanah □  
śabdātigaḥ śabdasaḥaḥ śiśiraḥ śarvarīkaraḥ □ 97 □

akrūraḥ pēśalō dakṣō dakṣiṇaḥ, kṣamiṇāṃvaraḥ □  
vidvattamō vītabhayaḥ puṇyaśravaṇakīrtanaḥ □ 98 □

uttāraṇō duṣkṛtiḥ puṇyō duḥsvapnanāśanaḥ □  
vīrahā rakṣaṇaḥ santō jīvanaḥ paryavasthitaḥ □ 99 □

anantarūpō'nanta śrīrjitamanyurbhayāpahaḥ □  
chaturaśrō gabhīrātmā vidiśō vyādiśō diśaḥ □ 100 □

anādirbhūrbhuvō lakṣmīḥ suvīrō ruchirāṅgadaḥ □  
jananō janajanmādirbhīmō bhīmaparākramaḥ □ 101 □

ādḥāranilayō'dhātā puṣpahāsaḥ prajāgaraḥ □  
ūrdhvagaḥ satpathāchāraḥ prāṇadaḥ praṇavaḥ paṇaḥ □ 102 □

pramāṇaṃ prāṇanilayaḥ prāṇabhṛt prāṇajīvanaḥ □  
tattvaṃ tattvavidēkātmā janmamṛtyujarātigaḥ □ 103 □

bhūrbhuvāḥ svastarustāraḥ savitā prapitāmahaḥ □  
yajñō yajñapatiryajvā yajñāṅgō yajñavāhanaḥ □ 104 □

yajñabhṛd yajñakṛd yajñī yajñabhuk yajñasādhanaḥ □  
yajñāntakṛd yajñaguhyamannamannāda ēva cha □ 105 □

ātmayōniḥ svayaṅjātō vaikhānaḥ sāmagāyanaḥ □  
dēvakīnandanaḥ sraṣṭā kṣitīśaḥ pāpanāśanaḥ □ 106 □

śāṅkhabhṛnnandakī chakrī śārṅgadhanvā gadādharah □  
rathāṅgapāṇirakṣōbhyaḥ sarvapraharaṇāyudhaḥ □ 107 □

śrī sarvapraharaṇāyudha oṃ nama iti □

vanamālī gadī śārṅgī śāṅkhī chakrī cha nandakī □  
śrīmānnārāyaṇō viṣṇurvāsudēvō'bhirakṣatu □ 108 □

śrī vāsudēvō'bhirakṣatu oṃ nama iti □

## uttara pīṭhikā

### phalaśrutiḥ

itīdaṃ kīrtanīyasya kēśavasya mahātmanaḥ □  
nāmnāṃ sahasraṃ divyānāmasēṣēṇa prakīrtitam □ □ 1 □

ya idaṃ śṛṇuyānityaṃ yaśchāpi parikīrtayēt □  
nāsubhaṃ prāpnuyāt kiñchitsō'mutrēha cha mānavaḥ □ 2 □

vēdāntagō brāhmaṇaḥ syāt kṣatriyō vijayī bhavēt □  
vaiśyō dhanasamṛddhaḥ syāt sūdraḥ sukhamavāpnuyāt □ 3 □

dharmārthī prāpnuyāddharmamarthārthī chārthamāpnuyāt □  
kāmanāvāpnuyāt kāmī prajārthī prāpnuyātprajām □ □ 4 □

bhaktimān yaḥ sadōtthāya śuchistadgatamānasaḥ □  
sahasraṃ vāsudēvasya nāmnāmētat prakīrtayēt □ 5 □

yaśaḥ prāpnōti vipulaṃ yātiprādhānyamēva cha □  
achalāṃ śriyamāpnōti śrēyaḥ prāpnōtyanuttamam □ □ 6 □

na bhayaṃ kvachidāpnōti vīryaṃ tējaścha vindati □  
bhavatyarōgō dyutimān balarūpa guṇānvitaḥ □ 7 □

rōgārtō muchyatē rōgādbaddhō muchyēta bandhanāt □  
bhayānmuchyēta bhītastu muchyētāpanna āpadaḥ □ 8 □

durgāṇyatitaratyāśu puruṣaḥ puruṣōttamam □  
stuvannāmasahasrēṇa nityaṃ bhaktisamanvitaḥ □ 9 □

vāsudēvāśrayō martyō vāsudēvaparāyaṇaḥ □  
sarvapāpaviśuddhātmā yāti brahma sanātanam □ □ 10 □

na vāsudēva bhaktānāmasubhaṃ vidyatē kvachit □  
janmamṛtyujarāvyādhibhayaṃ naivōpajāyatē □ 11 □

imaṃ stavamadhīyānaḥ śraddhābhaktisamanvitaḥ □  
yujyētātma sukhakṣānti śrīdhṛti smṛti kīrtibhiḥ □ 12 □

na krōdhō na cha mātsaryaṃ na lōbhō nāsubhāmatiḥ □  
bhavanti kṛtapuṇyānāṃ bhaktānāṃ puruṣōttamē □ 13 □

dyauḥ sachandrārkanakṣatrā khaṃ diśō bhūrmahōdadhiḥ □  
vāsudēvasya vīryēṇa vidhṛtāni mahātmanaḥ □ 14 □

sasurāsuragandharvaṃ sayakṣōragarākṣasam □  
jagadvaśē vartatēdaṃ kṣṇasya sa charācharam □ □ 15 □

indriyāṇi manōbuddhiḥ sattvaṃ tējō balaṃ dhṛtiḥ □  
vāsudēvātmakānyāhuḥ, kṣētraṃ kṣētrajña ēva cha □ 16 □

sarvāgamānāmāchāraḥ prathamam parikalpatē □  
āchāraprabhavō dharmō dharmasya prabhurachyutaḥ □ 17 □

ṛṣayaḥ pitarō dēvā mahābhūtāni dhātavaḥ □  
jaṅgamājaṅgamaṃ chēdaṃ jagannārāyaṇōdbhavam □ 18 □

yōgōjñānaṃ tathā sāṅkhyam vidyāḥ śilpādikarma cha □  
vēdāḥ śāstrāṇi vijñānamētatsarvaṃ janārdanāt □ 19 □

ēkō viṣṇurmahadbhūtaṃ pṛthagbhūtānyanēkaśaḥ □  
trīṃlōkānvyāpya bhūtātmā bhukṭē viśvabhugavyayaḥ □ 20 □

imaṃ stavaṃ bhagavatō viṣṇōrvyāsēna kīrtitam □  
paṭhēdya ichchētpuruṣaḥ śrēyaḥ prāptuṃ sukhāni cha □ 21 □

viśvēśvaramajaṃ dēvaṃ jagataḥ prabhumavyayam □  
bhajanti yē puṣkarākṣam na tē yānti parābhavam □ 22 □

na tē yānti parābhavaṃ oṃ nama iti □

### **arjuna uvācha**

padmapatra viśālākṣa padmanābha surōttama □  
bhaktānā manuraktānām trātā bhava janārdana □ 23 □

### **śrībhagavānuvācha**

yō māṃ nāmasahasrēṇa stōtumichChatī pāṇḍava □  
sō'hamēkēna ślōkēna stuta ēva na saṃśayaḥ □ 24 □

stuta ēva na saṃśaya oṃ nama iti □

### **vyāsa uvācha**

vāsanādvāsudēvasya vāsitaṃ bhuvanatrayaṃ □  
sarvabhūtanivāsō'si vāsudēva namō'stu tē □ 25 □

śrīvāsudēva namōstuta oṃ nama iti □

### **pārvatyuvācha**

kēnōpāyēna laghunā viṣṇōrnāmasahasrakam □  
paṭhyatē paṇḍitairnityam śrōtumichChāmyahaṃ prabhō □ 26 □

## **īśvara uvācha**

śrīrāma rāma rāmēti ramē rāmē manōramē □  
sahasranāma tattulyaṃ rāmanāma varānanē □ 27 □

śrīrāma nāma varānana oṃ nama iti □

## **brahmōvācha**

namō'stvanantāya sahasramūrtayē sahasrapādākṣīrōrubāhavē □  
sahasranāmnē puruṣāya śāśvatē sahasrakōṭī yugadhāriṇē namaḥ □ 28 □

śrī sahasrakōṭī yugadhāriṇē nama oṃ nama iti □

## **sañjaya uvācha**

yatra yōgēśvaraḥ kṛṣṇō yatra pārthō dhanurdharaḥ □  
tatra śrīrvijayō bhūtirdhruvā nīrtimatirmama □ 29 □

## **śrī bhagavān uvācha**

ananyāśchintayantō māṃ yē janāḥ paryupāsātē □  
tēṣāṃ nityābhīyuktānāṃ yōgakṣēmaṃ vahāmyaham □ □ 30 □

paritrāṇāya sādḥūnāṃ vināśāya cha duṣkṛtām □ □  
dharmasaṃsthāpanārthāya sambhavāmi yugē yugē □ 31 □

ārtāḥ viṣaṇṇāḥ śīthilāścha bhītāḥ ghōrēṣu cha vyādhiṣu vartamānāḥ □  
saṅkīrtya nārāyaṇaśabdamaṅtraṃ vimuktaduḥkhāḥ sukhinō bhavanti □ 32 □

kāyēna vāchā manasēndriyairvā buddhyātmanā vā prakṛtēḥ svabhāvāt □  
karōmi yadyatsakalaṃ parasmai nārāyaṇāyēti samarpayāmi □ 33 □

yadakṣara padabhraṣṭaṃ mātrāhīnaṃ tu yadbhavēt  
tathsarvaṃ kṣamyatāṃ dēva nārāyaṇa namō'stu tē □  
visarga bindu mātrāṇi padapādākṣarāṇi cha  
nyūnāni chātiriktāni kṣamasva puruṣōttamaḥ □

iti śrī mahābhāratē śatasahasrikāyāṃ saṃhitāyāṃ vaiyāsikyāmanuśāsana  
parvāntargata ānuśāsanaika parvaṇi, mōkṣadharmē bhīṣma yudhiṣṭhira saṃvādē śrī  
viṣṇōrdivya sahasranāma stōtraṃ nāmaikōna pañcha śatādhika śatatamōdhyāyaḥ □  
śrī viṣṇu sahasranāma stōtraṃ samāptam □  
oṃ tatsat sarvaṃ śrī kṛṣṇārpaṇamastu □